EXULTING THE IMPORTANCE OF IDEAS AND INFORMATION -EDWARD R. MURROW

VOLUME 8, NO. 3 • WWW.MYFAIRFIELD.NET • WWW.EMMITSBURG.NET • MYTHURMONT.NET • MARCH 2016

NEWS

Town Readies for Doughboy's Return Emmitsburg's beloved Doughboy

statue is expected to return in early March, newly refurbished and ready for another 100 years! Page 2

Borough opts for Smaller Office space

By selecting a smaller option, Borough will save over \$400,000 in construction costs. **Page 3**

Thurmont Addresses Colorfest Cost

Fees increased and services reduced to stem the flow of red ink. **Page 4**

Obituary for Mike Fitzgerald

Northern Frederick county morns the loss of a great leader and friend. **Page 13**

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Fire Companies honor their own. **Page 26**

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The Republican elite's worst nightmare – Trump, is a result of them not listening to the people. Page 15

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Retired Ecologist

A look at how our perceptions of winter have changed over the years. **Page 18**

The Village Idiot

Stepping out of character is bard for everyone – but it almost

Mount's President Resigns

mmitsburg

Mount St. Mary's University announced the resignation of Simon Newman as president on Monday, February 29. Emails were sent out to the Mount community Monday evening to break the news, after a meeting of the Board of Trustees. Karl Einolf, Ph.D., Dean of the Richard J. Bolte, Sr., School of Business has been named by the Board as the college's acting president.

"The board is grateful to President Newman for his many accomplishments over the past year, including strengthening the University's finances, developing a comprehensive strategic plan for our future, and bringing many new ideas to campus that have benefitted the entire Mount community," said John Coyne, Chairman of the Mount St. Mary's University Board of Trustees. "We thank him for his service."

Newman was brought to the Mount for his financial expertise and background in business. His year in office was full of change and some controversy, starting with a plan to move the university into the future, called Mount 2.0. This plan, which will still be moving forward, despite Newman's resignation, brought updated classrooms, student/faculty forums and increased the size of some sports teams.

"I am proud of what I have been able to achieve in a relatively short time particularly in helping the University chart a clear course toward a bright future," said Simon Newman. "I care deeply about the school and the recent publicity relating to my leadership has become too great of a distraction to our mission of educating students. It was a difficult decision but I believe it is the right course of action for the Mount at this time."

Andrew McCarthy, a senior Theology and Philosophy major stated, "I am very thankful for many of the changes Simon Newman made at the Mount and for his inspiring vision. I believe that these changes will continue to benefit this university for years to come. However, it is important to recognize that the Mount has made its decision and together we will move forward as a family. United, we will make it through this time of trial and continue to be an outstanding university."

Former President Newman recognized the importance of the commu-



Mount St. Mary's University announced the resignation of Simon Newman as president on Monday, February 29. Dr. Karl Einolf., Dean of Mount's School of Business will serve as the university's acting president until a permanent replacement is picked.

nity in the Mount's operation. He saw the Mount as part of Emmitsburg, and vice versa. As the largest single employer in the area, the Mount distributes 20 million dollars annually through its payroll, and most of this stays within a 5 mile radius of the University. Mayor Briggs confirmed Newman's enthusiastic involvement in Emmitsburg and said that he and Newman were "working closely on several mutual opportunities." It is the Mayor's hope that this relationship will continue with the next president of the university.

Before joining the Mount in 1998,

new acting president, Einolf served the Sprint Corporation in various finance, marketing, and human resource positions. Prior to Einolf's appointment to Dean of the Bolte School of Business in 2012, he served on the faculty as a professor of finance. He was a recipient of the University's Richards Award for Teaching Excellence, and he served for six years as the Director of the Mount's Honors Program. He has published papers in numerous business and economics journals, and has presented his work at national and international conferences.

It's maple sugaring time!

Jot off the griddle pancakes smothered in fresh, warm maple syrup partnered with local craft vendors and maple sugaring tours offers a day of fun spent with the family. That's right it's that time of the year again - maple-sugaring madness has arrived! Contrary to popular belief, the first sign of spring is not the appearance of a robin, but is the running of sap through Maple trees, and currently maple sugaring is kicking into high gear. The season kicked off with Mount Hope Maple Madness carried out by Strawberry Hill Nature Preserve and its neighbor Camp Eder in February. The event featured a pancake breakfast at Camp Eder followed by sugaring tours given at Strawberry Hill. This event is a very important part of Strawberry Hill's year at the Preserve. The pancake breakfast helps to raise money for the environmental education programs, and offers an opportunity to open up one of the most popular group programs to individuals and families. Strawberry Hill serves more than 6,000 school children annually, providing important hands-on learning experiences. They work hard to keep field trips fees low enough to be accessible by public schools, and

fundraisers like Mount Hope Maple Madness are a means to that goal.

Each season dozens of spiles, tubes, and buckets are used to collect maple sap. Volunteers help split many cords of wood to keep the all-important fires burning. Countless hours are spent gathering from buckets and tending the evaporating pan as the sap condenses down into sticky, sweet syrup. It takes many gallons of sap to make



always has an upside. Page 21

Pets

Traveling with pets this year? The key to success is in preparation. **Page 23**

World War I

March 1916 – Poncho Villa brings war to America. **Page 30**

Four Years At The Mount

For this month, our writers will discuss someone who they consider to be a role model, leader, or hero. **Page 38**

The Arts

An inside look at this spring's Mount student play - The Secret in the Wings. **Page 43**

Complementary Corner

If you are going to ask 'what if?' questions, why not ask them in a way that could reveal possibilities for a positive outcome? **Page 46** a single gallon of syrup. Maple sugaring is a fantastic educational experience, with significant links to history, chemistry, geography, and – of course – ecology.

Mount Hope Maple Madness began more than a decade ago as a small pancake breakfast to raise money for environmental education. Over the years Strawberry Hill has been able to develop their maple sugaring program and build a strong connection with Camp Eder and as a result, the pancake breakfast has grown into a festival that served more than 300 visitors each day in 2015.

If you were not able to make Mount Hope Maple Madness, don't fret because you can attend the Annual Maple Syrup Festival in Frederick County. This event is held March 12 - 13 and 19 - 20. The festival takes place from 10am to 2pm



If you were not able to make Mount Hope Maple Madness, don't fret! You can always join the Annual Maple Syrup Festival at Cunningham Falls on March 12, 13, 19 & 20.

at the Houck Lake Area of Cunningham Falls State Park. Food will be served including pancakes, sausage, sausage sandwiches and hot dogs and Maple syrup products will be sold including maple syrup, maple cream and maple candy. A maple syrup making demonstration will start every hour and continue throughout the day. Entertainment will be provided as local musicians will be playing from 10am to 2pm. All money collected during the festival weekends goes to the Friends of Cunningham Falls State Park to support the park.

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NEWS

Letter to the Editor

We, the family of Diana Lyn Meyer, would like to express our extreme gratitude to the residents, and businesses of the area for all of the gifts, donations and support we have received over the past few months as a result of the shocking and tragic fire on December 7th in Emmitsburg. We are entirely grateful to God and to you all! There are simply too many people, families and businesses that have come to our aid to mention in this letter.

So many of you have contributed in many big and small ways, whether it was donations of clothing, toys, monetary gifts or your prayers we want you all to know how very grateful we are for of this outpouring of love, generosity, and kindness. In fact, it is still continuing as we write this letter. Multiple times we have been overcome with emotion because it was just so hard to believe this community could be so kind and willing to help us.

Most of you we do not even know. It is with the community support that we are managing to get through this difficult time. We were discussing this outpouring with a prominent person in the community and she told us that the people who have been so generous and kind is why she lives in Emmitsburg and nowhere else. How true!

It would be another tragedy if we didn't acknowledge the Vigilant Hose Company, and the other local hose companies who came to the Vigilant Hose Company's aid that morning, for their brave efforts in doing everything humanly possible to avoid this tragedy. Many of the Vigilant Hose Company risked their lives and personal wellbeing by rushing into an unknown building so filled with smoke it was impossible to see to thwart this tragedy. Our hose companies are the reason there has not been such a terrible event in our community for such a long time. We are confident, proud and grateful that they continue to do such an outstanding job protecting our community.

Finally, may God continue to bless you and our wonderful community! As time goes on we hope to thank each of you personally.

Gratefully,

The Diana Lyn Meyer Family



301-471-3306

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News, events, history; and culture for the Historic Toms Creek Hundred geographical area; Emmitsburg, Zora, Carroll Valley, Fairfield, Greenmont, Harney, Rocky Ridge, Detour, St. Anthony's, Zentz Mill, and Thurmont. The Emmitsburg News Journal is published the first day of every month by Toms Creek Hundred LLC.

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Letters to the Editor, notice of upcoming events, news stories, and interesting and creative articles are welcome and may be submitted via regular U.S. Mail to P.O. box 543, Emmitsburg, MD 21727, or by email to editor@emmitsburg.com.

participating, the flyer, guidelines and application forms are available on the Community Heritage Day website: Emmitsburgevent.com. Art will be displayed and prizes awarded on Saturday,

Photographer: John Zuke

June 25 at the Emmitsburg Community Heritage Day festival. For more information call Jennifer Joy at 301-447-6467 or email eburgheritagedays@ gmail.com.

Heritage Day contest receives grant

The Emmitsburg Community Heritage Day's Heritage Day Art Contest has received a \$1,000 grant from the Heart of the Civil War Heritage Area. "We started this contest last year," says Jennifer Joy, contest coordinator and Heritage Day chair, "and since we found it to be a success locally, we decided to see if we could get support for promoting the contest to other counties. Needless to say we were thrilled to receive the news."

The idea of the art contest is to engage children in their local history in a way that is fun, creative, informative and rewarding. "History makes us who we are," continues Joy, "and although it may not be apparent to children, they are shaped by what has happened in the past -- even if it was a hundred and fifty years ago." This year, participants are encouraged to research the theme "Civil War Retreat through Emmitsburg" and come up with an original drawing or painting to depict their impressions of that theme. "Historically, there was a lot going on when soldiers from both sides fled through Emmitsburg from the Battle of Gettysburg. There are a variety of ways to show the impact and story of the retreat." says Joy.

The contest began last year with only 23 participants and 9 prizes awarded. It is hoped that the promotion of the contest to school age children in Frederic, Carroll and Adams counties will generate more interest this year. "In fact," continues Joy, "we gave out more than \$1,900.00 in cash prizes last year, all raised through the generosity of the many organizations and businesses in the area." This year, donations have already been received from the Tommy West Memorial Fund, Francis X. Elder American Legion Squad, 121; Sons of the American Legion; and the American Legion Auxiliary, 121 and it is hoped that the prize amounts will match that of last year.

The art contest is open to all schoolaged children 1st to 12th grade in public schools, private schools or homeschooling situations. If you are interested in

Town readies for Doughboy's return

Tf all goes well, the next edition of this paper will feature a front-page photo of the "Doughboy" standing proudly on its pedestal at the west end of town.

At the February 1st town meeting, Mayor Don Briggs gave a status update on the statue's repairs and hinted that if all goes according to plan the statue will be back early to mid-March.

In preparation for its return, Town Commissioner Glenn Blanchard invited residents and commissioners to use the return of the "Doughboy" as a way to begin the events honoring the centennial of World War I. Blanchard explained that it would be a great chance for Emmitsburg to explain the role Emmitsburg played in World War I.

Blanchard suggested that the town

create and use explanatory signage, similar to those that the local battlefields use, such as Gettysburg, and add a second plaque next to the doughboy that explains the significance of the "Doughboy" along with reasons why the names of "colored" troops are segregated.

The proposal by town Commissioner Glenn Blanchard to add a second plaque next to the Doughboy acknowledging the special role "colored" troops played in the war met with lukewarm support from fellow council members, and was outright rejected by local veterans groups that attended the meeting.

Fred Wood spoke on behalf of Emmitsburg's Francis X. Elder American Legion Post 121. Wood stated that he did not see the need for a second plaque but believed the "Colored"

soldiers could be honored in another way for their service since they had to endure segregation in their lives.

Gene Lingg, representing the Veterans of Foreign Wars Post 6658, echoed Wood's comment. According to Lingg, members of the Veteran group were uncertain why a second plaque was being discussed. He argued that "Since that was the culture and history of the time, the plaque should stay the way it is."

New county recycling contractor

Frederick County has select- recycling service, over 141,000 tons tions such as Anne Arundel, How-**C** ed Ecology Services, Inc. to assume responsibility for picking up recyclable materials from more than 76,000 Frederick County homes. In the seven years since the County introduced an expanded singlestream

of recyclable material has been collected from County households. Ecology Services, Inc., a Maryland-based corporation, has successfully performed similar collection services in other Maryland jurisdicard and Montgomery Counties. While residents may notice different trucks in their neighborhood, the recycling program and use of the County's blue carts and bins remains unchanged. Residents should

continue to set out acceptable materials every other week on their usual recycling collection day.

For more information or assis-

ers, emergency alerts, program announcements, event notifications and also find a wealth of general program information, including recycling calendars and lists of what is and is not accepted for recycling. The Department of Solid Waste management may also be reached by calling 301-600-2960.

tance with residential recycling, local recyclers are encouraged to visit www.FrederickCountyMD.gov/ recycle. From this site residents can sign up for recycling remind-





NEWS

Carroll Valley considers expanding trails

A t its February meeting, the Carroll Valley Planning and Zoning Committee took up consideration of a plan to build new hiking/ biking trails.

Committee member Lori Davidson discussed the re-visitation of a proposal for this project during the meeting. According to Davidson, in 2004, a plan entitled the Carroll Valley Path System Plan was proposed.

The 2004 Plan was never accepted by the Borough Council in 2004. The Path System Plan does, however, follow the recommendations of the 1997 Parks Recreation and Open Space Plan, 2010 Greenways Plan and the 2015 Southwest Adams County Joint Comprehensive Plan. These three preceding plans were accepted by the Borough Council. In preparation for involvement in the Southwest Adams County Joint Comprehensive Plan, the Carroll Valley Planning Commission updated the Carroll Valley Master Plan. This document included the recommendation to implement the Path System Plan and was accepted by the Carroll Valley Borough Council.

A variety of trail corridors consisting of on-road trails, rail trails and offroad trails are being considered. Offroad trails would be classified as trail connections between parks, such as Strawberry Hill and Michaux State Park. On-road trails are classified as trails along already existing road corridors and along a variety of roadways in Hamiltonban Township.

While a variety of trails already exist in Hamiltonban Township, they are not connected to the major population centers nor do they adjoin Fairfield and Carroll Valley or connect to trails within Fairfield and Carroll Valley. Davidson hopes the new trail system will provide a solution to this problem.

The proposed trail system will connect Carroll Valley, Fairfield and Hamiltonban Township trails with a larger trail network in Gettysburg. This larger trail network itself runs from Gettysburg to Washington D.C. Once built, it will be possible for residents of Carrol Valley and Fairfield to hike from their homes all the way down to Washington.

Within Carroll Valley proper, the proposed plan calls for connecting the trails in and around Ranch Park with the Fairfield schools. In addition, the trail will connect to existing trails around the lakes in Carroll Valley and to the trails around Ski Liberty. It is also proposed that a connection trail will be built to connect Michaux State Park with Strawberry Hill Nature Preserve. Existing onroad trails in Hamiltonban Township, close to Fairfield Borough and Ortanna Village, are intended to be widened to provide for alternative modes of transportation.

Davidson met with a member of PADCNR on February 17th to discuss the possibility of the trail proposal, and hopefully, monetary assistance in the form of a Community Conservation Partnership Program (C2P2) Grant to assist with the project. At that meeting she presented a description of the trails, cost analysis, potential sponsors and stake holders etc..

The current cost estimate for construction and implementation of this Path System was completed by a certified landscape architect in 2004. Since that time there has not been an update to the estimate by a certified engineer. Davidson presented the 2004 estimate along with some conceptual estimates based on current costs during the meeting with PADCNR. Davidson states that it is their hope to utilize the borough engineer to update the current plan once grant funding is authorized. Specific details and description of the trails will be mandated by the requirements of the C2P2 Grant, and the Pennsylvania Recreational Trails Program.

The C2P2 grant will also require involvement or connection to other community trails or conservation programs. Davidson reached out to Strawberry Hill Nature Preserve and South Mountain Conservation Program who both seem interested in collaboration. Specific costs of construction and full description of the trails will not be disclosed at this time due to a majority of the scope and cost currently being arbitrary. The estimated costs and specific details will be released later, once more is known.

Borough opts for smaller office building

At a special meeting of the Carroll Valley Borough Council on February 16 the Borough council voted to submit a request for proposal to construct the new Borough office building.

At the meeting, Bill Trout, an architect from Murray Associates who is designing the building, presented to the Council and community members a comparison of the plans proposed in the fall of 2015 and the new, reduced plans. The original 2015 plan of the Borough Center included 12,686 square feet. Of that square footage, 2,878 square feet was to be used for the borough offices; 3,789 square feet for the community center; 3,347 square feet for the police department; and 2,072 square feet for the Adams County Library System.

According to revised plan approved on the 16th, the Borough office building will only encompass 11,440 square feet. The reduction in size was accomplished by reducing office space set aside for the police department, eliminating one meeting room and one conference room, a smaller library, and overall reduction to room sizes. The reduction in size will save the Borough approximately \$300,000 in construction cost.

Additionally, other cost reduction measures were considered, including different light fixtures and floor mounted toilet fixtures versus the original wall mounted fixtures. With these additional costs cut, the total savings in approved design is estimated at approximately \$400,000.

With these cost reductions taken into consideration, the hopeful acceptance of the \$2 million grant, and the value of the land (\$560,000), the Borough is looking at spending approximately \$1.2 million. This is all dependent on the approval of the grant, and the bids that may come in after the new plan is put out for bid. Councilman Ken Lundberg also mentioned that when the original plan was placed for bid, the building was intended to start construction during the winter months. Construction during the winter months generally increases the cost of bids. Now, with the bid going in toward the end of the winter, meaning construction would start in a later season, some costs could, potentially decrease.

The Council assures the community that they have budgeted for the construction of this new building, and that Carroll Valley citizens would not be seeing a tax increase.

At the meeting, several community members expressed concern that the library will cost too much to relocate from its current location in Fairfield, and there is no necessity for it to now be housed in Carroll Valley. Some also believe that the proposed size of the library was too large, and was not needed. Beth Cool, a spokesperson from Adams County Public Library, mentioned that they have been offered 1,800 square feet at the new Borough Center, and it would not be feasible for them to relocate if they were offered any less. Cool also mentioned that the Library System would initially invest \$65,000 toward the Borough Center project, and would annually budget approximately the same amount.

Other community members spoke in favor of the project, stating that the new center would be good for the community. The Library System could hold additional programs at the new location that they are not able to hold in their current location in downtown Fairfield. The new Borough Center also offers more security that is not currently present, and offers a place for members of the community to come together and enjoy.

Hamiltonban News Briefs . .

Auditor Resigns

Gary Gipe, one of three elected Auditors for Hamiltonban, has officially resigned his position.

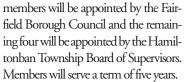
At the February 2nd Hamiltonban Township's Board of Supervisor's Meeting, a motion was made to send a letter to Gipe asking for his resignation. Gipe has been absent from meetings, for reasons unbeknownst to other council members. Meetings only occur once a year, and tors receive a monetary compensation of \$10 an hour for their service.

As an auditor, Gipe's responsibilities entail auditing the Township bank accounts. The Township has a certified public accountant that does the "official" audit, but elected auditors review the financial statements for the bank accounts, which are prepared by the Township secretary, and ask any questions that they have at their annual meeting, Electpervisor's passed a motion to advertise for adoption Ordinance 2016-01 which would create a Joint Parks and Recreation Commission between the Borough of Fairfield and Hamiltonban Township. This joint commission would be entitled the Hamiltonban Township & Fairfield Borough Joint Parks and Recreation Commission.

By advertising the ordinance, the Township is giving the public time to review the ordinance and ask questions before it is adopted. The proposed ordinance also needs to be advertised in a newspaper to additionally ensure that the public has a chance to view it before it is officially adopted, or put into motion/action. The Board of Supervisors believed that adequate public recreation programs and facilities for Hamiltonban Township would be best advanced by

the establishment of a Joint Parks and Recreation Commission with the Borough of Fairfield as both were working toward the same goals and taking action on overlapping projects. Given this, it was recognized by all that it would be beneficial to combine the committees from both municipalities.

The commission will consist of five members appointed by the governing bodies of Hamiltonban Township and the Fairfield Borough. One of these



The Commission will report to both the Hamiltonban Township Board of Supervisors and the Fairfield Borough. The ordinance awaits the signatures of the Hamiltonban Township Board of Supervisors. This ordinance will become effective five days after adoption.



Gipe has not been present for the past three meetings. Supervisors hope to elect another member to this position who may have more time, availability and interest to serve this position.

Supervisor's passed the motion to send Gipe a letter asking him to resign, but supervisor's requested that the letter be revised slightly, to ensure that the letter is as polite and unobtrusive as possible.

Hamiltonban Township voters elect citizens to this auditor position and there are 3 auditors serving Hamiltonban Township. Each term is staggered to ensure all three auditors do not need to be elected at the same time. Gipe was elected as an auditor in 2013, allowing his term to terminate in 2019. The other two auditors are Eugene Starbuck, who is also the chairman, and Sarah Ginn, who acts as the secretary. The term for the auditor position is 6 years, and audied auditors also establish the compensation of any Supervisor who may be employed by the Township.

The Board of Supervisors will appoint someone to fill the remainder of Gipe's term.

Joint Parks and Recreation Commission

At their February 2nd meeting, the Hamiltonban Township's Board of Su-



NEWS

Comprehensive rezoning project ready to begin

Thurmont will begin a Comprehensive Rezoning process this year. The town usually undergoes a Comprehensive Rezoning process after creating a Master Plan. While traditionally towns update their master plans every five to six years, the state of Maryland recently relaxed the formal requirement to once every ten years. However, Mayor Kinnaird and town Chief Administrative Officer, Jim Humerick, agreed that ten years seemed to long when it comes to comprehensive rezoning. As a compromise, the two proposed a mid-cycle comprehensive rezoning program.

The Comprehensive Rezoning process allows property owners to bring their rezoning requests to the Planning and Zoning Commission for review. Up until now, property owners would wait until the master plan came up for review and then were able to present their requests. Since it has been six years since Thurmont updated its master plan, instead of waiting four more years, Kinnaird proposed giving the Planning and Zoning Commission the go ahead to proceed with hearing requests.

At the January 12th town council meeting, commissioners were given information packets issuing two maps of Thurmont. The first was a map of the current zoning in Thurmont. The second was a map for future land use, it showed designated land that could be rezoned in the future. Humerick explained that when a property owner presents a request to the board it will need to fit the future land use map.

Kinnaird told the Town Council that there are two or three property owners that are interested in bringing in requests to Planning and Zoning at this time. Some of the requests that Kinnaird is aware of will be very simple to address, while others will need to be discussed further. These ones will be addressed through public hearings.

The town council approved the proposals unanimously. However, active work on zoning request changes will be on hold until the Planning and Zoning Commission completes its work on a planning ordinance.

Colorfest fees increase

After months of discussion and two workshops, the Thurmont town council voted to increase Colorfest permit fees as well as make cuts in town services supporting the event. The decisions were made in an effort to stem losses to the town form the annual fall event.

The town spent \$61,589 to support the 2015 Colorfest, but the event only returned \$49,153 to the town coffers, in the form of permits and parking fees. This left a deficit of over \$12,000 that

then had to be picked up by the residents of Thurmont. It was the fourth year that the town has lost money from Colorfest.

About 20 residents and Colorfest participants attended the first workshop hosted by the town back in January. The purpose of the workshop was to generate ideas and suggestions on ways that the town could increase revenue and decrease costs.

During the workshop, Mayor Kinnaird proposed that the town consider increase the price of parking, from \$10 to \$15. The town would receive \$4 of the \$15, with the other \$11 going to the non-profit groups who manage the parking lots. Kinnaird also noted that the increase of \$5 to the already \$10 parking fee would not deter event goers. Colorfest representatives opposed the vote to increase the parking fees, arguing that event goers were already unhappy with the \$10 parking fee and worried that the \$5 increase would cause people to turn away from the event. The town council also voted to raise permit fees. Craft permit fees were raised from \$35 to \$50. Information only vendor fees were raised from \$0 to \$50, and non-profit food vendor fees were raised from \$27 to \$30. The council, however, chose to keep the parking and yard sale permit fees as proposed, \$35 and \$15, for 2016.

Thurmont Commissioners Bill Buehrer and Wes Hamrick recommended that the town first investigate ways to cut expenses before making a decision on any fee increases.

After a cost analysis was completed by town staff, the town council also voted to reduce services provided by the town that will save the town \$10,000. The number of portable toilets at the event will be reduced from 175 to 138, which will result in a savings of \$2,725. The number of buses used as transportation during the event will also be reduced from 26 to 16, translating into a \$6,660 cost savings. The council also decided to eliminate one of the three variable message signs used on US 15 to advertise the festival and direct visitors to parking areas, which will result in an additional \$1,000 cost saving.

County funding requested for senior center

At their February 9th town meeting, Thurmont Commissioners outlined the need for additional county funding for the town's Senior Center and asked County Councilman, Kirby Delauter, who attended meeting, to requests additional funding be added to the County's fiscal 2017 budget.

The County is currently working on forming the 2017 budget, and the deadline to present additional budget items for consider-

ation by the council is April 15th. Last year Thurmont donated \$20,000 to offset the cost of running the center. In past years the town donated \$5,000 per year. Kinnaird told Delauter that he is hoping to see the County increase or even match the amount the town has contributed to the center.

Commissioner Buehrer agreed with Kinnaird's request, stating he believes the county should contribute more to the center, and at a minimum, contribute the same amount that the town contributes. "I want equality." Buehrer said.

Commissioner Martin Burns however suggested that the town contribute more funding to the center themselves. By doing so, Burns said the request for funding from the county will hold more credibility.

Delauter warned the mayor and commissioners to be aware that funding from the county for other centers comes from grants and are usually accompanied by strings. Delauter continued his warning telling the mayor and commissioners "you may get money but you have to be careful what pile it comes from."

According to Delauter making a request for funding from the county's general fund is one thing, but requesting funds through grants can come with restrictions and regulations, which could be ones that the Senior Center does not wish to deal with, and could result in the end, in additional costs to the center.

The building that houses the center is owned by the town of Thurmont and leased to the non-profit board that runs the center for \$1 a year. The board, which raises money through donations and fund raising events is responsible for payment of all utilities and daily cost for running the facility that serves seniors from across the northern Frederick County area.

Thurmont appoints new chief financial officer

At the February 9th town meeting, the commissioners and mayor of announced the appointment of Linda Joyce as Thurmont's new Chief Financial Officer (CFO).

Joyce will fill the position that was

of Arleen Donnelly. Tracy Schur, a member of the town's financial department, has acted as the interim CFO while the town searched for someone to fill the position permanently. Joyce presented the Board of Commissioners with her financial background, which includes 20 years of accounting experience, 15 of which were in the Municipal Government Finance area. Joyce previously served the treasurer for Taneytown.

The motion to appoint Joyce as the Chief Financial Officer was passed by the Board of Commissioners unanimously. At the time of her retirement Donnelly's salaary will be \$59,000.

As CFO, Joyce will be responsible for the town's financial management functions including budgeting, accounting, financial reporting, debt management, payroll, and property,

vacated last year by the retirement At the February town meeting, as the treasurer for Sykesville and as ry was \$73,229. Joyce's entry sal- casualty, and liability insurance.

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HISTORY

100 years ago this month

March 3

New Garage Company for Emmitsburg

Articles of incorporation are now being prepared for a new garage company with a capital of \$15,000. Options have been taken on several pieces of property and it is expected that very shortly building operations will begin. Under the articles of incorporation, this company is empowered to buy, sell and deal generally in motor vehicles of all classes including accessories. Quite a number of local men have already taken stock in the new enterprise and the subscription list is still open. Par value of shares is \$10.

Auto Collides With Buggy

The Standard Oil truck collided with a buggy driven by Robert Witherow of Cumberland Township, along the Emmitsburg Road, near Gettysburg, on Monday morning, but the results were not serious. The buggy of Mr. Witherow was broken slightly and the mule was cut about one of its legs.

Civic League Plans Improvements

The Civic league has announced it will offer prizes -the first \$2.50, the second \$1.50 in the third one-dollar for the best rear premises from April 1 to October 1, the object being to encourage property owners to keep their lots in a sanitary and presentable condition. It was explained that this did not necessarily mean that flowers were to be grown, but that fences were to be whitewashed, paths cleaned and well defined and garden beds be kept in a trim and attractive manner.

The League will secure a number of ornamental trees and will distribute them to any who agreed to plant them. A number of strong and thoroughly practical flytraps were also contracted for. The league committed itself to the payment of five cents a quart for dead flies.

As a means of obtaining money for the activities of the League, it was decided to hold a spelling bee on Friday evening March 1. Spelling bees, which were quite popular last season, have lost none of their attractions and they are the means of contribut-

Lack of Ice

Ice cutters in the rural districts, especially the creamery men, greatly fear that they will not get their houses filled this winter. The supply this year, they say, was the poorest for a number of years, both as to quality and quantity of ice, as the average thickness was only five or six inches as compared with 10 to 12 inch ice of previous years.

March 17

Sales Season Begins

The reports of sales has been very encouraging. Bidding has been spirited and settlements have generally been made in cash. William Smith, known all over the section as one of the best auctioneers is enthusiastic over the good show made. He recalls scarcely a sale season where the farmers seem to have more ready cash then they had this year. As he puts it, "all the farmers appear to have plenty of money." B. B. Wortz's sale in Liberty Township, last Friday, was attended by 500 people. The best horse brought \$151; the best cow \$70, the best goat \$12.50; the best sow \$42; hay \$22.75/ton; potatoes \$1.25/bushel; and corn \$.84/bushel.

May Have Smothered in Well

Last Friday evening, while playing hide and seek with a number of his companions, Harry Boyle narrowly escape from death. In the course of the game the little fellow, who is 13 years old, fell into a 30-foot cesspool and sank up to his neck. He called loudly for help, and in his struggles caught a protruding stone in the unused well, holding on by one hand. When nearly exhausted, Frank Elder, hearing his cries, came to his assistance and with the aid of others, succeed in rescuing him from his perilous position. Had not help arrived, the brave lad, who was handicapped by an overcoat and heavy clothing would have suffocated. Outside a number of bruises on his body and legs and his severe nervous shock there was no serious effects from this mishap.

and they are the means of contribut- Unmarried Men To Be Taxed



The People's Garage on Frederick Street. Prior to its name change in the 1960s, South Seton Avenue was known as Frederick Street and North Seton Avenue was known as Gettysburg Street.

boro, who will install the machinery at once. The plant will have a daily capacity of five tons of ice and the output will be the clear evenly blocked "manufactured ice" so much in demand by the users of this indispensable commodity in the cities. Business is expected to commence by May 1.

New 5 & 10-Cent Store

The Emeralds are remodeling the lower floor of their hall on Frederick Street, recently occupied by a moving picture company, for a Hanover company, which is understood will open a 5 & 10-cent store this spring,

Construction Begins on People's Garage

Work has started on the erection of a handsome new brick and steel building which will be home of the People's Garage, a company recently organized. The garage which will be a modern one will be built at a cost of about \$5,000. The plans call for a building 50' x 100' in dimensions built of brick, with steel trusses, metal sashes, and wired glass. The entrance will be in the center of the building and on the left will be the display rooms. The public office, private office and ladies room will be on the right. Large plate glass windows will be used along the street, with brick arches spanning them from peer to peer. The machine shop will be in the rear and the driveway on the south side. The location of the new garage is

on the Dukehart property on Frederick Street, and was recently purchased by the company for \$1,500.

Carroll County Buys Gallows

The Carroll County commissioners bought the Adams County gallows for \$25 to be used in the hanging of Solomon Sudler who will be executed on April 14 for the murder of William Brown, of Silver Run. The gallows was built in 1884 and has been used in two executions.

March 31

Runaways on Main Street

A wagon pulled by a team of four horses, being driven to Emmitsburg from Graceham on Saturday morning, became frightened near the station from the sound of steam from the engine of the Emmitsburg railroad. The small boy driving the wagon could not control the horses who turned suddenly and began running. The tongue, axel and other parts of the heavily loaded wagon were demolished. Although several persons were on the vehicle none were hurt, nor were any of the animals injured.

Storm Damage

Snapping off telephone poles, uprooting trees and causing considerable minor damage, a wind, rain, hail and electrical storm swept over Frederick County Monday afternoon. The electrical storm, according to old-timers, was one of the most severe to visit the area at this time of the season for many years. The Monocacy rose about 10 or 12 feet. Water covered the roads and traffic was at a standstill for some time.

Boozer's Protest Bachelor Tax

The Former Former Boozers gathered in the Square Saturday night to protest the call for a bachelor tax. The plan to burn William McAllister, who proposed the tax, in effigy, was called off when it was found Bill Shields had drunk the 'spirits' that were to be poured over the effigy so it would burn. In his speech to fellow Boozers, President Dan Shorb said everyone knew marriage was an institution created by women soon after man discovered how to make booze - and that marriage clearly was focused on preventing man from enjoying booze as it should be enjoyed - liberally" Mark my words," warned Shorb, "if they are successful in taxing men smart enough to escaping the bondage of marriage, you can be sure they are going to try to tax your booze next." Following the speech, the Boozers retreated into the Hotel Sagle Bar where the conversation generally focused on the good old days before members had been forced into marriage.

To read past editions of 100 Year Ago this Month visit the History section of Emmitsburg.net.

ing much pleasure to the viewers. As their admission is merely nominal, \$.10, it is hoped that a greater number than ever will take part.

March 10

Boarding House Burned

Fire early Tuesday morning destroyed a large 12-room boardinghouse at Blue Ridge Summit. The property was valued at \$9,000. The fire was the work of an incendiary, it is supposed, as the building was not occupied at the time. It was one of the oldest buildings in the Blue Ridge section having been erected by the Western Maryland Railroad when the line was built over the mountain in 1867. It had just recently been remodeled in preparation for the summer. Unmarried men should pay a fixed sum of money, in the form of an annual tax, towards the support of public schools, according to William McAllister, one of the progressives of Baltimore County, who went to the state House at Annapolis, least week to introduced an anti-bachelor bill. The measure provides that all unmarried males over 21-years of age shall pay an annual tax of two dollars to be used for public school purposes.

March 24

Ice Plant

Emmitsburg will soon have an ice plant. The wide-awake and progressive firm of Rosensteel and Hopp are responsible for the new business. They have closed a deal with Frick Company of Waynes-



FROM THE DESK OF . . .

County Councilman Kirby Delauter

School construction seems to be the hot button issue in Frederick County. As I've noted before, we've been dealing with school funding issues for well over twenty years. The sad thing is, we've done the same thing over and over again that doesn't work and we somehow try to convince ourselves, we're not insane for expecting a different outcome? You can reference as I did, a Frederick News Post article from August 2000 that stated impact fees were increased back then by 300%. This according to the County Manager at the time, also with then BoCC member Jan Gardner stated that building 1200 homes per year with these newly increase impact fees of 300%, would adequately service our bond debt. Bond debt is how we fund our schools. They were as wrong then as they are today.

Fast forward 16 years, in a recent email exchange with now County Executive Jan Gardner, she still wants to use the same methodology of blaming developers for all the school funding woes. Her email stated; "It seems that there is more concern about over burdening developers than concern about our students going to school in seriously overcrowded schools". This was in response to Council Member Jerry Donald's email that stated: "I hope that the 8th wealthiest county in one of the wealthiest states in the wealthiest country in the world doesn't decide to have students eat lunch in the hallway because we don't want to over burden developers.

That would be pathetic.

I hope the Council sees this in the same way I do. Well Council Member Donald and County Executive Gardner, I don't see it the same way you do, and to act as though students eating lunch in a hallway is somehow going to become reality based on developer greed is just simply absurd. I see developers as having been part of the solution, and blaming them does nothing to fix the problem.

Let me state the solutions that are coming forth, neither of which Council Member Donald or County Executive Gardner initiated. But first let me say, the reason these alternative proposals came about was because CE Gardner and Council President Otis were adamant about once again going down the road to insanity by requesting that impact fees be raised yet again on new housing. The same tired model that's been used for over 20 years, and failed. It's simple economics to see that when you tax something more, you get less of it, in this case, you will yield less revenue for schools by taxing homes more. The developers on the other hand along with the Frederick County Building Industry Association came up with a plan to take on the bond debt for one school so the school could be built sooner. We need two elementary schools now, and several more in the out years of 2017 and beyond.

Council Member Chmelik and I met with the Superintendent of Schools Dr. Terry Alban and we mentioned putting a task force together to have the school system lease schools from private entities, a true public, private partnership. One thing I said to Dr. Alban that I think resonated with her was that during the recent snow storm I asked her how she spent her time? She said she was busy coordinating efforts to see when schools could be open. I replied that if she leased the schools from a private entity, she could make a simple phone call and state what day she wanted the schools open, and if they were not open, the entity would pay a penalty, pre-determined within their contract. This way she can concentrate on what she does best, educating students and not worrying about snow removal. I mentioned also that it's her

job to produce students that enter college, vocational school, the military or the workforce that are educated and prepared for this highly competitive world we live in. We all agree on that.

I have a plan to fund the third elementary school with private funds. I have a developer that will procure the site work and the building along with a funding source that will fund 100% of the construction and lease the finished product back to the county over a 30year lease. Council Member Chmelik and I will be putting together a task force to work with the state, county and the BOE, to make this a reality. More details to come as we move closer to procuring this over the next 6 -12 months.

In my mind we can think outside the box with ideas like this. Our kids can't wait any longer for solutions and I have no plan to pass this burden on to future elected officials. We're going to solve the problem with a longterm solution, once and for all.

A conflict of ethics

Justin Kiska

Another debate is heating things up at Winchester Hall during these cold winter days. While the issue is important, it, like so many others recently, has become embroiled in political infighting. The fight seems to now be more about the personalities involved in the debate, rather than the issue itself.

It is the dreaded "E" word. Ethics.

A bill is currently circulating through the halls of Winchester Hall that would make changes to the county's ethics ordinance. Some of the provisions are no-brainers. The county's chief administrative officer, county attorney, division directors, and members of certain boards like the Planning Commission would have to file annual financial disclosure statements just like the county's elected officials. Makes sense.

There is a provision prohibiting retaliation against someone who files a complaint. Makes sense. Though I'm not sure why there needs to be a written provision saying that, but when it comes to rules and laws, putting it all in writing is best.

The ethics commission would also be increased from five members to seven and have a two term limit. Additional members means addition opinions and discussion. There's nothing wrong with that.

The provision of the bill that has become the lightning rod and

attracted all of the attention is the one which would make it a conflict of interest for an elected official or member of their family to do business with the county.

The reason this issues, as I said, has become a "lightning rod" is because it is not just some black ink on a page talking about a rule in general. There is a specific name and face associated with it, that of Councilman Kirby Delauter. The issue has been made human.

Councilman Delauter has argued that this provision directly targets him and his company, which has been doing business with Frederick County for years. In May of 2014, the Frederick County Ethics Commission stated that it saw no conflict of interest or unethical behavior in an elected official or their business bidding on a county contract. It was a pretty clear opinion from the ethics commission. However, County Executive Jan Gardner then, within days of the opinion, issued an executive order saying the county could not accept bids for projects from elected officials.

On the surface, prohibiting elected officials from making money by doing business with the county does not seem like a bad idea. HOWEVER, this is a slippery slope. There are numerous companies that do business with the county. This now means that if one of those business owners would want to run for office they have to make a decision. Does protecting their livelihood outweigh their desire to serve their community? Could we be losing a potential pool of future county leaders?

Doesn't this also assume that those in government, whether elected or at the staff level, are naturally corrupt and will automatically allow a bid to be awarded to a company owned by a member of the Council? Shouldn't we be giving the decision makers a little more credit than that?

Let's say we all agree that this provision is the right way to go. Shouldn't it take affect after the current Council's term is up and apply to future elected officials? That is the tradition when it comes to matters like this.

This provision could do more damage than good. If we want to make sure there is never any conflict of interest for a member of the County Council, then the job should be made full-time with full-time pay like that of the County Executive. That would certainly be one answer to the problem, a "nuclear option," if you will.

If the argument truly is a concern about an official's potential conflict of interest over a decision they have to make, would it then also stand that a teacher should not be allowed to serve on the Council? I'm not singling out Council members Fitzwater or Donald, I like both of them very much. But if you take the persons out of the argument and just look at the facts, isn't this pretty much the same thing?

Even more disturbing though, the county executive's unilateral action to contradict and throw out a decision by the ethics commission. Executive Gardner is the first and is setting precedent for county executives to come. But is this the kind of precedent we want to set? Giving the executive the unfettered ability to overturn the decision of any board or commission? Most people think ethics is a pretty cut and dry, black and white issue. In many cases it is. When it comes to ethics and government though, it's like trekking through quick sand. What seems like a logical decision or action can easily backfire, causing more trouble than in the first place.





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GOVERNMENT—SOUTH OF THE MASON-DIXON LINE

County Executive Jan Gardner

any things attract people to Frederick County, among them our history, cultural amenities, and scenic views. We are known for beautiful farmland vistas awash in sunshine.

These same wide swaths of agricultural land have attracted the attention of companies that want to construct large solar arrays. Acres of solar panels would be able to generate electricity that could be connected to utilities' power grid. Companies have filed applications to install large arrays in Creagerstown, Keymar and Walkersville, among other places in the county for a total of over 500 acres.

Solar is a plentiful, clean source of energy. It will help us to power our bright future. It reduces air and water pollution. It gives our local power grid greater resiliency and security. And it provides business opportunities through land leases, installation, and investment.

Already Mount St. Mary's University hosts a large solar array. The Town of Emmitsburg uses solar to power its town facilities and the fire hall. The Town of Walkersville also has invested in solar technology. Glamourview Farm along Route 194 installed panels on a barn roof to help power its dairy operation. Solar panels glimmer from rooftops of individual houses across the county, too.

Last month, I invited a group of stakeholders to participate in a roundtable discussion about the issues surrounding solar utility projects. They represented a broad array of interests, including the Farm Bureau, tourism, historic preservation, soil conservation, real estate, the Board of Zoning Appeals, and the solar power industry. We also heard from the public. We discussed whether to allow large utility projects on agricultural land, or limit their placement to industrial or commercial properties. If we allow solar arrays to be built on agricultural land, do we allow them in Priority Preservation Areas or on farms with prime soil? Could we allow them on a portion of a farm, for instance taking up no more than 10 percent of the acreage? We also need to consider how to handle properties designated as historic or sensitive areas.

A recurring issue was the impact of solar arrays on the landscape. Stakeholders discussed the viewshed - what people see when they look across the land. Neighbors are understandably concerned with what they will see from their homes and how their property value will be affected. With tourism bringing \$1 million a day into the county, we also need to think about what visitors will see as they drive through our rural areas and visit our well-known tourist attractions.

Once an array is no longer being used, we need to require equipment to be removed, as we do with cell towers.

Frederick County needs to develop a strategy for solar. We want to foster solar technology. We need to balance the legitimate competing needs and interests in our community. In other words, we need to do it right. County staff will develop recommendations based on the roundtable discussion and research on other jurisdictions' experiences. The next step will be to introduce legislation to the County Council for their consideration and public process. The process is filled with opportunities for you to be heard. In fact, because these projects are utilities, the Maryland Public Service Commission also plays a role. That agency will hold a public hearing on the array proposed for the intersection of Creagerstown and Old Frederick Roads. The hearing will be held at 7 p.m. on Thursday, March 10, at Winchester Hall in Frederick.

Make your voice heard as we decide how we want Frederick County's landscape to look in the years ahead!

Emmitsburg improvements get under way in earnest in 2016

2016 and 2017 are looking like very promising years for the town of Emmitsburg, with lots of improvements on the way. Briggs also revealed that Stavros Pizza will be reopening under new owners in March.

Brigs also reveled that Stavros pizza will be reopening under new owners in March. Main Street will also soon be home to a new Italian carryout restaurant in late spring. With the arrival of that restaurant, Briggs says that all commercial space on Main street will be at 100% capacity.

As the town welcomes more businesses onto Main Street the town's revitalization efforts are progressing nicely. The sidewalk replacements on South Seton Ave. will begin this

spring, followed by the installation of a sidewalk on the south side of East Lincoln Avenue, from Chesapeake St. to Creamery Rd.

The state will also begin work this year on replacing Flat Run bridge on East Main St. near the Jubilee. This is project, according to Briggs, will bring with it new sidewalks on both sides of the Street and connect Emmit Gardens to downtown Emmitsburg

The town will be seeking bids for the replacement of all the sidewalks and trees on West and East Main St. from Timber Mill Run to East North Ave. This will be SHA funded project that is estimated to cost \$2,600,000. Work on this project is scheduled to begin in the spring of 2017.





FROM THE DESK OF...

Carroll Valley Mayor Ron Harris

Tt is March and with any luck Lwe are over the snow and ice. We made it through the Blizzard of 2016 with an average snowfall in Carroll Valley of 27 inches. On September 14, 1814, Francis Scott Key wrote the Star-Spangled Banner after watching the bombardment of Fort McHenry in Maryland. In 1916, President Woodrow Wilson signed an executive order to recognize the Star-Spangled Banner as our national anthem. In March 1931, Congress passes an act that confirms Wilson's presidential order, and on March 3rd President Hoover signed it into law. So, every March 3rd we recognize the Star-Spangled Banner as our national anthem.

Are you familiar with the guidelines for displaying the Stars and Strips? The flag should only be publicly displayed from sunrise to sunset. However, the flag may be displayed in the evening if it is illuminated. When the "Pledge of Allegiance" is recited; National Anthem played; the flag passes in a parade, military in uniform render a military salute. Civilians should remove any headdress and hold it with their right hand at their left shoulder, the hand resting over the heart. In 2008, a law was passed which allowed veterans and active duty military not in uniform to render the military-style hand salute to show respect.

The Fairfield Fire & EMS Annual Awards Banquet is being held on March 12th. RSVP is requested. Contact Dave Martin at manager@fairfieldfire-ems.org or call 717-642-8842 by February 27th.

Daylight Savings Time begins Sunday March 13th at 2 a.m. Remember to set your clocks forward one hour, "Spring forward - Fall Back!" The Ides of March is March 15th. It is the day back in 44 B.C. that Julius Caesar was stabbed by Marcus Brutus and other members of the Roman Senate. Watch yourself on the 15th. The 2016 Men's NCAA March Madness Tournament Play-in games will begin on Tuesday, March 15th. The championship game will be held on Monday, April 4th. We celebrate St. Patrick's Day, everything green, on March 17th.

The Vernal Equinox is March 20th. Spring starts. Equinox means "equal night". The day and night are approximately equal (12 hours each). On March 26th, the Fairfield Fire & EMS will host a Pancake Breakfast from 8 a.m. to 10:30 a.m.in time to fuel up for the Easter Egg Hunt. The Easter Egg Hunt is scheduled to be held on Saturday, March 26th in the Carroll Valley Commons/Park. The Hunt starts promptly at 11 am. There are 4 age groups: (1) 2 years and under; (2) 3-4 year olds; (3) 5-7 years old; and 8-10 year olds. Please be sure to be there at 11. Easter Sunday is March 27th. Are you aware of what happens when you are stopped in Pennsylvania for speeding? When you see police car lights flashing in your rear view mirror, you need to slow down pull over to a safe area. Do not get out of the car. The officer will approach you and explain why you were stopped. Upon request, you should render to the officer your driver's li-

rants. The officer prepares the citation. The officer then explains the charge, the nature of the offense and your rights that are documented on the back of the citation. In Pennsylvania, if you do not take action on the citation within 10 days, a warrant for your arrest is issued and your driver's license no matter the state will be suspended. You have two options when mailing in the citation. You could plead not guilty and request a trial or plead guilty. In either case, you must include an amount equal to the total due as specified on the traffic citation. If you wish to make payments rather than paying the entire citation at once, you can go to the Magisterial District Judge's office and set up a payment plan. All credit card payments must be paid using the online method. Be aware, if you plead guilty or are found guilty, points may be assessed against your driver's record by PENNDOT. If you choose to go to a hearing, the judge cannot change the points, he can only find you guilty or not guilty as the points are controlled by PEN-NDOT. Naturally, you can avoid receiving a citation by watching your speed when driving in Carroll Valley and Fairfield. Please slow down.

I did have the pleasure of attending the 2nd Annual Daddy-Daughter Princess Ball on February 13th held by the Carroll Valley Borough July 4th Committee. Over 200 people were in attendance. It was a tremendous success. I would like to thank everyone involved, especially Jeni Jarrell. If you haven't already, go to www.ronspictures.net to view the pictures. The Carroll Valley Borough website has been redesigned and implemented. Its design was to be simple, and clean, with a focus on users of tablets and mobile devices. It also incorporates a Facebook feed, to streamline the operations of updating citizens quickly and completely. Take a look!

The Borough will be holding the following meetings in March: Planning Commission (Mon-Mar 7th); Public Safety Committee (Mon-Mar 14th); Borough Council (Tues-Mar 15th); Parks and Recreation Committee (Wed-Mar 23rd) and Sewer and Water Authority (Mon-Mar 28th). If you have any questions, please do not hesitate to contact me by email at MayorRonHarris@comcast.net or by cell at 301-606-2021.

State Senator Richard Alloway

Over the past two years, Governor Wolf and his allies have made a number of dubious claims pertaining to education funding. There is no doubt that state government has an obligation to provide adequate funding for our schools, and like most lawmakers, I support the principle of ensuring our children receive a top-notch education. However, the only way we can move forward toward that goal is by being honest and setting the record straight on education funding.

The most pervasive lie parroted by the Wolf Administration is the mythical "billion-dollar cut to education" which never actually took place. No matter how you

Weldon-Siviy announces candidacy for 91st District seat

Denise Weldon-Siviy has filed paperwork to be placed on the Democratic primary ballot as a candidate for the 91st Pennsylvania House District.

"The single most important issue facing the Pennsylvania legislature is the state budget. This is the reason that I'm running in this election," she said. "It is the responsibility of our legislators to pass the budget ON TIME." She went on to say, "We pay our legislators to do a job and they're just not doing it. Governing requires compromise. No person, special interest, or political party line should stand in the way of serving the people of Pennsylvania." Weldon-Siviy's platform emphasizes the need for responsible government and fair taxation. She believes that by refusing to work together to pass a complete budget, the state government is just passing the bill for critical services like education. "When the state of Pennsylvania doesn't pay its bills, they don't go away. They get passed down the food chain to cities and townships and school boards that have no other option but to hit up property owners. That doesn't lower anyone's taxes. It just places the burden unfairly on home owners." Weldon-Siviy notes, "The budget process in state government is like one of those big group projects we make school kids muddle through. Nobody likes group projects. There are always at least a few students not pulling their weight, and a few others pushing changes to make themselves look good at the expense of the group. It's always easier to dump the naysayers and keep the kids who are willing to do the work and work together finish the project." While this is her first run for State Legislature, Denise is a long-time activist in the Gettysburg area on issues concerning education, children and families, the environment and programs for the poor. To find out more about her visit www.deniseforstatehouse.com

twist and manipulate the numbers, there was simply never a cut of a billion dollars in direct state funding to education under any governor before Wolf was elected.

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checked for any outstanding war-

In my first year in office in 2009, the state's education budget totaled approximately \$9.1 billion. An additional \$650 million was made available through federal stimulus funding that was intended to cushion the economic crisis brought on by the recession. Approximately \$100 million fewer dollars were allocated in the 2010-11 budget, but this funding was backfilled with an additional \$350 million in stimulus money. While this represented an increase in total dollars allocated to school districts, school boards and administrators were warned that the additional funding was temporary and should be spent conservatively in order to prevent future funding problems.

When the federal stimulus funding expired during Governor Corbett's first year in office, it created a shortfall of approximately a billion dollars. I joined my fellow lawmakers in supporting more than \$350 million in additional state funding for schools. While this additional state funding helped meet the needs of the education community following the loss of federal funding, this total represented a reduced appro-

priation for schools from the previous year. However, allocations for education have increased every year since to a record-high \$10.2 billion in 2014-15.

Today, total spending on education is higher than at any other time in Pennsylvania's history.

The budget recently approved by lawmakers went one step further by devoting a historic high of nearly \$10.7 billion to our schools. That is, until Governor Wolf cut more than \$3 billion dollars from education through his line-item vetoes in December. This cut was the first time in the state's history that a governor saw fit to cut education funding by a billion dollars or more. The financial consequences of this cut have been more dire and calamitous than any previous gubernatorial action on the budget. When the governor talks about cuts to education, the conversation should start with the \$3 billion he is continuing to withhold from our schools. The governor recently announced that his 2016-17 budget would include a total of approximately \$577 million more for education since the last fully enacted budget, even though most of these dollars will be lost to a public employee pension system that is in desperate need of repair. My position on this issue remains unchanged - we should not devote significant new resources to our schools without addressing the biggest financial pitfall they currently face. New payments for pensions totaled nearly a billion dollars in the current fiscal year. That money would be better spent in the classroom instead of funding a system that taxpayers can no longer afford.



GOVERNMENT—NORTH OF THE MASON-DIXON LINE County Commissioner Mary Qually their area would help attract and

mean for us? Lower cost internet,

n 1999 I got my first job with Le-mail. It felt like I had entered a new professional world. Now, like many of us, I use e-mail more than my phone (unless you count when I use my phone for e-mail). Three years ago my family had three devices that connected to the internet. Now we have seventeen. Six phones, three gaming systems, three tablets, our HVAC system, two ROKUs, a watch, and our PC comprise our new digital world.

To say that our need to connect to the internet has changed dramatically in just three years is stating the obvious. Like my family, Adams County is reaching a point where our digital infrastructure will need to improve. Some would say we have already fallen behind our neighbors. Recently I received some exciting news about a regional internet company and the Pa Department of Community and Economic Development working together to help Eastern and South Central Pa catch up to the rest of the world.

Recently, United Fiber and Data, a York based digital infrastructure company, made a presentation to local businesses and community leaders regarding plans to upgrade digital infrastructure. UFD is in the process

of running a high capacity data line from New York City to Ashburn VA, which are the two largest data hubs on the east coast. These two cities have the highest concentration of IT, Telecommunications, biotech, federal government, and international organization infrastructure on the east coast and are critical communication centers to Europe. Currently, most of the internet infrastructure connecting these two cities is located within the I-95 corridor.

This new line running through Pa will act as both an upgrade to current lines and will create a new level of geographic security for the entire network. By taking a more rural path through Pennsylvanian and not simply upgrading the I-95 corridor, our network will in essence create two geographically separate routes for data to flow. Imagine if an accident or worse an intentional attack severed the current digital infrastructure between Ashburn and New York. Without a redundant path much of our economy would grind to a halt waiting for the line to be repaired. This new line, while important to the system as a whole, could reap benefits to our local community, if we chose to get connected.

What could this new faster line

improved home values, better education, new businesses and improvements to our current business community. These are all examples of what could be in our near future. Each of us pays a portion of our internet bill for a set amount of data. That data does not move from your device directly to the internet, instead it travels through a series of lines until it reaches a data hub, such as New York or Ashburn. The more lines it travels through, the more "tolls" are added by each carrier. If this new line is created it will dramatically decrease the number of lines or carriers that take add their fees to your data price. Imagine trying to sell a house that's not connected to electricity or sewer lines, your value would be much lower than the same house with these services. Houses with hi-speed internet are valued higher than homes without, especially for those interested in telecommuting to Baltimore or Washington.

Our schools are providing laptops to students to expand their educational opportunities and keep them on par with students from across America. If these students cannot connect to high speed internet from home, they

will be at a disadvantage. Lastly, our economy is a digital economy. Fruit growers communicate with overseas buyers, tourism destinations use internet marketing, manufacturers are increasingly computerized. In so many areas we need to keep our digital infrastructure strong and today that means investigating United Fiber and Data's plans going through our community.

By the end of 2016 United Fiber and Data will connect New York and Ashburn, and while their path will go through both Hanover, PA and Frederick, MD, the path between the two is still unknown. This path will clearly go through Adams County, but as a community it is up to us to help guide that path. In order to assist UFD in determining the best course, DCED has provided grant funds to facilitate the surveying of basic local businesses and residents. They are asking questions as simple as "Please describe your organization's current use of information technology (computers, networked devices, information applications, Internet service)", "Generally, please describe your organization's plans for the future (next five years)", or "Do you feel that very high speed Internet in

retain high tech employees?". Adams County government already completed our survey in about 5 minutes, it was a piece of cake.

Please take the time to go complete the survey at www.surveymonkey.com/r/cxgzny8.

This information will help UFD determine if a community has a need and a desire for improved internet. The more responses in any given area, the more likely the path with go through that area. The challenge at that point becomes connecting our existing infrastructure to this new line. While a new high speed digital highway may pass right through our community, if we don't create off-ramps and roads from our businesses and homes to this highway, it will just stream past us. My hope is that local businesses see the need for this and lobby their existing internet providers to make the connection and pass on the lower costs to their consumers.

This was a lot of information in a short article. If you want more information about this project, check out this link, http://gigabitrev.org/faqs/. UFD will also have a follow up meeting to discuss the survey results at the HACC Gettysburg campus on April 21st at 1:30 pm. As always am available at 717-339-6514.

State Representative Dan Moul

Petitions have been circulated and signed, and I am pleased to announce that I will be seeking another term as state representative of Pennsylvania's 91st Legislative District.

After seeing the governor's 2016-17 budget proposal earlier this week, it is clear he is intent on substantially raising taxes to generate more than \$3 billion of new revenue in order to grow government. His inability to work with the General Assembly and his lack of leadership account for there being only a partial budget this fiscal year. This is unacceptable. Strong leadership is needed to protect the interests of taxpayers and to ensure a brighter future for our children and grandchildren.

In fact, a focus of my tenure in the state Legislature has been the protection of children. As vice chairman of the House Children and

Youth Committee for the past eight years, and a member of the Pennsylvania Children's Trust Fund Board, I have been very engaged in efforts to prevent child abuse and neglect. I supported tough new laws to protect children in the wake of the Sandusky child sex abuse scandal, and I have been the prime sponsor of new laws to improve outcomes for foster children and to locate parents who fail to pay child support.

I also serve on the House Game and Fisheries Committee, Tourism and Recreational Development Committee, and the Agriculture and Rural Affairs Committee, all of which are of particular importance to Adams County. The citizens of the 91st Legislative District, are foremost in my mind when I consider the impact of various pieces of legislation passing through my committees.

A lifelong resident of Adams County, I work for, and answer to, the people of Adams County. I do not accept campaign contributions from special interest groups, lobbyists or their organizations. Instead, I rely solely on the kindness and generosity of individual contributors who have placed their faith and trust in me.

Despite the challenges facing our Commonwealth, I have always said that as long as I have a fire in my belly and can make a worthwhile contribution, I want to serve. That fire is burning hot, and I feel more compelled than ever to remain in the fight for the citizens of Adams County.





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PUBLIC NOTICE

olunteer Opportunities for Frederick County Citizens to Serve on Frederick County Boards/Commissions/Committees

The Frederick County Executive is soliciting applications from interested persons to volunteer their time to serve on the following boards/commissions/committees:

Adult Public Guardianship Review Board

- · Meets quarterly (Mar., June, Sept., and Dec.) on the first Monday at 1 p.m.
- Seeking the following: 1) a person with a disability; and 2) a psychiatrist.

Advisory Plumbing Board

- Daytime meetings are scheduled when necessary.
- Seeking a general public representative.

Affordable Housing Council

- · Meets the second Tuesday of every other month (Jan., Mar., May, July, Sept. and Nov.) at 2:30 p.m.
- Seeking the following: 1) a housing consumer (person has to have participated in a city or county housing program); 2) nonprofit; and 3) private industry. For more information visit www. FrederickCountyMD.gov/housing.

Agricultural Preservation Advisory Board

- Meets the fourth Monday of each month at 7 p.m.
- Seeking a general public representative. For more information visit www.FrederickCountyMD.gov/planning.

Agriculture Business Council

- · Meets the fourth Tuesday of every other month (Feb., Apr., June, Aug., Oct., and Dec.) at 7 p.m.
- Seeking the following: 1) a general public representative; 2) individuals that have experience and expertise in agriculture; and 3) full-time farmers and producers.

Board of Gaming Appeals

- Daytime meetings are scheduled when necessary.
- Seeking a general public representative.

Commission For Women

• Meets the second Tuesday of each month (except July) at 7 p.m. · Seeking individuals with marketing, legislative or community outreach experience. For more information visit www.FrederickCountyMD.gov/fccfw.

Commission on Aging

- Meets the second Monday of each month at 1 p.m.
- · Seeking interested persons (age 60 or older) to help address and resolve the problems facing the aging population of Frederick County.

Commission on Disabilities

- Meets the second Monday of each month (except Aug. and Dec.) at 6 p.m.
- · Seeking general public representatives. Persons with disabilities or who have ADA code experience are encouraged to apply. For more information visit www.FrederickCountyMD.gov/fccod.

Companion Animal Welfare Advisory Committee

- Meets at least quarterly on the second Monday at 7 p.m.
- · Seeking general public representatives with a broad range of companion animal related experience.

Containment Laboratory Community Advisory Committee

- · Meets quarterly (Jan., Apr., July, and Oct.) on the second Tuesday at 7 p.m.
- Seeking individuals to fill the following categories: 1) private-sector health field; and 2) general public representatives (one to serve as an alternate).
- Applicants should be aware this is a working committee, and considerable commitment of time will be required for ori-

tion of these laws to Frederick County officials and employees, • Seeking general public representatives. and others who are subject to the laws' provisions. The Commission also decides complaints alleging violation of the Ethics Ordinance and exercises responsibility for enforcement of the lobbying provisions in the Ethics Ordinance and the Public Ethics Law.

• Qualifications and Requirements include ability to understand and apply the Ethics Ordinance, including the lobbying provisions in the Ethics Ordinance and the Public Ethics Law to a variety of factual situations; general familiarity with the structure and work of the county government; and understanding of general ethical principles applicable to governmental entities. For more information visit www.FrederickCountyMD.gov/ethics.

Fire and Rescue Advisory Board

- Meets the second Monday of each month at 7 p.m.
- Seeking a general public representative.
- The purpose of the Advisory Board is to provide a functional management structure that ensures that input from volunteer, career, and citizen stakeholders is provided and considered during the policy making and policy review process and to keep stakeholder representatives engaged in the management of an integrated, countywide fire and rescue system.

Historic Preservation Commission

- Meets the first Wednesday of each month at 7 p.m.
- Seeking general public representatives.
- · Interested persons must have a demonstrated special interest, specific knowledge, or professional or academic training in fields such as, but not limited to, the following: history, architectural history, archeology, curation, landscape architecture, urban design, architecture, planning, anthropology, conservation, historic preservation or related fields. For more information visit www.FrederickCountyMD.gov/historicpres.

Human Relations Commission

• Meets the last Tuesday of each month (except Dec.) at 7 p.m. • Seeking general public representatives.

Insurance Committee

- Daytime meetings are scheduled when necessary.
- Seeking persons with experience with commercial property and casualty management, insurance company experience at a managerial level or underwriting or reinsurance expertise.

Interagency Internal Audit Authority

- Meets the third Wednesday of each month at 8:30 a.m.
- Seeking a general public representative who possesses expertise in accounting, auditing, and/or internal control (a currently licensed CPA is preferred).

Loan Guarantee Committee

- Daytime meetings are scheduled when necessary.
- Seeking local bank representatives.
- The Loan Guarantee Committee oversees the administration of the Frederick County Small Business Loan Guarantee (FCS-BLG) and establishes policy guidelines for the FCSBLG. The Loan Guarantee Committee also liaisons with the Frederick County Executive to report on fund balances and achievements. The Loan Guarantee Committee participates in the preparation of recommendations to the County Executive for additional funding for the FCSBLG, review of Maryland Department of Commerce grant applications and any other issues relevant to the operation of the FCSBLG. The Loan Guarantee Committee serves as the approval authority for the loan guarantee application.

Local Management Board

- · Meets the fourth Monday of every other month (Jan., Mar., May, July, Sept., and Nov. (annual retreat)) at 2 p.m.
- Seeking the following representatives: 1) community agency; and 2) early childhood education.

- The Board is mandated by the state of Maryland with responsibility for fiscal and policy decisions. Additionally, it has the responsibility for hiring and evaluating the director of the library system. These meetings are open to the public. The Board is looking for persons who are interested in the libraries in Frederick County and are willing to make a commitment to help guide the growth and development of the library system as the county continues to grow. This is a working board dedicated to making the community aware of the strengths of the library system. For more information visit www.fcpl.org/about-us/library-board-trustees.

Roads Board

- Meets quarterly (first Monday during Mar., June, and Dec. and second Monday during Sept.) at 7 p.m.
- · Seeking a general public representative who resides in one of the following election districts: Election District 10 (Hauvers); Election District 5 (Emmitsburg); Election District 15 (Thurmont) and Election District 4 (Creagerstown). For more information visit www.FrederickCountyMD.gov/roadsboard.

Social Services Board

- Meets the fourth Wednesday of each month at 5 p.m.
- Seeking persons who are interested in the human service needs of eligible Frederick County residents. Members may be representatives of business, nonprofit, religious, and community organizations as well as former clients, former service providers and former contractors of the Department of Social Services (DSS), as long as they do not have a current relationship.
- The Board is mandated by the state of Maryland with responsibilities for advocacy, oversight and liaison with policymakers and the community. The meetings are subject to the Maryland Open Meetings Act.

Solid Waste Advisory Committee

- Meets the first Wednesday of each month at 6:30 p.m.
- Seeking individuals to fill the following categories: 1) business / high-tech / financial; 2) civic organization; and 3) commercial solid waste / recycling company.

Substance Abuse Council

- Meets the third Monday of each month at 5 p.m.
- Seeking the following: 1) a substance abuse prevention provider; and 2) a recipient of addictions treatment services.

Sustainability Commission

- Meets the third Wednesday of each month at 3 p.m.
- · Seeking individuals who have a professional affiliation with, or expertise in, one or more of the following areas: agriculture/ food security, sustainable land use and transportation, open space and land preservation, green building practices, air quality/climate, water quality, recycling/waste reduction, environmental justice, education, small and/or local business, green jobs/workforce training, human/environmental health, energy, community, grass-roots environmental efforts, and finance and governance. For more information visit www.FrederickCountyMD.gov/sustainability.

Transportation Services Advisory Council

- Meets the third Friday of every other month (Jan., Mar., May, July, Sept., and Nov.) at 8 a.m.
- Seeking individuals to fill the following categories: 1) business; 2) community agency; and 3) general public. For more information visit www.FrederickCountyMD.gov/transit.

Workforce Development Board

- Meets the second Friday during the months of Feb., Apr., June, Sept., Nov., and Dec. at 8:15 a.m.
- Seeking business representatives. For more information visit www. frederickWORKS.com.

entation and reading relevant materials to stay current on matters relevant to the Committee's mission. While the Committee meets quarterly, most of the Committee's work occurs between meetings. Additional meetings may be scheduled. Members will be asked to volunteer to take their turn in preparing materials, information for the public, reports or minutes. Every effort is made to choose projects realistically, but applicants should know that the committee has neither a budget nor staff. For more information visit www.cityoffrederick.com/CLCAC.

Electrical Board

- Daytime meetings are scheduled when necessary.
- · Seeking a member from the general public who is not related to, either by blood or marriage, or associated with any person or corporation who is currently doing electrical work in Frederick County or who has done electrical work in the county within the year prior to appointment to this Board.

Ethics Commission

- Meets the second Tuesday of each month at 6:30 p.m.
- · Seeking general public representatives (one to serve as an alternate).
- The Commission publishes advisory opinions on the Ethics Ordinance and the Public Ethics Law and administers the applica-

Mental Health Advisory Committee

- Meets the third Monday of each month (except July and Aug.) at 5 p.m.
- Seeking the following representatives: 1) a primary consumer; 2) secondary consumers; and 3) a general public representative.

Mental Health Management Agency of Frederick County Board of Directors

- Meets the second Thursday of each month at 7:00 p.m.
- Seeking a general public representative, but preference may be given to those who reside in the following Frederick County Planning Regions: Brunswick, Middletown and Urbana. For more information visit www.recreater.com.

Parks and Recreation Commission

- Meets the second Thursday of each month at 7 p.m.
- Seeking a general public representative, but preference may be given to those who reside in the following Frederick County Planning Regions: Brunswick, Middletown and Urbana. For more information visit www.recreater.com.

Public Library Board

• Meets the first Wednesday of each month (except July, Aug., and Dec.) at 7 p.m.

Persons having a desire to serve in this capacity must be residents and registered voters of Frederick County.

If interested in serving, send a letter of interest indicating the specific board/commission/committee of interest and a current resume by regular mail or e-mail (no facsimiles) to the attention of:

Mrs. Joyce M. Grossnickle, Administrative Officer Office of the County Executive Winchester Hall - 12 East Church Street Frederick, Maryland 21701 301-600-1102 E-mail: fcgboards@FrederickCountyMD.gov

Please include current contact information in the documentation submitted, i.e. home, work and cell telephone numbers, home mailing address, and e-mail address.

Letters of interest and resumes must be received by 4 p.m. on Friday, March 18, 2016.

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COMMUNITY NOTES March Madness on the GWFT

Kathy Reid **Gettysburg Wine and Fruit Trail**

arch in the South Moun-Ltain region of Maryland and Pennsylvania can bring unpredictable weather events. Standing at our kitchen sink with coffee cup in hand, we are just as likely to see the bright yellow heads of early daffodils dancing in the March breeze as we are to watch big flakes of snow blowing about from a fierce late winter nor'easter. It can be maddening to those of us who have begun to long for freedom from our homes where we have spent so much of our winter hibernating from the cold.

The family businesses that make up the Gettysburg Wine & Fruit Trail of the South Mountain region of Maryland and Pennsylvania share this sense of March Madness due to the weather. We can't change the

weather, but we can lighten the mood with suggestions on how to spend a weekend or two that will get you out of your house and break the dulled routine of winter activities. Plan a long weekend away from home in your own regional backyard and discover the many cultural, historical and culinary gems of the area.

Burgundy Lane Bed & Breakfast in Waynesboro is the perfect place to center yourself for a March Madness Weekend on the Trail! Built in 1887 with an addition constructed in 1910, this six room B&B offers a great selection of uniquely themed and decorated rooms that will surely delight. Whether you choose the Castle Room with its old world charm and king-sized canopy bed or the Out of "Africa" room with its burnt sienna walls and queen bed, you will find yourselves relaxing under the expert care of Innkeepers Dave & Margaret Schmelzer. No need to bring your alarm clock to make breakfast on time - your breakfast is served at the time you select. If the B&B is fully booked, look into the Martin House B&B in Fairfield, Penn National Inn in Fayetteville or The Guest House at Long Acres Alpaca Farm in Mercersburg. From any of these jumping off points, well rested and well fed, you will be ready to explore the area.

Plan to include a visit to Waynesboro's Renfrew Museum & Park. The Renfrew Museum is a restored farmstead dating from the 1700's and is listed on the National Register of Historic Places. A unique feature of the Renfrew Museum is the only permanent public display of artifacts from the Snow Hill Cloister, a 19th century monastical society located in nearby Quincy, Pennsylvania. Another reason to visit this member is the John Bell Pottery Exhibit. John



Bell lived and worked in Waynesboro, creating utilitarian pottery stoneware as well as redware, pottery covered in colorful glazes and often fashioned into interesting and unusual forms. There is a talk about this exhibit scheduled for Sunday, March 13 at 1 pm.

While in the area, plan a visit to 42 West Arts Co-op. 42 West Arts Co-op is an art and craft co-operative gallery featuring the work of artists and craftsmen from Waynesboro and the surrounding area. A stroll through this gallery will reveal the variety and creativity of artists of this South Mountain region working in a number of mediums such as oil paintings, watercolors, fine art photographs, wind chimes, musical instruments, fine handcrafted furniture, jewelry, pottery, tile wall hangings, hand wovens, bronze sculpture, wood carvings, and more. In addition, artists demonstrate their works on various days throughout the month, so visit the GWFT website to see the full listing of demonstrations for March. When planning your visit, make note that every Friday in March from 5:30 - 8 pm is Wine Down Friday: stroll the gallery while listening to a local musician and enjoying a glass of wine.

with a beautiful view pleases your palate and your idea of what will make your March Madness getaway enjoyable, plan to include a stop to Red Heifer Winery in Smithburg, Maryland; this is a quick fifteen minute ride from Waynesboro. Be sure to sample their new 2012 Cabernet Sauvignon limited release. Kevin and Yvonne Ford open their tasting room every weekend and will share with you their knowledge and passion for wine.

For an evening wine adventure, plan a trip to Springfield Manor Winery & Distillery located 1/2 hour from Waynesboro off Route 15 in Thurmont. Every Friday night they offer Friday Night Out Italian Style at 7 pm. Visit their website to review the menu and place your order. Arrive early enough to enjoy a tasting of their Farmhouse Wines, a series of semi-sweet fruit forward wines as well as their Ironmaster, a Merlot/ Cab Franc blend.

These are just a few of the ways our agritourism and agritainment Trail members can help you create your own March Madness Weekend on the Trail escape. Visit the Gettysburg Wine & Fruit Trail website to see more opportunities to get out and about in March. Gettysburgwineandfruittrail.com.

Mother Seton School Geography Bee

Oo you know in which country Mount Kosciuszko is the highest peak? Jack Guinan (Grade 6) and Emma Adams (Grade 8) could tell you! (It's Australia.) The Mother Seton School students placed first and second respectively in the school-wide Geography Bee held on February 3.

First-place winner Jack went on to qualify for the Marland State Geography Bee, to be held on April 1 in Owings Mills and broadcast on Maryland Public Television. Only the Top 100 scoring students are eligible to take part in the State Bee. Jack is the only seventh-grader and only Catholic school student from Frederick County to be selected. The Top 10 State winners will move on to the National Georgraphy Bee, which will be held in May. The National winner receives a \$50,000 college scholarship. The National Geography Bee

WSA'

is in its 28th year and is sponsored by the National Geographic Society.

Elizabeth Vines, Middle School teacher and Geography Bee Coordinator, says participation in the Bee is a fun way to promote the value of understanding the world around us. "I tell the students they are global citizens," she said. "The Bee is one of the ways in which we try to broaden their minds." With it being easier than ever before to connect with others on a global scale, it's crucial for students to have an understanding of who their neighbors are and where they come from. Classic subject matters such as Geography provide the necessary frame of reference for students to reach that understanding, and programs like the Geography Bee provide a forum for students to challenge themselves.

Guinan and Adams competed against other classmates who were selected after the initial



Mother Seton School student Jack Guinan took the state qualifying test and will be one of the 100 selected to participate in the Maryland State Bee on April 1st.

classroom screening, including: Ethan Little and Vincent Reaver III (gr 4), Jameson Doll and Brendan Guinan (gr 5), Emma Wivell and Alyssa Corsetty (gr 6), Larisa Tayler (gr 7), and Kirstyn Bockelmann (gr 8).

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COMMUNITY NOTES

Donald "Mike" Fitzgerald



Donald "Mike" F. Fitzgerald passed away peacefully to his heavenly home on February 28th surrounded by his loving family in the log home he built with his own hands in the early 1950s.

He was born July 2, 1930 in Philadelphia, Pa. to parents Thomas Allen Fitzgerald and Naomi Powell Fitzgerald.

He is survived by high school sweetheart and wife of 68 years Doris Jane (Wastler) and nine surviving children, Donna (and TJ) Demmon of Thurmont, Dennis (and Dianne) Fitzgerald of Huntsville, AL, Dawn (and Donald) Knox of Taneytown, Diane (and David) Stottlemyer of Thurmont, Debra Oster of Thurmont, Daniel (and Heather) Fitzgerald of Emmitsburg, Darrell Fitzgerald of Emmitsburg, Darrell Fitzgerald of Frederick and Dean (and Cecilia) Fitzgerald of Frederick. He was predeceased by his first son Douglas in 1949.

He is lovingly remembered by seventeen grandchildren and twelve great-grandchildren and predeceased by two grandsons. He leaves behind many dear friends including Mike Dwyer and Andy Chrusciel and hundreds of current and former employees of the Shamrock, also the Friday Lunch Bunch who met weekly at the Shamrock for several decades.

Donald was known as "Mike" all of his life, the nickname given him by his grandfather. He spent his early years in Emmitsburg Maryland with his parents and brothers Edward (dec.), Jerry (dec.), Joseph (dec.), and Tom, Berkeley Springs, WV. They were predeceased by younger brother Richard.

The five brothers spent several years together in an orphanage in Rock Hill, South Carolina, after the passing of their father in 1940. His mother Naomi passed away in 1977. From there Mike returned to Maryland and attended Thurmont High School where he met Doris Jane Wastler. He was the president of the Class of 1948. He and Doris and classmates still regularly gathered for lunch and memories.

After high school Mike worked at Price Electric, Frederick, then Landis Tool Company, Waynesboro PA where he trained as a machinist. His son David followed him to Landis thirty years later and discovered that Mike still maintained the highest scores ever achieved in their apprenticeship program. Mike later moved to Moore's Business Forms in Thurmont. In 1963 he and Doris faced the decision of continuing his career with Moore's and moving the family to Niagara Falls, NY, or going into the restaurant business and remaining in hometown Thurmont. They chose to establish the Shamrock Restaurant fifty-three years ago.

Mike was the charter president of the Thurmont Jaycees under whose tenure the club established the Thurmont Community Park and donated it to the town. He was the charter president of the Thurmont Tourism Council and spearheaded the creation of Catoctin Colorfest. He was the charter president of the Thurmont Colt's Corral Chapter 12. He partnered with his friend Vernon Myers to launch the Catoctin Youth Association.

Mike was the president of the Board of Directors of Frederick County Economic Community Development Commission for eight years. While leading ECDC, Ryan Homes (now NVR) built a plant in Thurmont.

In 1994 a long-time dream of Mike's was fulfilled when he and friends and family raised an eightyfoot American flag in the yard at the Shamrock. This was a symbol of his strong patriotism and love for his country. He was a devout Catholic by faith and loved his church. He dedicated a stained glass window at St. Joseph's Church in Emmitsburg to his family. As a child he served there as an altar boy.

A Mass of Christian Burial will be held on Saturday, March 5th at 11 am at St. Joseph's Catholic Church 47 Depaul St., Emmitsburg. Interment will be in St. Anthony's Catholic Church Cemetery.

In lieu of flowers memorial contributions may be made to Mother Seton School, 100 Creamery Rd., Emmitsburg, MD 21727.

Land Conservancy to recognize preservation-minded landowners

Marti Shaw

On Thursday, March 10, the membership of the Land Conservancy of Adams County will meet for its annual membership dinner at the Historic Gettysburg Hotel to vote on its board of directors and honor local landowners who entered into conservation easements in 2015. The public is invited to attend; simply R.S.V.P. by visiting LCACnet.org.

Attendees will also have the chance to bid on a variety of unique items at the Land Conservancy's silent auction, which in turn provides vital support to the organization. Items to look for this year include vacation packages at ocean-front condominiums, a "Learn to Fly Fish package," a "Night on the Town" basket, specialty dinners, delicious baked goods, theater tickets, and much more.

In 2015, the Land Conservancy worked with five landowners to preserve a total of 341 acres of Adams County farmland, woodland, open spaces, and freshwater streams. Since its founding in 1995, the Land Conservancy has partnered with Adams County landowners to preserve a total of 9,644 acres.

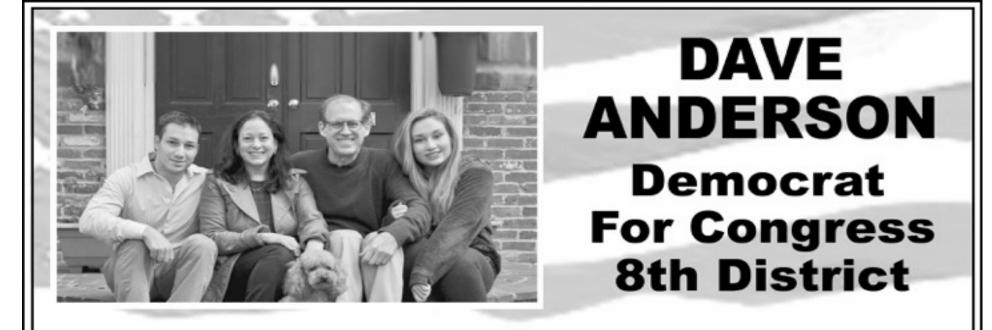
These landowners partnered with the Land Conservancy to protect their land by crafting conservation easements, which are voluntary legal agreements attached to the property deed that spell out the kind and amount of development the landowner wishes to allow on his or her property both now and in the future.

For the past several years, the Ad-

ams County Commissioners have proclaimed the period between the Land Conservancy's Annual Dinner and its Annual Art Auction as Land Conservancy Month.

Events marking Land Conservancy Month this year include a pre-Art Auction artists' reception on First Friday, April 1, from 4-6 p.m. at the Blue Parrot Bistro, 35 Chambersburg Street, Gettysburg. The reception will showcase a wide variety of original art created by local and regional artists and donated to the Land Conservancy's Annual Art Auction, to be held at the Blue Parrot from 12-4 p.m. on Sunday, April 24.

The Land Conservancy of Adams County is a fully accredited, member-supported nonprofit land trust that works to preserve the rural lands and character of Adams County. For more information about the Land Conservancy, its Annual Dinner, and the other events surrounding Land Conservancy Month, visit LCACnet. org or call the Land Conservancy office at 717-334-2828.



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- Senior Vice President, State Relations, The Washington Center
- Editor, Leveraging: A Political, Economic and Societal Framework

I am Dave Anderson and a Democrat running for Congress to represent the voters of the entire 8th district. I'm not a career politician, nor a millionare. I am an advocate and former college professor who is fed up with the dysfunction in Congress and have decided to run to do something about it.

The centerpiece of my campaign is my family policy that I've been developing and advocating for over 20 years. As a husband, father and stepfather, I understand the needs of families. My policy supports over leveraged families by providing them with a choice of paid parental leave plus child care support or paid parental leave plus a tax credit for stay at home parents.

Unlike other candidates, I'm not just spending my time in Montgomery County. I've been knocking on doors and talking to voters in 7 towns all over Frederick County. I've gotten a great reception and will continue to work to win your vote. I am an independent voice who draws on all sides and will fight to stop the gridlock that is paralyzing Congress. You can find out more about me at *AndersonforCongress.com*.

Paid for by Dave Anderson for Congress

COMMENTARY

Words from Winterbilt

Don't trust the government?

Shannon Bohrer

Tow many times and how long Hhave we heard from political candidates, disgruntled persons and or groups, tell us that we cannot trust the government? I am sure that if we examine the federal government we could find numerous examples of poor management, overreach of authority and just plain incompetence. There have been news programs and other media specials with the focus on fixing our broken government. The government problems are thought to be so common that political candidates tell us that is why they are running for office, to fix the broken government. The candidates inundate us every four years with slogans of; hope and change, a new beginning, restoring America and taking back our government. Did you ever wonder who abducted the government?

"When they call the roll in the Senate, the Senators do not know whether to answer Present' or Not Guilty'." —Theodore Roosevelt

While complaining about our government is a national obsession, and has been for a very long time, a case could be made that we can easily overlook the good things that the government does. Because of our government we have infrastructure with roads and bridges, we have public schools, we have police and fire protection and we also have a military to defend us. And, if you are over 65 as I am, you have social security and Medicare, two very important government run programs. So if we also have the good with the bad, why are we always talking about the bad?

The good thing(s) the government does is not without problems. A good example is the lack of clean drinking water in Flint Michigan. Flint is a poster case of government incompetence. But we also have the Environmental Protection Agency (EPA) which has clean drinking water standards. If the state and local government adhered to those standards the water problem in Flint may not exist. On a national scale, what would the condition of our drinking water be like – without national standards?

While we have this national obsession and habit of complaining about our government, there are specific groups in our society that really see the government as the enemy. An example includes the individuals and groups that occupied the federal wildlife sanctuary in Princeton, Oregon. (Some were still there when I wrote this, but some were arrested) If the occupiers (including Mr. Bundy) had their way, the federal government would turn over all federal lands to the ranchers and/or the states. Under their vision the states that received the lands would then gift the former federal lands to them. Obviously these individuals and groups have an agenda that would benefit them, but only if we had a government to their liking. However, if the Federal government did turn over the federal lands to the states, the states would be selling them to the highest bidders. Of course the highest bidders, the very wealthy, would then tell the ranchers with leases to vacate the premises. Then I would predict that the same ranchers would be petitioning the federal courts (the government) to intervene. Having everything your way is not how our government works, nor is suppose to.

I do believe that many people have valid complaints about the government, not unlike the water problems in Flint. When the government does not address or solve an issue that we believe should be solved, we all see the incompetence. Others just say the government is too big and it should be smaller. How big is too big and how small should it be is never said. A survey among tea party conservatives, people that believe in a smaller government, found that the majority believed the government should keep Social Security and Medicare. If the government does something we like, it's ok, but if the government does something that we don't like or impacts us in a negative way, then the government is "taking our freedoms and our rights."

"We must not look to government to solve our problems. Government is the problem."

-President Ronald Reagan

While the national pass time is complaining about our government, we also are a nation that has pride in our country. We love our county, we love our flag and we believe we are the best nation on earth. We celebrate our history, we admire and respect our military and we celebrate our national holidays with pride. Even the individuals and groups that complain so much about the government, like the ones occupying the federal wildlife sanctuary in Oregon, wave the American flag. In particular we love our freedom of speech, which is helpful so we can complain about the government that runs the country we love.

One has to ask, how does that work? How can we complain so much about the government that runs the country that we love? It seems incongruous in so many ways. It's like saying we love our marriage but we don't like our spouse? Or, we like our spouse but we don't like our marriage? I find it strange that we love our military but we don't like the government that runs it? It seems inharmonious to believe we have the best county on earth and yet our government that runs the country is so incompetent.

"Let us never forget that government is ourselves and not an alien power over us. The ultimate rules of our democracy are not a President and senators and congressmen and government officials, but the voters of this country" —Franklin D. Roosevelt

Maybe our government just works in slow motion, maybe it was designed to do so. It is cumbersome, often inefficient and yet ensures the exercise of freedom, including the freedom of citizens to criticize the same body they complain about. If, we had a government that worked fast and was very efficient, it may not resemble what the founding fathers created. Our government was created to be encumbered, with the thoughts, ideas, complaints and criticisms of all citizens, so we are all heard. That does not means the government cannot be improved, but it may not be as bad as often portrayed.

"Our constitution works. Our great republic is a government of laws, not of men"

—Gerald R. Ford

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Common Cents

Mass merger

Ralph Murphy

cent stock market and com-Kmodity price volatility have pundits drawing parallels with the 2008 worldwide, financial crisis that actually may be the source of the current problem. A drop in housing prices at the time triggered an equity drop in the value-inflated market and a "liquidity" scramble by mortgage lenders mostly based in New York. The Federal Reserve managed to coordinate a "pooling" of 60 nation's Central Banks that then accessed members' funding and bailed out the bankers while retaining joint control of the foreign funds. Subsequent investment and income patterns of peripheral nations such as China and Brazil are really suspect as to sourcing and they may involve the Bank for International Settlements (BIS) based in Basel, Switzerland. The BIS was founded by 8 international powers in 1930 to maintain control of war reparations leveled at Germany following World War I. It continued with leadership changes, ironically controlled largely by the Germans during World War II, but once again allied after the conflict. After World War II the BIS bank sought to "make monetary policy more predictable and transparent among the 60 (including developed nations of G-7) member's Central Banks." It would further afford "international monetary and financial cooperation and serve as a bank for the Central Banks". By "controlling foreign exchange reserves and policies, 'arbitrage' or price harmony between foreign nations, the Central Banks' reserves as well as a regulatory role".

The BIS has extensive capital access and by self ascribed legal accord to issue economic power. It's not a United Nations affiliate. It sets "capital and reserve requirements" that include all member's Central Bank assets such as "stocks or equities, debt (as bonds), precious metals, pension holdings, foreign reserves, as well as requited reserve funds" of member private banks. The levels of holdings can vary greatly between the Central Banks as policies differ as do near term reserve requirements. Some nations keep commodity earnings as "Sovereign Wealth Fund" issue, to others that is a private sector concern not always placed with banks. At a point in time, the BIS access is the largest pool of stored funds ever known for discretionary investment. The Board of Governors who direct policies include the heads of Central Banks of the 17 member nations including America's Federal Reserve, the British, Chinese, French, Japanese and European Central Bank (ECB), but oddly not the German

Bundesbank which contributes the most cash to the ECB as ostensible leaders.

The bank could easily hold over \$22 trillion. The US alone provided over \$4 trillion and again there's variance as to levels per reserves, but the opportunity for mismanagement is far too high. It appears "self policing" as non regulated beyond understandings between members and whoever directs the Governors . It is not alone as to policy formulation or execution. The need as to impetus is also suspect. The 2008 financial crisis was "jarring" to equity markets and the bank system in America- especially four major concerns led by Citigroup. The banker "bailouts" would have had to file for bankruptcy with combined losses of hundreds of billions of dollars. Nothing like the multi- trillion dollar bailouts of the 1980's, but still- a lot of money. The "too big to fail" rallying call for the bailouts managed to prop the concerns and led to the merger of Central Bank assets which never dropped control as the private banks were once again solvent. That alliance of Central Banks against what really are historic competing interests is a "recipe" for trouble. If the statistics are accurate- there may already be a huge problem in the lending pattern for retrieval or retention- especially for the People's Republic of China (PRC). In the 1990's this highly

populated, communist nation had one of the lowest income levels per person (per capita) in the world. Total earnings were in the hundreds of billions of dollars. Much of them in foreign, multinational corporations. . By 2010 reported earnings had leaped to \$5 trillion dollars without anything approximating the prod-

uct base for production. This past year the PRC is said to have the second strongest economy in the world at over \$10 trillion. Again, there is an inflow of money, but no new industry beyond foreign ones- and those largely 'offshore', secondary western issues. Shanghai has suddenly jumped to become a source of financial capital markets as Hong Kong regional politics stymie Beijing. There are issues as well with China's domestic currency or the Remindi. The Remindi is suddenly being proffered and traded as a foreign exchange alternative to the dollar and yen, but with no visible means of income base and it really isn't too much a "leap" to think a BIS member- nation is simply accepting an infusion, but not without accounting costs. The debt to GDP or earnings ratio in China is now the highest in the world. From an accounting viewpoint they have to pay back the money, but Beijing doesn't seem to control the cash. Ventures, to include infrastructure projects in Africa, the Far East and Latin America are all credited to Chinese money, but there is no apparent income source amidst extreme poverty at home.

debt problem, but they can't repay the trillions of dollars associated with their domestic and world ventures. That bill may be sourced to funds of the BIS. The pooled- assets system may be about over though. It will prove very difficult to repatriate much of the leant funds as they are dispersed. Again its formally a China debt issue, but they're being "used" as the projects are mostly tied to their peripheral interests.

In a worst-case scenario, the stored Central Bank funds are vastly depleted. Transaction currency held by private banks, businesses and citizens will continue to circulate if not sent to federal storage. It could continue to be sent to emerging markets such as China in the current system with almost no chance of investment return. Much of the cash lent is surely gone due to artificial demand created by unconventional, one- time sourcing in a BIS structure that threatens the health of central banks that are routinely the national "lender of last resort". It can one day be restored to individual host lenders along with sound regulation and international competition- to safeguard assets. But, if the statistics are right- funding attributed to China, such as Third World infrastructure projects, will actually be paid by BIS members. Watch the 17 member BIS Board of Governors and their backers though as their dealings are highly suspect.

It would be a convenient Chinese

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COMMENTARY

The American Mind

The Republican elite's worst nightmare - Trump

William Hillman

Back in August of last year I pre-dicted that Donald Trump wouldn't make it past the first primary. This is why I'm not a gambling man - I could never make any money at it. At the time I said that, all the poles had him at 35%. The Donald's "dis-approval" numbers were around 55%. Not much has changed since. As I write this he has just won the South Carolina primary, with 32% followed by Rubio and Cruz each with 22%. But Trumps disapproval has dropped to 43%. (Interestingly, Bush's disapproval rate is 45%). Trump is still very much in this race and there is a possibility that he could end up the Republican nominee this summer. But I'm still not ready to place any bets.

We are still at the beginning of the process and it's a wide open field. In the last few weeks we have seen Chris Christie, Rick Santorum, Ron Paul, and Scout Walker all drop out of the race. As the pack continues to thin, the question is, where do the votes go? Jeb Bush, who received 8% of the vote in South Carolina has also withdrawn. Kasich, can not be far behind Bush in withdrawing. If the establishment votes shift to Rubio, the entire dynamic of the race changes and Trump will have a difficult time come supper Tuesday. Again, I think it is way to early to predict a winner.

He is my breakdown. Bush and Kasich establishment voters move to Rubio bringing him to 40%. When Carson drops out, his support lean heaver to Cruz then Trump. Let trump move to 35% and Cruz to 26%. By this scenario there is a path to Rubio winning. This little mind exercise does not take into account delegate distribution amount the states etc.. etc.. which I can not delve into when the stingy editor of the publication restricts me to 1000 words.

The republican establishment HATE Trump. He threatens their power; he is not controlled by the Wall Street bankers who hold the purse strings of the party. He is not one of them and they hate outsiders. One thing I will bet on is the republican establishment will do everything they can to prevent Trump from being their nomine. There is very quiet talk and engineering going on in the background of the Republican party to lay the ground work for a brokered convention - should Trump win the most delegates. In Pennsylvania (where the delegates are only bound to the majority choice of the electorate on the first round of vote at the convention) the party elite are attempting to place delegates on the ballet who will be pawns of the power brokers and ignore the will of the voters. If the establishment can keep Trump from getting 50% of the delegates in the first round of voting, the pawn delegates can turn their backs on their state's voters and anoint Rubio. If this happens, I think it will mark the beginning of the end, of the end of the Republican party. (Yes, that is not a typo, the beginning of the end of the end. The end of the party started 12 years ago.)

The Republican elite have made the bed they now find themselves in.

They are too deep and too long in bed with corporate interests. They have turned their noses up at their base voters who, since Nixon, have been blue collar middle class. Trump is energizing and exciting these discarded Republicans. The Republicans lost the last two presidential races because they have ignored and outright thumbed their nose at the middle class. This year these people are excited about Trump because his is speaking to them and not at them.

Last week, Cardone Industries in Philadelphia, which produces auto parts, announced that they were shutting down and moving the last of their manufacturing facilities in the U.S. to Mexico and laying off 1,300 workers. This is the last of the large manufacturer plants left in the city of Philadelphia. A few days before, Carrier announced that it was closing plants and moving 2,100 jobs also to Mexico. Of all the candidates running for President, Trump was the only voice heard yelling and screaming that this was unacceptable. Trump is the only candidate who presents himself as an un-apologetic supporter of the American worker. This is why people are registering to vote. (Whether Trump is in fact a supporter of the American work is a point that can be debated, but I'm talking about perceptions.)

There are a lot of arguments against Trump. And you have to wonder if he really believes what he says or is it all just lip service. Did he really have a midnight conversion and become pro-life and pro-2nd amendment? Certainly not. I don't think his supporters care about all that. Politicians making empty promises is something we have become numb to. It's just more background noise.

What is important is jobs and hope. Every time a factory closes and crosses the border, or H1B visa workers displace American workers, the "Great American Dream" starts fading into the distance for more Americans. All the economists, especially that shill Robert Reich, can drone on and on about how the economy is strong and unemployment is down, but the truth is every worker knows that for the first time in history he has little chance to do better than his parents. Average household income will continue to fall. The trade and immigration policies that both political parties have backed have done nothing but increase the gap between the wealthy and the poor.

Let's talk about walls. The ruling class moralize over Trumps idea of building a wall along the border. "Walls are immoral." "He is a racist for even suggesting it." This all comes from people who live in gated communities. Some how walls are acceptable when they protect the

ruling classes' world but are bad for everyone else. While I'm on the subject of walls,

while I'm on the subject of walls, this week Pope Francis made his comment about people who want to build walls are un-Christian. I couldn't help think that when I went to see him in Philadelphia this past summer, all I saw was walls. They walled off almost every street. And if you wanted to get beyond the walls, closer to the Pope, you could, if you had enough money for the Church.

Back to the topic of Trump and the Republican party.

I truly believe as the election year rolls on, the ruling elite of the Republican Party will do everything and anything to deny Trump the nomination. The passing of Judge Scalia means that the next President may have the opportunity of appointing two Justices. (Every time I see Justice Ginsburg, I think she can not prop herself up on that bench for another four years.) I can not believe they will allow and outsider like Trump have that power.

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Down Under

Democracy

Lindsay Coker Melbourne, Australia

And his eyes have all the seeming of a demon's that is dreaming. (Poe, 'The Raven', 1845)

Lethe is the Greek god of forget-

100 years or so. That is, In the Western world - for although the east never really embraced the practice of democracy and voting, most people there seemed to be no worse off than their western cousins.

This notion, the idea of democracy, has now outstripped its usefulness, almost as though it's an abstract title, yet retaining the suggestion of freedom and justice. The fact that it brings neither should be sobering to a nation that believes in its own fairy stories, but it will continue to be the falsehood it is if you, the good and caring people of that country, decide it is not worth the effort to vote. Here in Australia we have to vote or be fined, something you are told violates free speech and civil liberties - but if it does, so does paying tax. We all agree that government would be impossible if taxes were not paid, and we here believe that this gives us the right and obligation to vote so that we can have some influence on how are tax dollars are spent. Yet we are in the same predicament as you: Party politics has outstripped honesty and transparency, and, sad to say, has removed morality and ethics from the stage.

hand, dishonesty, spin and obfuscation in our politicians, but also believe that we, being part of a civilized nation, have progressed beyond despotism and tyranny. To many of us people matter, and caring about others comes before self-serving indulgence and the exercise of ego. Very few of us would tolerate indiscriminate vengeance or undeclared warfare, both of which are the mantra of your conservative candidates. Listening to those televised 'debates' made me shudder. They reminded me of the demon quoted above, dreaming of deeds of evil, remembering the good old days when humans suffered at his whim. They also reminded me of the applause those statements received, suggesting that demonocracy was alive and well, and that decency was dead and buried. Not just decency, of course. Morality, ethics, humanity, compassion - all have withered away under the scorching views of the right. Too bad if you are poor, coloured, Latino, or strange; and too bad if you are a refugee. America has taken just 2,290, or 0.0005% of the people trying to escape from Syria since the civil war began there. Thirty one governors have stated that such people would not be welcome in their state, seven of the twelve are against them ever coming, three want them 'paused'. President Obama proposed allowing 10,000 to come in the next 12 months, but congress passed a bill demanding that each one be certified as having no security risk, an impossible task. This, in spite of 90% of all terrorist threats having come from home grown citizens. American aid to Syria is among the highest in the world – four billion to date - but money alone will not solve the problem. Simple humanity will turn the tide. Ohio spent \$4.8 million to help refugees settle in the area. Already they have added \$48 million to the prosperity of the state. The problem for the GOP seems to be that these refugees are mostly Muslim, and that means they are terrorists. It's as short-sighted a view as any dictator has. Kill those that you think may not approve of you. This, I remind you, in a supposedly Christian country. But then nearly 2000 years ago Constantine coined the slogan still favoured by certain Christians who seem to be ensconced in Klan country: 'In this sign shall ye conquer.' So Carpet-bombing Christians have a precedent, one it seems they are happy to follow. They have no concept of the peace Jesus said he would leave with us, no thought of turning the other cheek or forgiveness, just a skewed creed of might being right. And no acceptance of even their fellow citizens who dare to practice tolerance and compassion.

America leads the world. Right? Yes, of course – in bloodshed and retaliation, armaments and commercial military might. It must surely come close to last in caring for those suffering from oppression, those who might have looked to you for succor, to the supposed world leader in caring, as epitomised by the statue of liberty. And your pet hate of decades ago, Russia, takes no refugees either, preferring to bomb them also. They are not Christian, officially, but not



fulness, and also the name of one of the five rivers in Hades that flowed around the cave of Hypnos. Alethiea, or a-lethia, is the opposite of forgetfulness, and is therefore truth.

emocracy evolved from the idea that citizens would vote on matters of importance. Not the emperor, king or prince, but the people who would be affected by the rulings. Initially this was the members of senate and the clan or community, as they were considered of equal importance in Greece where it all began, but by the time the practice arrived in Rome lines had been drawn, barring plebeians and non-citizens from voting. The enfranchisement of others - ratepayers, traders, etc progressed slowly, with all the rest being given the vote only in the last

We have come to expect slight-of-

that much different to you in their care of the oppressed and dispossessed.

I know full well that many of you are distraught at the rise of heartlessness in your land, that you voice your dismay and urge sanity. You have not visited Hypnos, have not met Lethe, and can remember the horrors of Stalin and Hitler. How small a voice, how tiny a flame you hold up to illuminate the demons in the land. May you be victorious in your fight for sense and tolerance, humanity and compassion. There are many here who support you, who also believe in morality and ethics. In peace and good will, Lindsay

To read past editions of Down Under visit the Authors section of Emmitsburg.net.

THE PASTOR'S DESK

Being formed in Christ's image

Deacon Eric Silva Mount St. Mary's Seminary

When I decided that I was going to leave college to enter the seminary, I was bombarded with questions from my friends and family about what it would be like and how it was going to change me. Each year I get those same questions from even more inquisitive family and friends and each year the answer seems to change as I change.

Seminary formation for the Catholic priesthood has been the most incredible, terrifying, humbling, difficult, and exciting five years of my life; without a doubt, I have learned more and grown more in those past five years than I ever would have had I not entered the seminary.

The purpose of the seminary is to facilitate an encounter with Jesus Christ and His Church and form men to be His priests based on that encounter, all the while, giving him all the necessary tools to be an effective bridge for people to encounter Christ. It is a 2000 year tradition that I am blessed to be a part of; however the formation that I partake in now looks very different than how Christ's apostles formed their disciples, while maintaining that same principle of forming men after the heart of Christ the Good Shepherd.

Pope Francis said that, "The phantasm that we have to fight is the image of religious life understood as a refuge and consolation in the face of a difficult and complex 'outside' world." Men in formation for the Catholic priesthood do not seek a life of refuge from the world as a way to hide or shelter their own lives from what is happening in the world. Rather, a man's time in formation is a time set aside for the preparation of being a priest in the world, but not of the world.

That is an important distinction that the culture fails to make by setting up the false dichotomy: either that you are completely out of tune with the world or you are engrossed in the culture completely. It is as though the world sets up both extremes and expects everyone to join one side or the other. But the priest is one who finds the median between the two extremes, by giving his life completely to God and understanding that while the things of this world may be good, they must never stand in between the priest and his own salvation or the salvation of those to whom he has been entrusted. That difficult balance of being in the world, but not being consumed by all that the culture of death surrounds us with is

one of the many aspects that seminary formation accounts for.

The "Plan for Priestly Formation," or PPF for short, maps out and describes all facets of seminary formation. For a man to be ordained a Catholic priest, he must undergo a minimum of six years of formation to ensure that he is in fact called by God to be a priest, ready to take on the responsibility of the priesthood, and equipped to be a priest in the 21st century, secular world. The beginning of this incredible journey is rooted in philosophical studies and a steady, regimented prayer life.

It is very hard for some people to understand how philosophy is integral in the formation of a priest and is especially important from the start of the formation process. The reason behind this process is universal; some countries only require a year of philosophy while the United States requires two years. The PPF emphasizes that having a foundation in philosophy serves "as a guarantee of that certainty of truth which is the only firm basis for a total giving of oneself to Jesus and to the Church."

The term philosopher literally translates to 'a lover of wisdom,' which is more than appropriate. If a man is to give of himself fully in humble submission to the will of God in his own life, as is called



"While the seminary may be difficult, I have come to realize a love that I could have never encountered anywhere else. I am going to be His priest, forever."

to do in the priesthood most especially, then that man better be certain of the truth to which he is giving himself. A study in philosophy teaches seminarians how to reason and use logic to reach objective truth; there is nothing more beautiful and humbling than to know that we get to give our lives for a truth that is far greater than any one of us. The ability to reach that decision and find that truth is done through the use of reason and through an encounter with the living God, Jesus Christ, who ensures that truth never contradicts truth.

After moving through the various historical and philosophical perspectives that have developed over centuries, the next step in the seminary process is what has been coined as 'Major Seminary,' where a seminarian further commits himself to discern God's call to the priesthood as well as begin his theological studies. I completed my time in 'minor seminary' in my home diocese of Bridgeport, Connecticut until it came time for me to move on to the next step and go to major seminary.

After some deliberation and discernment, both on my own part, on the part of the priests in charge of my seminary formation, as well as my bishop, it was decided that it would be best for me to continue my studies down in Emmitsburg, at Mount St. Mary's Seminary. It is here on Mary's mountain that thousands of priests have been formed before me and I'm sure thousands will come after me. Many bishops send their seminaras North Dakota and there is good reason for it. The formation, the education, the fraternity, and everything in between are all part of what helps us discern God's will in our lives and they are all aspects of life that help us get a glimpse into what our lives as priests will be like.

The seminary seeks to form men and help men grow into mature shepherds of souls. The seminary is meant to be holistic as it focuses on human, intellectual, pastoral, and spiritual aspects of every person's life. The best way that one can understand the seminary is to think of it as an intentional and virtuous frat house, and what a privilege it is to live here. I live with over 120 men who are all here to push one another to be nothing less than a saint. We can get very wrapped up on the details of how many years and how many classes or requirements the seminary necessitates, but often most people miss the point. All that we do in the seminary and all that occurs in the formation process only makes us and helps make us into more of who we born to be.

Pope Emeritus Benedict XVI wrote once that, "If we let Christ into our lives, we lose nothing, nothing, absolutely nothing of what makes life free, beautiful and great. No! Only in this friendship are the doors of life opened wide. Only in this friendship is the great potential of human existence truly revealed. Only in this friendship do we experience beauty and liberation." While the seminary may be difficult, I have come to realize a love that I could have never en-



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ians to be formed into priests af- countered anywhere else. I am going ter the heart of Christ from as far

to be His priest, forever.

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He humbled himself and became obedient to death even death on a cross! Philippians 2:8

THE BOOK OF DAYS

Easter Season



In 1315, Constantine the Great summoned the bishops of the Christian Church to Nicaea to address divisions in the Church — one of which was the date on which to celebrate Easter.

Easter, the anniversary of our Lord's resurrection from the dead, is one of the three great festivals of the Christian year -the other two being Christmas and Whitsuntide. From the earliest period of Christianity down to the present day, it has always been celebrated by believers with the greatest joy, and accounted the Queen of Festivals. In primitive times it was usual for Christians to salute each other on the morning of this day by exclaiming, 'Christ is risen;' to which the person saluted replied, 'Christ is risen indeed,' or else, 'And hath appeared unto Simon;'-a custom still retained in the Greek Church.

The common name of this festival in the East was the Paschal Feast, because kept at the same time as the Pascha, or Jewish Passover, and in some measure succeeding to it. In the sixth of the Ancyran Canons it is called the Great Day. Our own name Easter is derived, as some suppose, from Eostre, the name of a Saxon deity, whose feast was celebrated every year in the spring, about the same time as the Christian festival-the name being retained when the character of the feast was changed; or, as others suppose, from Oster, which signifies rising. If the latter supposition be correct, Easter is in name, as well as reality, the feast of the resurrection.

Though there has never been any

es of Asia Minor, among whom were many Judaizing Christians, kept their paschal feast on the same day as the Jews kept their Passover; i. e. on the 14th of Nisan, the Jewish month corresponding to our March or April. But the churches of the West, remembering that our Lord's resurrection took place on the Sunday, kept their festival on the Sunday following the 14th of Nisan. By this means they hoped not only to commemorate the resurrection on the day on which it actually occurred, but also to distinguish themselves more effectually from the Jews.

For a time this difference was borne with mutual forbearance and charity. And when disputes began to arise, we find that Polycarp, the venerable bishop of Smyrna, when on a visit to Rome, took the opportunity of conferring with Anicetas, bishop of that city, upon the question. Polycarp pleaded the practice of St. Philip and St. John, with the latter of whom he had lived, conversed, and joined in its celebration; while Anicetas adduced the practice of St. Peter and St. Paul. Concession came from neither side, and so the matter dropped; but the two bishops continued in Christian friendship and concord. This was about 158 AD.

Towards the end of the century, however, Victor, bishop of Rome, resolved on compelling the Eastern churches to conform to the Western practice, and wrote an imperious letter to the prelates of Asia, commanding them to keep the festival of Easter at the time observed by the Western churches. They very naturally resented such an interference, and declared their resolution to keep Easter at the time they had been accustomed to do. The dispute hence-forward gathered strength, and was the source of much bitterness during the next century. The East was divided from the West, and all who, after the example of the Asiatics, kept Easter-day on the 14th, whether that day were Sunday or not, were styled Qiccertodecimans by those who adopted the Roman custom.

each, or of 29 and 30 days alternately; that is, of 354 days. To make up the 11 days deficiency, they intercalated a thirteenth month of 30 days every third year. But even then they would be in advance of the true time without other intercalations; so that they often kept their Passover before the vernal equinox.

But the Western Christians considered the vernal equinox the commencement of the natural year, and objected to a mode of reckoning which might sometimes cause them to bold their paschal feast twice in one year and omit it altogether the next. To obviate this, the fifth of the apostolic canons decreed that, 'If any bishop, priest, or deacon, celebrated the Holy Feast of Easter before the vernal equinox, as the Jews do, let him be deposed.'

At the beginning of the fourth century, matters had gone to such a length, that the Emperor Constantine thought it his duty to take steps to allay the controversy, and to insure uniformity of practice for the future. For this purpose, he got a canon passed in the great Ecumenical Council of Nice in 325, that everywhere the great feast of Easter should be observed upon one and the same day; and that not the day of the Jewish Passover, but, as had been generally observed, upon the Sunday afterwards. And to prevent all future disputes as to the time, the following rules were also laid down:

- That the twenty-first day of March shall be accounted the vernal equinox.
- That the full moon happening upon or next after the twenty-first of March, shall be taken for the full moon of Nisan.
- That the Lord's-day next following that full moon be Easter-day.
- But if the full moon happen upon a Sunday, Easter-day shall be the Sunday after.

As the Egyptians at that time excelled in astronomy, the Bishop of Alexandria was appointed to give notice of Easter-day to the Pope and other patriarchs. But it was evident that this arrangement could not last long; it was too inconvenient and liable to interruptions. The fathers of the next age began, therefore, to adopt the golden numbers of the Metonic cycle, and to place them in the calendar against those days in each month on which the new moons should fall during that year of the cycle. The Metonie cycle was a period of nineteen years.

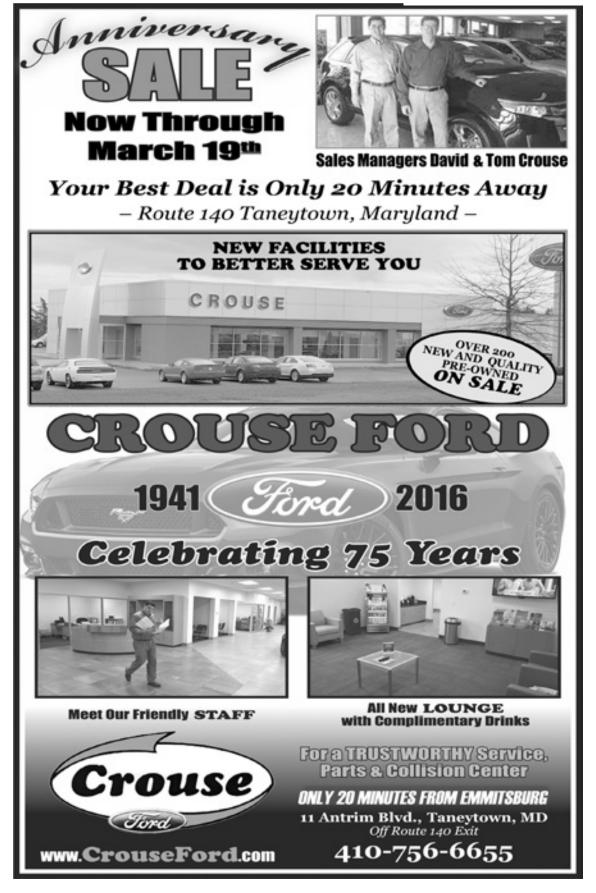
(It had been observed by Meton, an

Athenian philosopher, that the moon returns to have her changes on the same month and day of the month in the solar year after a lapse of nineteen years, and so, as it were, to run in a circle. He published his discovery at the Olympic Games, B.C. 433, and the cycle has ever since borne his name.)

The fathers hoped by this cycle to be able always to know the moon's age; and as the vernal equinox was now fixed to the 21st of March, to find Easter forever. But though the new moon really happened on the same day of the year after a space of nineteen years as it did before, it fell an hour earlier on that day, which, in the course of time, created a serious error in their calculations.

A cycle was then framed at Rome for 84-years for it was then thought that in this space of time the moon's changes would return not only to the same day of the month, but of the week also. In 457 Rome discovered great deficiencies in the 84-year cycle. To correct this deficiency, the churched abandoned the 84-year cycle and adopted a 532-year cycle at the Council of Orleans in 541.

To read other selections for Robert Chambers' Book of Days visit www.thebookofdays.com.



difference of opinion in the Christian church as to why Easter is kept, there has been a good deal as to when it ought to be kept. It is one of the moveable feasts; that is, it is not fixed to one particular day—like Christmas Day, e. g., which is always kept on the 25th of December—but moves backwards or forwards according as the full moon next after the vernal equinox falls nearer or further from the equinox.

The rule given at the beginning of the Prayer-book to find Easter is this: 'Easter-day is always the first Sunday after the full moon which happens upon or next after the twenty-first day of March; and if the full moon happens upon a Sunday, Easter-day is the Sunday after.'

The paschal controversy, which for a time divided Christendom, grew out of a diversity of custom. The churchOne cause of this strife was the imperfection of the Jewish calendar. The ordinary year of the Jews consisted of 12 lunar months of 292 days

THE (retired) ECOLOGIST Winter in an inverted year

Bill Meredith

"O winter, ruler of the inverted year..." —From "The Task," by William Cowper, ca. 1785

T first noticed that I was having L trouble remembering names five or six years ago, and it has now progressed to the point that I don't remember appointments and schedules. In some ways this is an advantage; when you forget that you were supposed to something, it can save a lot of work that probably wasn't necessary in the first place. But forgetting can also put you in peculiar situations where you suddenly realize you've spent the last two hours doing something that has no logical explanation, and you don't remember why you started it.

For example, about a week ago I started wondering what I should write about for March. I decided winter might be a suitable topic, and recalled a chapter about it in an ecology textbook that I could use for background... but I couldn't find the book. Before I retired, my bookshelves were systematically organized by topics and authors, but that was 18 years ago. Books are not just inert objects; they are alive, and

they move around if you don't check on them regularly. I have known them to slide past each other from one end of the shelf to the other, or even jump to a different shelf sometimes. And now, in the place where the ecology book should have been, there was a copy of The Norton Anthology of English Literature.

I had saved old textbooks from my college days, but I didn't remember Norton, so I opened it; and I was right. It wasn't mine; it was my daughter's, evidently left behind after she graduated. Logically, I should have put it back on the shelf, and that would have been the end of the story... but it isn't the kind of book you can just put back. At first glance it is an ordinary-looking paperback, only 5 x 8 inches in size... but it weighs nearly three pounds and has 2,521 tissue-thin pages of small print, covering writings from Caedmon's Hymn, around 680 A.D., to William Cowper in1800. So I did what anybody would do: I sat down, forgot what I had been looking for in the first place, and began skipping through it. After leafing randomly for longer than I like to admit, I came upon a long poem by William Cowper, which contained the following lines:

O winter, ruler of the inverted year,

Thy scattered hair with sleet like ashes filled,

Thy breath congealed upon thy lips, thy cheeks

Fringed with a beard made white with other snows

Than those of age, thy forehead wrapped in clouds,

A leafless branch thy scepter and thy throne

A sliding car, indebted to no wheels,

But urged by storms along its slippery way.

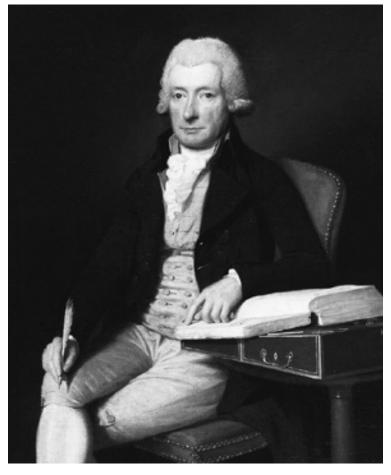
I love thee, all unlovely as thou seem'st,

And dreaded as thou art!

Well! Take away the Biblical Thees and Thous, and what remains is a description of winter that fits as well today as it did 230 years ago. Every line seems to be relevant. I don't know what Cowper meant by "a sliding car" in 1785, but I know from personal experience what it means in 2016.

"Ruler of the inverted year?" I guess it is. There was a time when the calendar began with March as the first month, and the months had numbers instead of names; we still use some of them. The name of September is derived from the Latin word for "seventh month;" October, November and December are from the Latin for 8, 9 and 10. Early on, the Romans changed some of these numbers for the names of gods or emperors. March was named for Mars, the Roman god of war, because in that month the weather allowed the roads to become passable so armies could march. And, of course, July and August were renamed to honor the Emperors, Julius and Augustus Caesar. So March could have been either the end of "the inverted year" or the beginning of the new one, and ecologically its weather still keeps that pattern.

Ecological winter often be-

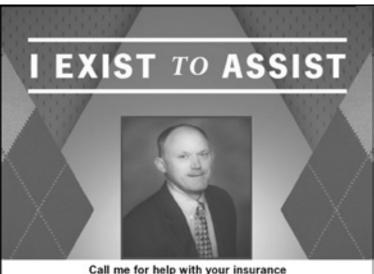


William Cowper was an English poet and hymnodist. He was one of the most popular poets of his time and changed the direction of 18th century nature poetry by writing of everyday life and scenes of the English countryside.

with El Nino carrying on like it is, there's no telling when winter weather will end. The birds are certainly confused. They started migrating south as usual last fall, but because it stayed warm, a lot of them stopped somewhere up in Pennsylvania; except for a few strays, the pine siskins, whitecrowned sparrows and purple finches still haven't arrived at my feeder. At the Winter Solstice, December 22, the day was 9 hours and 24 minutes long; today (my wife's birthday), it was 11 hours and 4 minutes long, which is a change of an hour and 20 minutes in photoperiod. My wife probably hasn't noticed that, but wild creatures have. The downy woodpeckers at my feeder began courting last week, chasing each other up and down the plum tree; goldfinches are sprouting a few yellow feathers here and there; and male squirrels are starting to wag their tails seductively whenever a female tion for the snow after it has been blackened by traffic. In Cowper's time, it was literally a time to be dreaded; many of the poor in both cities and farms died of exposure or malnutrition when fuel and food became scarce, and that still occurs among the homeless populations of our cities. When I was younger, I actually enjoyed the challenge of driving in snowy conditions; now, I don't exactly dread it, but it certainly isn't fun any more.

Cowper's descriptions missed me in one respect: when I look into the mirror, I see a beard made white by age rather than snow. The accumulation of winters may account for what I see there, but not jut one winter itself; that is as it has always been. We adapt; we survive; and we hope. Looking out the window, I can see each tree bearing leafless scepters; but I can also see buds enlarging on the maples, and I can tell that, in its own good time, winter will pass. Enjoy

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IN THE COUNTRY

Zika-chu

Tim lverson Naturalist

In the cover page of what is largely regarded as the definitive repository to all things knowable is inscribed the phrase "Don't Panic." Sage words proffered from the fictional Hitchhikers Guide to the Galaxy, but relevant all the same. Currently much of the South American continent is embroiled in a viral epidemic being delivered by a pest making courtesy house calls. While the Zika virus is worthy of our attention and merits serious discussion, reason and verifiable treatment approaches should be the number one concern of public health and governmental officials.

A number of methods are being deployed or being considered to combat the viral epidemic, but should the scientific or world community rally behind all of these options? Vector borne illnesses aren't just confined to mosquitoes of South America - we have some right in our backyards too. In the United States we may not have the Zika virus, but you can find other vector borne illnesses like Lyme disease, Chagas disease, West Nile Virus, and Hantavirus. Informed response dictates the most successful reduction of infection. Just because we have weapons in the arsenal doesn't entitle authorities to utilize them all. Reasoned, measured, and scientifically verified approaches will provide the best defense against these and other threats.

Vector borne diseases are diseases that rely on other organisms (like mosquitoes, ticks, mice, etc.) for transmission of the pathogen to other animals. In the case of the Zika virus (or other mosquito borne diseases) only females can transmit the virus, because only female mosquitoes bite humans. They rely on blood to produce eggs. The mosquito feeds on blood and at some point comes into contact with virally infected blood. The virus travels to their gut and through their circulatory system to their salivary glands. Mosquito saliva contains an anticoagulant which is injected into its victims to prevent blood clotting in their proboscis. When the anticoagulant protein is injected into the victim the virus is spread simultaneously. This is how mosquito borne illnesses are spread. Until recently Zika virus has been relatively unremarkable. It was first discovered in Uganda in 1947. Symptoms develop within a few days of infection and are generally mild. Symptoms include fever, rashes, muscular pain, headache, fatigue, and conjunctivitis. They usually subside in two to seven days. For treatment doctors recommend rest, drinking plenty of fluids, and taking other common medicines for the joint/muscle discomfort. Because the symptoms have historically been so

mild and short lived there hasn't been any great effort to research a vaccine.

Zika is spread by the Aedes aegypti mosquito. This little pest phenom generally feeds during the day, thrives in urban areas, and can lay eggs in an amount of water as small as a bottle cap. The mosquito and virus has been found widely throughout South and parts of Central America, but originally hails from Africa. Only confirmed Zika cases in the United States are from people who have travelled to affected areas. No Zika infected mosquitoes have been found in the continental United States, but this mosquito can be found in parts of the US (even as far north as DC in warm summer months). While not a new virus, concern suddenly arose from statistically significant increases in cases of Guillain-Barré syndrome (an autoimmune nerve disorder) and microcephaly (birth defect). This occurred at the same time as a large increase in ZIka cases. The World Health Organization (WHO) and the Center for Disease Control (CDC) have stressed that there is not a definitive link between the Zika virus and and these health conditions. The WHO state, "Agencies investigating the Zika outbreaks are finding an increasing body of evidence about the link between Zika virus and microcephaly. However, more investigation is needed to better understand the relationship between microcephaly in babies and the Zika virus."

Efforts to combat potential epidemic and further outbreak rely largely on simple, yet effective, prevention methods. WHO and CDC health officials urge the use of long pants/sleeves, insect repellent, staying indoors, use of mosquito netting to reduce risk of exposure, and emptying or draining standing water to prevent reproduction. In many spheres cries for the reintroduction and use of the chemical DDT are growing louder. Proponents for the use of DDT often frame the debate that environmentalists care more about birds than they do people. Ad hominem attacks like that are not only misleading, but are fundamentally wrong on the subject entirely. DDT was widely used in the early 20th century as a pesticide, but was banned in the United States in 1972.

Many other countries followed suit over the following years. There is precedent for limited and restricted use since the ban. The ban was implemented over human, agriculture, and wildlife health concerns - most notably thinning eggshells causing a tremendous loss in bird populations. Even as recently as 2005 CDC tests indicated that chemical residue from DDT was found in almost all human blood samples despite a ban 30 years ago. Using DDT to combat this epidemic just isn't a reasonable or effective option. A recent Newsweek article summed up the point perfectly, "According to Joe Conlon, a technical adviser to the American Mosquito Control Association and a former entomologist with the U.S. Navy, using DDT to control Zika is a terrible idea. 'DDT seems like a silver bullet, but it isn't.'...Conlon says the Latin American countries where Zika is blooming now used DDT heavily in the 1960s to kill off the Aedes aegypti, which also carries diseases like dengue and yellow fever. It worked, but the mosquitoes in the region developed robust resistance to the pesticide, which may still be lingering in the population.

DDT resistance lasts a long time, he says, because the chemical persists in the environment so long. If you spray a wall with DDT today—a method commonly used because mosquitoes are known to rest on walls a moment after having a blood meal-it could still be coated by DDT in 20 years. The mosquito population continues to be bombarded by the chemical, so the resistance shows up in every subsequent mosquito generation. And even if the mosquitoes aren't already resistant, they will be. It only takes a 'few



The Zika virus is transmitted to people primarily through infected mosquitoes, which lay eggs near standing bodies of water. Mosquitoes become infected when they feed on a person already infected with the virus. Infected mosquitoes can then spread the virus to other people through bites.

generations' of mosquito to develop resistance, and when an Aedes mosquito's life span is about 10 days, that's not long at all. Conlon speculates mosquitoes could develop resistance within a year. 'What's even worse, resistance to DDT can stir cross-resistance to the other pesticides we use, like the pesticide we use to treat bed nets, to fight malaria."

A more effective approach may be the introduction of genetically modified mosquitoes, and it is currently being evaluated by the WHO. Clinical trials have been conducted in other areas of the globe with success. Essentially sterile males would be introduced into the environment, which would slow the reproduction rates. By watering down the supply of viable mating males reproduction would exponentially slow thus slowing the rate of infection to the human population. Field trials in the Cayman Islands show sharp declines in the mosquito population there, and is promising for potential use in Brazil.

way in Brazil is genetically altering the DNA to cause mosquitoes to die off before breeding age. Some field tests show up to a 90% decline in mosquito populations. This is a steep decline and they are an invasive species, so this would in essence help to bring back the balance of the natural ecology of the region. It is important to remember that Zika virus is relatively mild and many cases never develop symptoms at all. Additionally, the connection between microcephaly is still unsubstantiated. The Aedes aegypti mosquito is a known transmitter of very serious diseases such as Dengue Fever. The mere potential for birth defects and more serious disease is cause enough to act. As responsible scientists, governments, and people we must not jump to conclusions - rather target our approaches to utilize tools in the toolbox that are known to be empirically safe and effective.

To read other articles by Tim Iverson, visit the Authors section of Emmitsburg.net

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REAL SCIENCE

Water resource contamination

Michael Rosenthalt

The news has recently broken a sto-I ry about a drinking water contamination crisis in Flint, Michigan, affecting some 100,000 residents. The villain in the water supply is lead. There is no safe level of lead exposure, and lead poisoning leads to brain damage and behavioral disorders, especially when exposure is to children. The cause in this case is that the city switched its water supply in 2014 from Lake Huron to the Flint River to save money, sending the water through lead pipes. The change was deemed temporary, but it took longer to develop the new supply line than planned. Due to the composition of the Flint River water, lead was leached from the pipes into the water. Though lead passes through the body fairly quickly, lifetime damage can be done, especially to small children. Lead only stays in the body for about 30 days, but it's physical consequences may not be obvious for 3-5 years, but it can cause lifelong damage to the brain in that time.

The switch was supposed to be temporary while a new supply line was built from Lake Huron. The water, according to federal law, should have been tested. When it was finally tested, it was found to contain 19 times more lead than the Lake Huron water. The realization of this problem came when a local pediatrician sounded the alarm after she noted the symptoms of lead poisoning in a number of local children less than six years of age. On January 16, President Obama signed an emergency declaration for Flint that allows federal aid for items including water, filters, and cartridges for 90 days as well as for other direct federal funding. This story evokes the memory of our earlier story about PCBs in the Hudson River, and the places along the Hudson that drew their drinking water, especially Poughkeepsie, New York,

from the Hudson River. Recently, high levels of PCBs have been detected in the fat of ocean species even though PCBs have been banned for many years.

This story recalls an older story from the 1970's - The Love Canal Pollution Crisis. Love Canal is an aborted canal project branching off the Niagara River, four miles south of Niagara Falls, NY. Adjacent to the canal was a fifteen-acre working-class neighborhood of about 800 single family homes. From 1942-1953, the Hooker Chemical Company used the partially dug canal as a chemical waste dump. Does this seem shocking? Well, the process had government sanction!

When the period ended, some 21,000 tons of chemical waste had been discharged into the canal, including twelve known cancer-causing chemicals. At the end of this period, Hooker capped 16 acres in clay and sold the land for \$1 to the Niagara Falls School Board.

Things were quiet until the late 1970s when it became evident that the neighborhood had an abnormally high rate of illnesses, such as epilepsy, asthma, migraines, and nephrosis, as well as abnormally high rates of miscarriages and birth defects. Several consecutive wet winters in the late 1970s had raised the water table and caused the toxic chemicals to enter into the basements and yards of local residents and into the playground of an elementary school built directly over the canal.

When these facts became known, activists, most of them working-class women from the neighborhood, began raising their concerns, but were largely ignored by New York State officials. In 1978 President Jimmy Carter declared a state of emergency, and the federal government relocated some 239 families from the area. The controversy continued because another 700 families were denied relocation, even though testing showed that toxic substances were leaching into their homes. President Carter declared a second state of emergency in 1981, and the remaining families were relocated at a cost of \$17 million.

A positive result is that Love Canal and other such incidents alerted the American public and the government to the need for more control over environmental abuse, and new legislation was passed at state and federal levels as the level of consciousness was raised. Such legislation included the 1980 Comprehensive Environmental Response, Composition, and Liability Act (CERC-LA), also known as The Superfund Act. Hooker Chemical had become a subsidiary of Occidental Petroleum. Because CERCLA contained a retroactive liability provision, Occidental was held liable for cleanup of the waste, even though they had not broken any current laws. Occidental was sued by the Environmental Protection Agency, and in 1995 agreed to pay \$129 million in restitution. Many resident lawsuits were also settled as a result of the act. This event and others like it fueled environmental activism across the country. Love Canal was not an isolated case. Many other chemical dumpsites had been created.

Events such as these had a major impact on my consciousness, and then on my career direction and my community activities. I went to Bard College with my family to Dutchess County, NY, on the Hudson River between Poughkeepsie and Albany in 1965 as a chemistry professor, but my professional interests also evolved into environmental science, environmental management, and environmental activism. I saw it as part of my professional duty to be a responsi-



Love Canal is one of the most appalling environmental tragedies in American history. But that's not the most disturbing fact. What is worse is that it cannot be regarded as an isolated event. It could happen again--anywhere in this country--unless we move expeditiously to prevent it.

ble community member and not a reactionary activist. In addition to teaching environmental issues, I served on and chaired the Dutchess County Environmental Council, served on a number of regional citizen's advisory groups, and studied water quality in the stream that passed through the campus and flowed into the Hudson River. We drew college drinking water from this stream, and we discharged the college's treated waste into it. I wrote on environmental issues for two local newspapers much like the Emmitsburg News-Journal.

To close, let's have some good news. In late December the Senate passed the Microbead-Free Waters Act, banning in the future the use of the tiny plastic beads in beauty products that can pollute waterways and endanger marine life. The House of Representatives had already passed a similar bill, and President Obama signed the reconciled bill into law as the Microbead-Free Water Act of 2015. Microbeads are tiny plastic spheres used as exfoliants in face wash, toothpaste, deodorant and other beauty products. Our wastewater treatment plants cannot handle these tiny beads, and hence they are passed on into our waters. Researchers have found that as many as 8 trillion microbeads find their way into the environment in the United States in a single day! And that's only 1 percent of the total microbeads discharged each day. The other 99 percent end up in sewage plant sludge, which is often used in fertilizer on farms. Since microbeads do not biodegrade, they end up in streams and oceans...and in aquatic animals' stomachs. Manufacturers have until 2017 to fully eliminate them from their products.

To read past articles by Michael Rosenthalt visit the Authors' section of Emmitsburg.net.





THE VILLAGE IDIOT

Overcoming myself

Jack Deatherage, Jr.

W and our archery team captain watched me slam four sets of three arrows each into the bulls-eyes of a 3-spot target twenty yards away. Nine of the arrows were within the tiny X-ring within the bulls-eye. So much for my warming up before shooting a league team score. My official first three arrows were all two rings out from the bulls-eye!

"You're one of those guys?" The team captain remarked as he scored my shots. He wasn't being critical, he needed to know if I understood what I am.

When I allowed it's a mental thing he nodded and began suggesting ways for me to overcome this aspect of myself. I eventually mastered myself to the point where a new barrier to perfection popped up and terminated my goal of a perfect score. I wasn't willing to do the physical exercises needed to build enough strength to hold the bow steady for the forty-five bulls-eyes needed to peak at the game.

Having been like this since childhood, I've become used to not doing my best. Occasionally I become uncomfortable when I begin to pursue a new interest and I hit that point where I either have to quit, or overcome this mental barrier. (Bread building and mead making are interests I've pursued to the point where I see perfection, but just as with archery I have no desire to put forth more effort to achieve it. I'm mostly content to nibble and sip around the edges of perfection.)

Writing, or whatever it is that I do for this journal, has been a lot like my shooting warmup arrows before the game begins in earnest. There are rules, forms, and style, but as I'm not paid to perform I tend to ignore them. The editor always has better pieces to fill the gap should I grow tired or choke. The pressure to perform has been always what little I apply to myself.

The game begins in earnest

repairs and what they each cost. I'm only trembling a little. I did manage to charge the batteries for my camera and remember to take the camera with me along with two pens and a notebook.

But the statue isn't in Mr. Casteel's shop! It's at a foundry in Baltimore! (Ain't nobody paying me enough to drive to Baltimore.) I begin the interview and suspect Mr. Casteel doesn't need me telling him I don't know what I'm doing. He graciously endures my babbling and explains how our Doughboy was made using the "lost wax process", the basic principles of which "haven't changed much since the time of Christ."

I manage to inquire about the damage done to our statue, both from the accident and its having to be moved a couple of times to where he can work on it.

"Surprisingly, very little." He tells me. "Some of the welded, or soldered seams were opened in the fall", but nothing that isn't readily fixable with some minor positioning.

"Did you know the statue wasn't bolted to the stone? A pipe embedded in the stone ran up into the statue. We've made a base plate to securely attach the statue to the new stone." Mr. Casteel thought this would be a barely noticeable improvement. "We'll have your statue back in place as early as March first, weather allowing. Barring future accidents it should last another lifetime."

I fumble around the cluttered attic that is my mind and trip over a \$40,000 question. How does the restoration break down cost wise? (A Pulitzer I am not.)

"Much of the expense is the granite base. It usually is." A life size, newly cast statue, mounted on granite, costs upwards of \$100,000. (A quick search of the internet turns up granite costs, from the quarry, are upward of \$600 a cubic meter.) "I had to order new granite cut for the base. As time, weather, pollution and vehicular damage had changed the stone I couldn't reuse what little had been undamaged by the accident. It would have been too much of a contrast with the new stone."

Lamenting the absence of the statue for my photo shoot Mr. Casteel offers one he took of the statue loaded into the bed of his pickup truck for its journey to the foundry.

"Your readers might find it interesting to know that some people stopped what they were doing as I drove through their towns and they saw the statue. I was surprised at how many of them saluted as I passed by them." Not everyone has forgotten what the Doughboy represents.

We talk a bit about a general lack of interest in America's history, not only among today's youth, but the population in general. I thank Mr. Casteel for his time and patience, pet his dogs and try not to run for my car.

"Idiot!" My always cheerful self howls at me. "Who taught you to take notes? Can you even read the scratches you managed? Gibbering monkeys could ask more cogent questions than you did!" I make a note to look into acquiring a gibbering monkey to accompany me on my next interview.

Gods, I'm planning a next interview?

Yes, I am. Just as I drew and released the first arrow in high school in 1971, never expecting to hit the target (let alone the bullseye), I didn't expect this first interview to go well. Nor did I expect the crafting of a feature article to actually happen. What I did expect was to learn a few things.

First, I need to study up on interviewing techniques. Second, I need an audio recording device as I cannot rely on memory or my



As the Doughboy was on its way to the foundry for repairs, many people saluted it as it passed by. The Doughboy will return to Emmitsburg in early March and be placed back on the pedestal it so proudly stood upon for close to 89 years.

scribblings. Third, there is a formal set of rules for feature writing. I need to learn them before I can abandon them!

To read past editions of the Village Idiot visit the Authors section of Emmitsburg.net.



when the editor asks me to write feature articles, for pay. DW urges me to do it, "We need the money." I agree to take a stab at it. A twelve hundred word limit. An article every other month. (I have to keep writing The Village Idiot.) I can pick my own victims, I mean subjects, though I have to take assignments as well. My first article is an assigned subject. The restoration of the Doughboy monument.

I can do this. I step up to the line and mentally draw the bow. And the brain goes wacky-doodle. I overcome, and contact Gary Casteel, the sculptor/monument maker restoring our Doughboy. He agrees to let me interview him. I head off to Gettysburg with instructions to get pictures of the statue and an explanation of the



PETS

Fate

Jennifer Vanderau Cumberland Valley Animal Shelter

For the most part, I like to think I'm pretty practical, pragmatic and all the other "p" words that mean level-headed. Sure, I can get as nutty as the next person from time to time, but I like to try to maintain a certain amount of reason and logic.

There are so many people laughing as they read this right now, I know it, but try to hold back the guffaws. Calm down, mom and dad, I'm going somewhere with this.

Every once in a while, my downto-earth side take a bit of a back seat and I wonder about something a bit more theoretical, and I find myself seriously considering the concept of fate and predestination.

One of my favorite movies is Kung Fu Panda. There are so many lessons to be learned from it and I can't wait to see the third installment of the franchise. As we read in Renee Lehman's Complementary Corner article a few months back about lessons from Master Oogway, one of the famous saying from the movie is "there are no accidents."

Master Shifu would continue to insist that events that played out around the group were nothing more than accidents. In his calm, rational manner, Master Oogway would counter with a simple, "There are no accidents."

Things, therefore, happen for a reason. Some great, cosmic plan, while we may not be aware of it, is, indeed, unfolding around us.

On the other hand, my dad, a retired chemistry teacher, tells me that life is pretty much just luck and chemistry. Being in the right place at the right time (or wrong, as is often my case) and your DNA and cell structure of your body pretty much determines what will happen to you. Everything, therefore, really is random.

I imagine our existence falls somewhere in the middle of the two theories.

But there are moments, especial-

ly working at animal shelter, where I have to think maybe there's more going on than meets the eye.

I think of all I've learned from the animals who have crossed my path over the years. Forgiveness. Resilience. No judgments. Joy. A devilmay-care attitude.

Sometimes I learned these lessons at the exact moment I needed them. Coincidence?

Then there are the people I've met in my travels. The conversations I've had. The gamut of emotions I've experienced.

Just the other day, one of our amazing supporters who has helped us for years came to pick up the remains of her beloved dog and when she saw me, I just opened my arms. We held onto each other and she cried and I told her I know the pain and how hard it is.

Shared experience. A common bond over a painful goodbye.

It's powerful stuff.

I think of the people who donate to us every, single month, without fail, and actually ask that we don't send an acknowledgment to them. They want us to spend the money on the animals, not mailing notes to them.

They usually pop up with a donation just at the second I'm believing there is no good left in the world – and I smile because right in front of me is proof that there's good all around us.

We have adopters who come by to visit with the animals they have saved and some days, it's at exactly the right time and we remember why we do this job.

I think of the animals I've known and had to let go and how different my life would have been had they not been in it. I have to wonder, were they meant to cross my path? Pooh and Toonie, Pinky and Fluffy, Grinch and Trudy and Max and Blaine and Eli and Lupi and Honey Bear and Lacey.

All those names have a memory attached. I can still see them and hear them in my mind's eye and it gives me a bittersweet feeling of peace to know that they've touched who I am.

We've had people who've come to adopt at the shelter, but haven't been able to get the pup or cat they wanted because someone else had an approved application before them. I've often suggested that it's possible they were meant to adopt someone else. That this wasn't the animal they were supposed to save. The one for them will arrive somewhere in the future.

There really could be something to that.

I think of all the people I've worked with in the last 14 years and all the lessons I've learned in that time and I wonder, would I have learned the same thing if these people hadn't been in my life? Would I be the same person?

I can honestly say, I don't know.

Was everything that has happened in my life to this day supposed to happen because I needed to see something, learn something, know something, realize something about myself or others or the world around me?

Heavy stuff to ponder, but it does tend to make the day to day irritations and mishaps and bothers a bit easier to handle. The big picture can do that for you.

If everything really does happen for a reason, then you have to wonder – even during times we would label as "bad" – were you meant to experience it and how it is supposed to change your beliefs or understanding or life?

Does fate play a hand in our lives? Are we more than just blobs of energy traversing through the cosmos?

I do believe it's possible. So the next time you're frustrated or angry or ready to pull your hair out or laughing or crying or having the best time of your life, look at the people and animals around you and consider, just for a moment, what you are learning and the concept of meant to be.

Jennifer Vanderau is the Director of Communications for the Cumberland Valley Animal Shelter and can be reached at cvascomm@cvas-pets. org. The shelter accepts both monetary and pet supply donations. For more information, call the shelter at 717-263-5791 or visit the website wuw.cvaspets.org. CVAS also operates thrift stores in Chambersburg and Shippensburg. Help support the animals at the shelter by donating to or shopping at the stores.

> petco foundation



Juicy was born at the shelter in June. After foster care, Juicy and his siblings came back looking for homes; he's the only one who is still looking. Juicy is a 7-month-old brown tabby fellow. He is super sweet and actually tough to get a picture of because he just wants to love and rub against the camera! Juicy needs to be out of a cage and into a home. Can you help him?



Foxy is a 9-month-old pitbull mix who came into the shelter as a stray. She's a gorgeous brindle color with pretty eyes — and look at those ears! We don't have a lot of information on Foxy and she can be a little shy when she first meets someone, but once she gets to know you, that tail just won't stop wagging. Could you be the one to show Foxy what a forever home is all about?



Before humans die, they write their last Will & Testament, give their home & all they have,

to those they leave behind. If, with my paws, I could do the same, this is what I'd ask

To a poor and lonely stray I'd give:

- My happy home.

- My bowl & cozy bed, soft pillows and all my toys.
- The lap, which I loved so much.
- The hand that stroked my fur & the sweet voice which spoke my name.

I'd Will to the sad, scared shelter dog, the place I had in my human's loving heart, of which there seemed no bounds.

So, when I die, please do not say, "I will never have a pet again, for the loss and pain is more than I can stand."

Instead, go find an unloved dog, one whose life has held no joy or hope and give MY place to HIM.

This is the only thing I can give... The love I left behind.

-- Author Unknown



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PETS

Traveling with pets

Kimberly Brokaw DVM Walkersville Vet Clinic

raveling with pets adds an additional challenge as opposed to traveling without them. Not only do you have to worry about their food, water, and excrement, but also how they will behave when stressed. I have had several clients that have asked the pros and cons of flying somewhere with their pet versus driving. While flying is usually faster, at least when you drive, you can stop the car and clean up if the pet has gotten motion sickness. Sometimes flying is necessary. When flying out of state, not only will you have to comply with the health certificate requirements of the destination state but also with the requirements of the airline. Each state, as well as airline, can have different requirements. Traveling out of the country with a pet adds its own challenges. Some countries require blood tests and serial vaccinations as well as parasite treatments in addition to their own, often very complicated, health certificates. These health certificates often require signatures of both the animal's usual veterinarian as well as an official state or military veterinarian. The preparation for flying your pet to a foreign country can sometimes take months.

Airline requirement for travel are usually stated on their websites. For example, United Airlines requires that a pet's kennel or crate conform to IATA and USDA regulations. United will not accept pets who have been sedated. They recommend that small dogs and puppies be carbohydrate loaded by feeding Karo syrup or honey for 24 hours before departure. If a dog's blood sugar becomes low during travel, seizures or death can result. Delta Airlines will not accept certain breeds of dog in cargo, as bull dogs and other dogs with similar facial shapes are more prone to overheating. Airlines will usually not accept dogs in cargo if the weather is predicted to be hot or cold at the originating or destination airport. Some airlines will not accept any pets for travel as cargo. A health certificate, issued within 10 days of travel, may be required by the airline.

of advantages. The cabin is climate controlled. You are close by to continuously monitor your pet's health. Unfortunately, for bigger dogs, traveling in the cabin with owners is not permitted. The exception to this rule is for service dogs. Service dogs have a different set of rules about flying in the cabin with their owners. If you are planning on taking a service dog in the cabin, be sure to check the airline website and to have the proper documentation of the dog's status as a service dog. If you are thinking about having your pet in the cargo area, do a Google search about pet travel. Many dogs have escaped from their cages, never to be seen again. Sometimes, there are unpredictable delays and the airplane cargo hold becomes too hot, leading to the death of the pet. If, during flight, the cargo smoke detector goes off, the pilot must activate a fire suppression system that will kill your pet. Air travel with pets is not without risks.

If you are traveling by car, bring plenty of food and water for you pet, as well as a bowl, leash, and harness for use at your stops. If your pet gets carsick, see your vet for some carsickness medication.

Although you are not likely to be stopped and asked for a health certificate when traveling by car, you are technically required to have a health certificate for most interstate travel. Check the state websites of the states you will be traveling through to find each state's requirements. Your pet can travel by car, even if you chose to fly. Dog breeders often use professional shippers to send their dogs to shows. This is an option if you need to get your pet somewhere, and you are not able to do the driving yourself.

One of my clients had recently married and she and her husband were moving across the country. Her beloved cat "Fatty-Pants" aka "Pudge" was to accompany her. While they weren't moving until spring, Pudge's owner had start-

stead of the cargo hold, has a lot el and even though she new she had months to prepare, was quite anxious about the entire ordeal. She brought Pudge in one carrier, but had brought a second one that she thought would be more comfortable for airline travel under the seat. The new carrier was approved by the airline yet Pudge didn't want to go in and his owner was distraught. She was hoping that I could give him a sedative not only for the flight but also so he would go in the carrier. Pudge was sitting quietly on the table while I examined him and filled out his travel forms and vaccination records. When I finished his exam I picked him up and calmly placed him in the new carrier. He walked in with no fuss and immediately lay down and stared out the carrier door and watched us. The aunt was laughing as she watched Pudge's owner fret about how Pudge would never walk into the carrier for her and voice her concerns to me about various modes of travel. The aunt suggested that the owner take Pudge's sedative or go to her doctor for some Prozac and that would likely solve all the problems. The aunt even offered to keep Pudge at her house for a few months until her niece got settled. Pudge had originally belonged to the aunt but after the niece had moved in with her, the cat had transferred his affections to the niece and had become her cat.

> Pudge aka Fatty-Pants was actually named after my client's uncle. Her uncle had been a prominent member of the Emmitsburg chapter of the Former Former Boozers Association, and following one of their meetings had come home and told his wife that either the new kitten had to go or he would go. Not only did the cat stay, but he was given the uncle's nickname as well as the uncle's favorite chair. which now doubles as a scratching post. My client was also making travel arrangements for Pudge's chair. While it was quite worn and torn up, it was still the cat's favorite,



A good first step in any preparation for traveling with a pet is to get a health certificate. Although you are not likely to be stopped and asked for a health certificate when traveling by car, you are technically required to have a health certificate for most interstate travel.

so would be accompanying them to their new home.

While Pudge's owner had jokingly contemplated sending the cat in the moving van with his favorite chair, she new that flying was the better option. The drive would take multiple days but the flight would be under a day of travel, even if it was going to be a very stressful day. The airline had advised her that she would also have to take Pudge out of the carrier and walk him through security while the carrier was run through the luggage scanner. Pudge's owner had nightmares about him jumping out of her hands and running through the airport with her unable to catch him. While I reassured her that the sedative would help calm Pudge, he should also be wearing a harness so that if he did jump out of her arms, she would still have him on a leash. While she had made a request for a private room for security screening, no one from the airport had guaranteed her that her request would be accepted.

At the end of our appointment, I hoped Pudge's owner felt more comfortable flying with her cat. She had a copy of his vaccination record, a health certificate, a veterinarian completed airline pet travel form, as well as several feline sedatives. We had reviewed the pro's and cons of sedation for travel. I'd also demonstrated how to put a harness on Pudge, as well as gotten him to calmly walk in his new carrier. The aunt laughed as her still anxious niece asked if she could make an appointment on the day of her flight to come in and have me give Pudge his sedative and put him in his carrier.

Travel with pets can be done, but requires a lot of thought and preparation. With good preparation, your pet can arrive safe and sound at your destination.

To read other articles by Dr. Brokaw visit the Authors section of Emmitsburg.net.

Traveling with pets in the airline cabin, under your seat, in-

ed preparations in the winter. She was still trying to decide whether it would be best to drive the cat across the country or fly.

When Pudge's owner came into the clinic, she was accompanied by her aunt. She was very apprehensive about the trav-

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THE MASTER GARDENER

Prepare for spring!

Mary Ann Ryan Adams County Master Gardener

Look for spring ephemerals! Take a walk in the woods – trillium, spring beauty, trout lily, Virginia bluebells are beginning their season, and they don't last for long! Spring ephemerals simply are plants that bloom, set seed and disappear by May – a very short presence, but beautiful and worth seeing.

When the trees push the season's leaves, expect to no longer see the spring ephemerals. These plants are unique in that they take advantage of the early spring sun before leaves grow on trees and shrubs to complete their life cycle/produce seeds, for next year. Many of these wildflowers are available for our shade gardens from nurseries. Now is a good time to buy them, as they begin to emerge in the pots. Plant these sweet ephemerals in a shady location rich in organic matter.

Plant early spring vegetable crops. Plant lettuce, peas, spinach, potatoes, and perennial crops like rhubarb and asparagus outdoors. As March progresses, the weather could either be warm and dry, or wet and cold. However, typically in this area early spring crops that can handle the cooler temperatures can be seeded outdoors by mid to late March. Keep in mind, though, that if the soil is too wet, more damage can be done than good. Walking, tilling, or digging in wet soil will cause a breakdown in soil structure, cause clumping and compaction, none of which are conducive to good growing.

But if the soil is ready to work (not too wet), pull all the winter

weeds, clear any debris from last season and plant seeds like lettuce, spinach and peas. Seed potatoes can also be planted as well as the perennial crops like horseradish, rhubarb and asparagus.

When planting spring greens, be sure to read the package. It's important to know if you are growing head-type lettuce or leaf lettuce. As the plants germinate, some seedlings will have to be thinned to get good development, depending on the type being grown. Head lettuce and romaine do best if started in the garden as transplants. Sow those seeds indoors now for transplanting in the garden once the danger of a hard freeze is over.

Rhubarb, asparagus and horseradish can be purchased as roots now. When planting these crops, remember they are perennial, so locate them where they will not have to be moved anytime soon. Mulching is always a good idea to help control weeds and hold in moisture. Since these are perennial crops, take advantage of the textures of these plants and intermingle them in your sunny perennial borders. The big leaves of rhubarb and the ferny foliage of asparagus look great in any garden. These vegetable plants get quite large, so allow plenty of room for them to grow.

Turn compost. Now that winter is over (hopefully), take some time to turn the compost. If you are anything like me, the food scraps have been "piling" up on top of the heap. Grab the pitchfork and get the winter scraps turned under. I'm certain the winter has made some great garden compost for this season!

Cut back grasses. Ornamental grasses are often left alone through the winter months. The color of the leaves and the flowers give texture to the winter garden. However, as the days get longer and temperatures begin to rise, so does new growth. On a warm March



As March progresses, the weather could either be warm and dry, or wet and cold. However, typically in this area early spring crops that can handle the cooler temperatures can be seeded outdoors by mid to late March.

day, find those clippers and cut the grasses back before the new growth begins.

Pull perennial weeds and winter annual weeds. Winter annual weeds can be quite a problem in our landscapes. These seeds germinate in the late summer/early fall – just about the time many folks get tired of gardening for the season. They remain as a rosette of leaves throughout the winter than begin to bloom and set seed in the spring. The trick to controlling these weeds is to pull them prior to bloom time. March is a great month to "weed" out these nuisance plants. Perennial weeds may also begin to show their nasty leaves. Getting an early start on weeding will help in weed control as the season progresses.

Prune dead, diseased and dying branches from trees and shrub. Before the leaves begin to cover the trees and shrubs, the plant structure is easily seen. Snow and ice can cause branches to break. The best thing you can do to keep trees or shrubs healthy is to cut out the broken branches. Also any branches that are dead or appear to be dying should be cut out.

Proper pruning cuts are imperative to a healthy plant. Never cut into the branch collar, but always cut just outside the collar. (The the branch where it attaches to the branch it's growing from.) If you are interested in learning more about pruning, attend the Pruning Workshop on Tuesday, March 22 at 6:30pm at the Agricultural and Natural Resource Building, 670 Old Harrisburg Road, Gettysburg. To register or for more information, call 717-334-6271.

collar is the visible ring around

Trap voles. After the snow melts, we can easily see the trails the voles made through the winter months. Voles are rodents that feed on roots of plants or around the base of plants like bark of trees and shrubs. Moles, however, feed on insects in the soil and may be considered beneficial as they help control grubs. Snap traps bated with peanut butter or apples placed around the plants where the voles are feeding will help to control them. Repellants are available that can be used on the base of the plants to help keep these damaging critters away.

Fertilize houseplants. As the days grow longer, houseplants begin to push new growth. March is the time to begin to fertilize plants to supply the needed nutrition they need to be healthy. Houseplants are grown in soilless mixes, which are nutrient poor. Therefore we must supply those nutritional needs. There are many houseplant fertilizers on the market, from organic to chemical, quick release to slow release. If the plant has a nutritional deficiency shown by the coloration of the leaves, a quick release fertilizer may be the answer. It will quickly be taken up by the plant fixing the nutritional problem. If there is no visible nutritional deficiency, a slow release fertilizer may be a better choice, as it will last much longer in the soil and slowly be taken up by the plant. Take advantage of gardening workshops and seminars that happen throughout the region. Penn State Extension and University of Maryland Extension offer many classes to help you become a better gardener. Think spring and enjoy the garden!







To read other gardening articles visit the Gardening section of Emmitsburg.net.

THE MASTER GARDENER

Becoming a Master Gardener

Have a love for gardening? Want to meet people with gardening interests? As a Penn State Master Gardener you will be trained in horticulture by Penn State Extension Educators. The training consists of topics such as Botany, Plant Propagation, Plant Diseases and Insects, Native Plants, Vegetables, and additional horticulture topics totaling 16 classes. Upon completion of the course, the Master Gardener trainee must dedicate 50 hours of volunteer hours to the Penn State Master Gardener program in Adams County throughout the following year and 20 hours thereafter to maintain their Master Gardener status.

A Penn State Master Gardener not only learns research based horticulture practices and environmental stewardship, but also meets new people with the same gardening interest and develop life-long friendships.

Some volunteer opportunities include teaching youth about gardening, presenting adult gardening classes, gardening in the demonstration gardens, participating in the Penn State pollinator research program, and many more.

Classes begin Wednesday evenings August 10 through January 18 from 6pm – 9pm. The first nine classes are located at 670 Old Harrisburg Road, Gettysburg with the last seven at the Franklin County Extension, Franklin Farm Road, Chambersburg. The fee for this course is \$200.00, which includes the training manual, handouts and worksheets.

If you are interesting in becoming a Penn State Master Gardener or want to learn more, contact Mary Ann Ryan, mar35@psu.edu, 717-334-6271, ext. 319 or stop by Penn State Extension, 670 Old Harrisburg Road, Suite 204, Gettysburg for more information.

Small Town Gardener The Merry Month of Mud Time

Marianne Willburn

Whether Robert Frost originally coined the term or not I do not know, but 'mud time' must be the simplest and most accurate expression to describe the period from the last snow melt to the first tulip blush. It has arrived, and each day is a new adventure in negotiating paths, roads, chicken coops and garden beds.

Mud time is a period of frustration for the gardener, who, feeling the sun on his back after months of ice and snow, is anxious to get outside and tidy up winter debris without further delay. Instead he finds himself in a soupy mess that repels all attempts at order, and tacks an extra fifteen minutes to each hour's worth of outside work.

In fact, mud time is frustrating for most people other than New England poets with an enviable sense of patience and a flair for colloquial verse. My husband's muttered curses as he spins out the back-end of the trailer are hardly poetic; and I find that without discipline, my thoughts run not to the emerging daffodils or the sight of reddening maples, but to the likelihood that I'm going to end up face down in the chicken coop when I try and catch a broody hen.

Could we but leave everything alone out there for a few weeks, there would be less gnashing of teeth and renting of garments, but this is not the gardener's way [see above]. There are time-sensitive tasks to be undertaken and we must negotiate with our mud. So, in the interests of promoting the joy of spring, the love of outside and the serene outlook of Frost, I give you my list of guiding principles for the next few weeks as you begin to gear up in the garden:

ven't finished (because I haven't either). Sharpen tools, organize sheds, plan beds, transplant seedlings. That's more than enough work for itchy green thumbs.

- Assess drainage issues There is almost no better time to take a good hard look at your garden and decide if you need to make some grading changes over the summer. If it's a big enough job, it's also the perfect time for you to bring a professional set of eyes to the scene.
- Most importantly, buy a pair of Wellies Overshoes, rubber boots, gumboots...whatever you call them - get some. For no matter how firm you think the ground, and how light you believe your step to be, neither ever is. I always find it surprising when I meet a gardener or lover of the outdoors who hasn't made this very cheap investment in footwear.

The good news about mud time is that it signals a change. It's a release of frozen soil and pent-up thunderstorms, and in many ways, a gardener's spirit. Though I may spin my wheels on a muddy lane or groan heavily as I pull boots out of mucky trenches, like Frost I am exquisitely aware of standing poised between two seasons - a warm, sunny sky melting the earth at our feet and propelling us forward into May, a cold wind freezing it and sending us hurtling back to late February. How can one grow resentful of the former when the latter grants us such perspective?

We have waited all winter to play in this mud. Grab your boots and enjoy it.

Marianne is a Master Gardener who writes from Lovettsville, VA. You can read more at www.smalltowngardener.com or follow The Small Town Gardener on Facebook.



• If it's not important, don't do it – The harm you may do by compact-

ing soil around roots, creating deep tracks in lawns, and quite frankly, frustrating yourself to a point of madness, means that jobs should be absolutely critical to be attempted right now. A broken fence - critical. A pond excavation - not so critical. It's actually clinically insane.

• Have a back-up plan – If it's a particularly long or cold mud time, consider starting direct-sown seeds (such as peas) indoors and planting out when the earth is a bit more friable. Other-

wise you may be re-sow-

that have rotted.

death syndrome.





FIRE COMPANY AWARDS BANQUETS

Rocky Ridge Fire Company



Top Responder for 2015 Matthew Moser



2015 Honor Member of the Year Award winner Craig Hovermale



President's Award winner Leon Stover Jr.



Robert Albaugh Outstanding Volunteer Award winner Betty Ann Mumma



Charles Mumma Award winner Robert Eyler



Auxiliary Members: (front left to right): Larry Eyler, Debbie Eyler, Pat Wetzel, Kay Ensor, Betty L. Mumma, Betty Ann Mumma, Pat Riggs (back left to right) Steve Orndorff, Leon Stover Jr., Teressa Kaas, Helen Burrier, Joann Wetzel, Emily Grant, Nancy Baker, Linda Northrup



Administrative Officers (front left to right): James Russell, Chaplin; Dennis Mathias, Vice President-; Paulette Mathias, Secretary; Bernard Wivell, Treasurer; Bonny Hurley, Asst. Treas.; Dale Kline, President. (Back left to right) Directors - Craig Hovermale, Wesley Burrier, Donald Kaas Jr., Steve Orndorff, and Leon Stover Jr.,

Administrative Officers for 2016

- President Vice President Treasure Asst. Treasurer Secretary Asst. Secretary
- ficers for 2016 Dale Kline Sr. Dennis Mathias Bernard Wivell Bonny Hurley Paulette Mathias Christian Hurley
- **Board of Directors** Craig Hovermale Steve Orndorff Leon Stover Jr. Wesley Burrier Ronnie Eyler

Line Officers for 2016 Chief Alan Hurley

Chief Alan Hurley 1st Asst. Jim Rice 2nd Asst. Larry Humerick Jr. Captain Kevin Albaugh Top Ten Responders for 2016 1 - Matthew Moser 2 - Alan Hurley 3 - Kerri Gasior 4 - Christina Hurley

- 6 Bonny Hurley
- 7 Buddy Stover
- 8 Wesley Burrier
- 9 Kevin Albaugh 10 - Craig Hovermale



FIRE COMPANY AWARDS BANQUETS

Fountaindale Fire Company



Administrative Officers: (Front Row L-R) Board of Director Brad Martin, Treasurer Peggy Martin, Fire Chief Dave Martin(Back Row L-R) Board of Director Dale Buffington, President Steve Fitz, Secretary Sarah Ginn, Board of Director Sam Ginn, Vice-President Charlie Berger, Asst. Secretary Karen Rudisill



2016 Line Officers: Assistant Chief Brad Martin (and son Brayden), Deputy Chief Sam Ginn (and daughter Emma), and Fire Chief Dave Martin (and granddaughters Adie and Brooklynn)



Chief Dave Martin presents Charlie Berger with the 2015 Member of the Year Award. Charlie was recognized for his dedication to the department for the past 25 years.



Nancy Sites was the 2015 recipient of the Community Service Award for her many years of financial support to the Fountaindale Volunteer Fire Department.



Claudia Rudisill comes to the rescue of Chief Martin to show him how to turn on the mic.



2015 Top Responders: (Front Row L-R) Brad Martin, Peggy Martin, Dave Martin, Sarah Ginn (Back Row L-R) Steve Yingling, Sam Ginn, Kelli Corle, Chris Corle

2015 Top Responders John Ruppel Kelli Corl Peggy Martin Steve Yingling Chris Corl Sarah Ginn Sam Ginn Brad Martin Dave Martin 2016 Line Officers: Dave Martin Chief Sam Ginn Deputy Chief Brad Martin Assistant Chief

Board of Directors:

Dale Buffington, Sam Ginn, Brad Martin, Keith Rudisill and John Ruppel 2016 Administrative Officers:Steve FitzPresidentVice-PresidentCharlie BergerSarah GinnSecretaryKaren RudisillAssistant SecretaryPeggy MartinTreasurer



Junior Firefighter Awards of Recognition: (Left to right) Olivia Scott, Lida Fitz, Zachary Haines, Claudia Rudisill, Colleen Rudisill. These junior firefighters were recognized for their dedication to the department through the completion of numerous state certified training classes, fundraising activities and other station/community activities, all while being honor roll students.

The Fountaindale Volunteer Fire Company responded to 136 calls in 2015. Fountaindale serves portions of Hamiltonban Township, Liberty Township, and Carroll Valley Borough in Adams County. They also respond to mutual aide calls in Franklin County, PA, and Frederick and Washington Counties in Maryland.

AA-Eastern Mobility offers customized transportation solutions for handicapped individuals including Stair Lifts, Lift Chairs, Wheelchair Lifts, Wheelchair Ramps, Turney Seats, Hand Controls, Left Foot Accelerators, Wheelchair Accessible Vans, Lowered Floor Minivans, Eldorado National Amerivan Conversion Vans

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HEALTH NOTES

Treating burns

Kelsey Shupe Frederick Memorial Hospital

Whether you're at work, cooking a meal for your family, or enjoying the great outdoors; lots of life's activities present situations where burn injuries are possible. A thermal (heat) burn is among the most common household injuries, especially in children.

Burn injuries range in level of severity from first to third degree burns. The type of treatment you receive depends on the level of burn you've sustained.

Types of Burns

First Degree Burn: A superficial burn to the top layer of skin. Symptoms of a first degree burn include redness, minor swelling, and pain. This type of burn can typically be treated at home.

Second Degree Burn: A more serious burn injury affecting deep-

er layers of skin. Symptoms of a second degree burn are similar to that of a first degree burn, but also include blistering. If the blisters are larger in size, or cover a large area of the body, you should seek medical attention.

Third Degree Burn: A very serious burn injury affecting all layers of skin. Symptoms of a third degree burn include a deep burn accompanied by white or charred skin. The burned area typically feels numb and requires immediate medical attention.

Treating Burns

Treatment for First Degree Burns: Minor burns can often be treated at home, and the sooner you treat minor burns the faster they heal. If a minor burn occurs:

- · Soak the wound in cool water for five minutes or longer
- · Take the recommended dosage of acetaminophen or ibu-



profen for pain relief

- To sooth the skin, apply aloe
- gel or cream • Apply antibiotic ointment and loose gauze to protect the burned area

Treatment for Second Degree Burns:

More serious burns may require medical attention to reduce the risk of infection or further damage to the skin. These burns typically

blister and can take several weeks to heal. Severe blistering, discolored tissue, or signs of infection mean it's time to see your doctor.

For both first and second degree burns, home treatment is an option; however you'll want to call your healthcare provider if:

- Severe pain persists
- You notice signs of infection (pus, increased pain/tenderness, or red streaking)
- There is skin disruption with discolored tissue present
- Your condition worsens

Treatment for Third Degree Burns:

Call 911 immediately! A third degree burn is the most serious form of thermal burn. This level of burn extends through all layers of the skin and can even reach your bloodstream, major organs, and bones. A burn this severe cannot be treated at home and requires immediate medical attention.

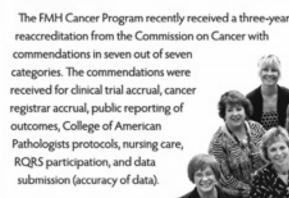
When to Call 911

According to the American Red Cross, you should call 911 if the burned person has:

- Trouble breathing
- Burns covering more than one body part or a large surface area
- · Suspected burns to their airway (burns to the mouth and nose)

FMH Cancer Program Earns Reaccreditation with Seven Commendations

Accreditation from the American College of Surgeons Commission on Cancer (CoC) is the yardstick against which America's top cancer treatment programs measure their performance and progress. Every three years, the FMH Cancer Program voluntarily participates in this rigorous accreditation process in order to compare the success of its program against nationally recognized quality measures and standards of care.



Congratulations to all of the physicians, nurses and



staff members who make this accreditation possible!

To learn more about the FMH Cancer Program, please visit fmh.org/cancer.





- Burns to the head, neck, hands, feet, or genitals
- A burn caused by chemicals, explosions, or electricity

Things to Keep In Mind

Burns can swell very quickly, so try to remove any jewelry or clothing located near the site of the burn. If clothing appears to be stuck to the burn site, do not attempt to remove it on your own. You can carefully cut around the stuck fabric to remove excess loose fabric.

Use cool water versus ice. Ice can sometimes make the skin damage worse.

Never use a cotton ball to apply ointment to a burn, as the small fibers can adhere to the burn site increasing your risk of infection.

PART 2 *Catoctin Forest Alliance's SUCCESS program*

Jim Robbins Catoctin Forest Alliance

ne of the many programs that the organization runs is the SUCCESS Program. This program is part of the Frederick County Public School system for youth ages 16-21 with intellectual and developmental disabilities. The program is funded through a grant from the Chesapeake District - Civitan International, Incorporated. The youth report to Cunningham Falls State Park or Catoctin Mountain Park, depending on the work each day that the youth are in school from 9am – 11am.

The program is in its third year with the primary focus on learning to do trail maintenance. The youth must first learn about personnel protective equipment (helmets, gloves, eye protection, clothing, foot-ware and hearing protection), First Aid and CPR, and safety off and on the trail. They learn about tool safety and how to use the following tools: ax, pulaski, bow saws and pruning saws, lopping shears, pole clippers, hand pruners, swizzle sticks, shovels, digging bar and tamping bar, pick and cutter mattock, grub hoe and adze hoe, fire rake, log carrier, chain saw, gas-powered cutter, wheel barrow and McCloud to name a few of the tools that the youth learn about and use depending on the trail work needed.

They learn how and what tools to use for trail construction, trail structure and reconstruction, erosion control structures, stabilizers, switchbacks and climbing turns, when to relocate or repair a damaged trail, cleaning drainage's, clearing blow-downs, brushing, trail marking systems and kiosks - designs - construction and installation. What building materials to use; wood vs. rock, wood materials, hoisting equipment and cleanup.

Some of the projects that the youth have worked on are repainting the food storage room and the kitchen area at Camp Greentop, cleaned the trail on the millrun at Owens Creek from the old pond to the sawmill, reworked the campsites at Owens Creek, trail maintenance (we work in both Catoctin Mountain Park and Cunningham Falls State Park) on Browns Farm Trail (NPS) - Spicebush Nature Trail (NPS) - Hog Rock Nature Trail (NPS) - Charcoal Trail (NPS) - Blue Blazes Whiskey Still Trail (NPS) - Park Headquarters to Chimney Rock (NPS) and from the Thurmont Vista Parking Lot to the Thurmont Vista (NPS). At Cunningham Falls State Park we have worked on the campsites in the William Houck Area and the Manor Area does cleaning and adding new signs. We have

made new picnic tables, removed a walkway at the Iron Masters Home in the Furnace, made 16 boxes to hold trash bags for public use, trail work on the lower Falls Trail (CFSP), picnic area clean up at the lake and made some kiosk roofs. We reestablished a trail, in Cunningham Falls State Park (CFSP) at the Manor Area, for people with disabilities. This trail is about 1/2 mile long and will be an interpretative trail from the playground, to the Manor Visitor Center and continues to the Pavilion and parking lot at the end. We have helped get ready for the maple sugar event at Cunningham Falls State Park. The list goes on and on and we have FUN doing all of this.

In future issues by the Catoctin Forest Alliance we will be talking about issues with invasive plants and animals and what we can do to help the Parks control these issues. We will be talking about ways that you can participate in activities, help do research and volunteer with the Parks.

The mission of the Catoctin Forest Alliance is to preserve and promote the health of the Catoctin Mountain forest for the enjoyment of present and future generations. You can get more information about our by going to www.catoctinforestalliance.org. The CFA programs focus on educating both children and adults to be powerful stewards and champions of the environment in this special place.

The SUCCESS Program, Season 101 and First Bloom are all educational programs that provide opportunities for students across the state to experience and learn from the Catoctin forest region. The Artist in Residence program brings artists from all over the US for 2 weeks residencies. During their time in the parks, the artists create are in-



The SUCCESS program brings together youth from the Frederick County school system to CMP and CFSP each week during the school year so the students can learn how to use wood tools, perform trail maintenance, and to learn teamwork and leadership skills.

spired by the forest. The Day of Service program provides volunteerism to help maintain areas of the park and the CFA Scholarship program allows for an annual scholarship for Environmental Studies for students in Frederick County.

This is the 100th anniversary of the National Parks and there are a great many things going on in your Catoctin Mountain Park. Please visit our Programs page on our wed site for current and new programs that will be added during the coming months.

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WWI NEWS REPORTS FROM THE FRONT Poncho Villa brings war to America

March 3

The Germans have resumed their violent attacks to the north of Verdun, fighting being of extremely violent character. The only point where they attained any success was in the Douaumont region, where they cleared the village and pushed their lines to the west and to the south of the village.

Possible development of German movements in the Argon to the northwest of Verdun is indicated by the report that the French have directed a concentrated fire on hostile positions there. Observers eyes also are still on the Champagne region where the Germans recently made gains towards the south, and where a serious break in the French lines would have a material influence upon the situation around Verdun by interfering with Allied lines of communication in the West.

The renewal of the German offensive answers the question that had been circulating in military circles as to whether the German drive had spent its force or whether the lull in fighting over the past few days was simply the prelude to its renewal after the Germans had secured their hard-won positions recently captured near Verdun and elsewhere on the front.

All reports of the battle of Verdun indicate what experts consider a remarkable cooperation of all the branches of the German army. A study of the progress during the week since the first attack shows that guns were steadily brought forward as fast as the infantry cleared French positions, so that the guns could resume the work of making the next position right for storming. The fact that the French were not able to take any number of prisoners worth reporting is taken here to indicate that the German troops are splendidly in hand, and are carrying out the work planned for each advance, but are not advancing further until the ground is prepared for them.

Estimates of the German losses in the current offensive for Verdun are placed at around 125,000, one third of the German troops engaged. ic struggle are being delivered with heaviest force at present on the salient to the northeast of the fortress, in which lies the Douaumont plateau. Here the French last week were driven out a Fort Douaumont and just now from Douaumont village.

Around the village the battle raged with violence and with heavy losses on both sides. Unofficial accounts assert that there had been nothing on the Western front to equal the ferocity of attacks delivered by the Germans. French infantry is declared to be disputing every inch of ground in their latest efforts.

In the first and second attacks on the village, the Germans, who fought with great bravery, reached the French wire, but so fierce was the hail of bullets from the machine guns that the gray-coated legions melted away. Officers rallied them again and again until no more were left to rally. The third attack was even more violent than those, which proceeded, yet still failed.

The Germans then resumed the bombardment, plowing up the ground and pulverizing the rocks with hundreds of big shells. The fourth advance was made after dark by fresh troops. After desperate fighting the Germans manage to get a foothold on the extreme edge of the plateau and pushed forward into the houses on the north side of the village.

Remnants of regiments cut to pieces were pushed ahead by other bodies of troops surging onto the field of battle until the ground was strewn with bodies. Eyewitnesses assert that nothing equaled the sacrifice with which the German troops had made for the Douaumont village.

Parts of the village have been taken and retaking repeatedly, and each time that the fortune of the battle changed more dead from the thick masses of German assailants have been added to the piles behind which their surviving comrades have sought protection.

It is the opinion in all quarters that the Germans have determined to pay the price necessary to capture Verdun, and to open a line all the way to Paris. Verdun marks the beginning of a new and divisive phase of the war. It will be a formal demonstration that the Allied front in France and Belgium cannot be broken, and that the imperial armies are incapable of operating effectively by the lightning like methods that succeeded in Belgium and France at the start of the war and in Russia in 1915.



Flamethrowers were marked men; the British and French poured rifle-fire into the area of attack where Flammenwerfers were used, and their operators could expect no mercy should they be taken prisoner. Their life expectancy was therefore short.

Reports from the North Sea war zone indicate a fleet of 25 German warships was observed cruising in the North Sea. Their presence indicates that a battle between the British and Russian and German warships is not far distant.

On the Caspian front, Russian soldiers took a terrible revenge on Turkish troops for cruelty which the Turks were alleged to have practice towards the Armenians in that district. The Russian troops had witnessed the results on an appalling numbers of massacres by Turkish fanatics of tens of thousands of Armenian Christian men, women and children. It was unlikely after such deeds that any quarter should be given to the Turks. Over 50,000 Turkish troops were slaughtered by the Russians after they had surrendered.

On Wednesday Germany declared war on Portugal. The German declaration emphasized the fact that this was made necessary by the recent illegal seizures of German ships in Portuguese ports. The declaration enumerates a long series of breaches of neutrality by the Portuguese government, such as the permission of free passage to English troops through the colony of Mozambique, the permission given too two English men of war to use Portuguese ports for a time exceeding that giving neutrals, actual engagements between Portuguese and German troops on the frontier of German Southwest Africa and Angola. The Portuguese government, by these acts, say the Germans, openly gives evidence that Portugal considers herself England's vassal, for whom England's interest and wishes are paramount.

tion to strengthen further the weak joints in her armor and they await events with full confidence.

The heaviest fighting was around Dead Man's Hill where the Germans were obligated to cross open ground, and well-directed fire from the French, which did fearful execution among them. Their ranks however were quickly filled up, and although they were stopped again, they ended up getting a foothold in advanced French trenches at two points. Dead Man Hill is a fine artillery position from which the Germans will surly position guns to shell French positions

Describing the German attack on French trenches west of Douaumont, the French say that the Germans, three times, in columns of fours, rush forward, but were mowed down by artillery and machine gun fire. They were forced to retire, leaving the ground covered with dead bodies.

Prior to the resumption of fighting, the German offensive had slackened in the Verdun region. The French reported that there was no infantry action on the part of the Germans over the weekend. Sunday past without infantry advances, and the German troops did not leave their trenches. However there French front where the bombardment by larger caliber artillery continued without interruption. The attack was accompanied by the t hrowing a flaming liquid by detachments of men carrying special machines for this purpose.

The interpretation of the pauses of the German operations at Verdun as indicative of the waning of the offensive or the exhaustion of German troops denote failure to comprehend German strategy according to military experts. Officers say these pauses are only a part of the general scheme of operations, and are designed to prepare for the successive stages of the forward movement. The method has been to make preparations for every attack so thoroughly as to guarantee success with minimum losses. It is said these operations are intended to lead to the capture of Verdun and hasten the termination of the war. The comparative slowness of the movements is based on deliberate choice of the best method of accomplishing the end sought.

The impression prevails in high political circles is that Romania surely will abandon their position of neutrality in favor of the Allies. Should the Romanians enter the war, Greek officials would be placed in an embarrassing position. The Allies do not suppress the fact that at present they have no need for Greece and do not desire to assume responsibility for maintenance and equipment of the Greek army unless they are assured definitely of cooperation in the event of an allied offensive in Macedonia.

March 10

The German armies at the gates of Verdun are hammering them hard with heavy artillery. The German thrust in the new phase of the titan-

March 17

The renewal of the fighting after a three-day pause on the Verdun front is regarded as heralding the opening of the third phase of the battle for Verdun. The defenders have profited by the period of relative inacwas no cessation of the artillery play, with bombardment continuing along much of the front.

March 24

Further successes have been won by the Germans northwest of Verdun. The Germans captured two additional trenches from the French. French guns have been energetically cannonading the German positions on the edge of the Argonne, northwest of Verdun, the intention apparently is to break up an anticipated attempt of the Germans to breakout from this cover to make further efforts to advance southward towards the main line connecting Paris to Verdun.

The Germans several times renewed their attacks against the

March 31

The Germans had made another notable gain in the drive against Verdun storming French positions north of Malancourt to the depth of several lines along the front of 2,000 yards. Malancourt lies about 10 miles northwest of Verdun and some 2 miles northwest of the southern tip of the Avoncourt woods, into which the Germans pushed in their recent

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MARCH, 1916

drive. The French lines here formed a broad Salient, exposed to attack from either flank, and French tenure of the position had not been considered a secure one by many military observers.

The morning after an intense artillery fire French troops delivered a spirited attack against the German positions in the woods and penetrated to a depth of 300 yards before they came up against German fortified positions. A violent and sudden counterattack by the Germans resulted in the French being pushed back to their original positions

On the Russian front the German lines have been subject to heavy attack, both to the northwest and to the south of Dvinsk. The fighting is probably the most terrible since the earliest battles on the Eastern front. The Germans are counterattacking with vim, and the losses have been tremendous on both sides. Russian casualties in the present offensive against Field Marshal von Hindenburg's armies are estimated to have been not less than 80,000 men along the 75-mile front were engagements have been in progress.

The Russian situation however has continually improved and their successful expeditions in the Riga district are considered a solid foundation for further advance as soon as the spring thaw is over and the ground becomes firm. The Russian offensive has already rendered the carefully constructed positions of Field Marshal von Hindenburg's less secure. it appears to observers here that Field Marshal von Hindenburg's spring campaign will be defensive rather than the offensive one that was expected.

Dispatches from Stockholm say that riots among Russian workingman are increasing and gradually taking the form of terrorism. A large number of workingmen have been arrested in Petrograd munitions factories and 13 workingmen were hanged and 130 men immediately sent to the front.

Editor's Note: On March 10th, the front page of newspapers across America were ablaze with the report of Poncho Villa's attack on Columbus, New Mexico. The attack enflamed anti-Mexican sentiment in the United States, and the American response enbandits fled towards Mexico some hours later they were pursued by United States troops.

The White House said steps would be taken to punish the Villa bandits, but it was not indicated whether Gen. Carranza, the Mexican intern President, will be called upon to do so or whether American troops would be sent over the line. According to a statement issued by the White House, an adequate force will be sent at once in pursuit of Villa, with a single object of capturing him and putting a stop to his forays.

There is some conflict of opinion regarding the authority of the War Department to send troops into a foreign country without the consent of Congress. Those who doubt the authority contend that all American troops may do without further authority would be to repel Mexican bandits at the border. Other however contend that the Constitution gives the President the authority to repel invasions, and that authority includes the power to send troops over the line.

While American troops are preparing to move across the border to exterminate Poncho Villa and his bandits, Gen. Carranza, has asked the United States for permission to send Mexican troops into American territory, if necessary, in pursuit of the outlaws.

Practically, such a reciprocal agreement probably would never would result in a single Carranza trooper crossing the border, as the possibility of the bandits taking refuge in American territory is considered remote. However, It is realized that such an arrangement would go far to satisfy Gen. Carranza. Administration officials realize the necessity of avoiding a breach with Gen. Carranza if the Mexican situation is not to grow into the status of armed intervention.

March 17

Brig. Gen. Pershing has been given the command of the expeditionary force of 5,000 men which entered Mexico on Wednesday. Cowboys off the ranges, and Indian scouts led the way. The force entered Mexico without opposition from Mexican forces and apparently without serious disturbance along the border. Army officers are interested in the part the aeroplanes will play in the pursuit of Villa. No American Aero squadron ever had actual military service. This is the first real test of the fourth arm of the service.

Poncho Villa has so far outwit American troops pursuing him. Villa and his 1,200 bandits, is reported to have crossed the continental divide into the Madera section. Pursuit of Villa has now entered a hide and seek stage.

March 24

Poncho Villa is now reported to be trying to escape by the almost blind trails leading to the passes in the Sierra Madre Mountains where it is possible that he may succeed in loosing his pursuers.

The main objective of the American column at this moment is to head Villa off before he can reach the mountain passes. Army officers agree that if he breaks his command into small bands and succeeds in reaching the mountains it will be almost impossible to capture him. Villa spent his early days as an outlaw in these mountains, the passes through which the Army and its transport may not move. Mexicans here believe that Villa will hide in these fastnesses until the American troops grow discouraged and give up the chase.

The failure of Poncho Villa to make a stand and fight before the end of next week will radically alter the method so far employed by Gen. Pershing. It was felt that the only chance for the Americans to catch Villa would be for him to gather his forces and resist their advance. Instead, Villa simply disappeared into the back woods of Mexico.

Reports that the administration may soon be satisfied with driving Villa far from the border and eventually withdraw the troops now seeking to capture or kill him are spoken of as ridiculous. It is declared that when the decision was reached to send the expedition against the bandit the die was cast for definite conclusion, no matter how long or cost of the campaign. Under no circumstances is the president likely to withdrawal the forces of this country. To do so would be to invite worse acts of murder and



Several motives have been attributed to Villa for his raid on Columbus. One theory holds that it was a deliberate move to invite American intervention in Mexican affairs. The Mexican revolution was fissuring into counterrevolution. Francisco "Pancho" Villa's onetime partner in seeking to overthrow the usurper Huerta, Venustiano Carranza, no longer had any use for him. Villa, a champion of the peasantry, did not fit into his plans for a government which would curry the favor of the landed gentry.

try, having successfully eluded the encircling ring that was being drawn around him.

Wire communications out of El Paso to Mexico is still interrupted, and it is believed that roving bands of Villa men are responsible for the wires being cut, having been detached from the main Villa command for this purpose.

Poncho Villa outwitted his pursuers by splitting his forces and making a break south for Madera. From Madera, a mountain trail winds through the Sierra Madres where it eventually is lost in the wild and barren country. This trail was known for years as Poncho's Road. It was popularly believed that it had been broken by the bandit and its intricacies are known to but few but him. American scouts declared today that if Villa succeeded in reaching this road the task of finding him would be a hopeless one.

Gen. Pershing now believes that it will take months to capture Villa. Returning American refugees and cattlemen, who know the country, are unanimous and their expression that Villa will never be taken. The nature of the country and the fact that Villa is among his own people, who idolize him, make the bandits capture unlikely.

To read past editions of WWI News Reports From the Front visit the Historical Society section of Emmitsburg.net.



flamed anti-American sentiment in Mexico. In 1917, Germany would try to use the mutual hostility to encourage Mexico to declare war on America. This German encouragement of Mexico directly led to America's decision to enter the war on the side of the Allies. Given this, we will henceforth report on both stories to allow our readers the opportunity to see how they eventually merge and lead to the Americans' entry into WW1.

Poncho Villa

March 10

500 Mexican bandits led by Francisco Villa, crossed the border early Wednesday and attacked Columbus, New Mexico, killing more than a dozen Americans. When the Gen. Pershing issued orders that the men should take with them only such equipment as they could carry on their backs or saddles. These orders are intended to limit the essentials of the expedition's food and drink for the men and horses and ammunition for the guns.

t arson that have already been com-7 mitted.

March 31

Poncho Villa is reported to be fleeing west into the San Miguel coun-



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HISTORY

Terror on the Monongahela

John Miller Emmitsburg Historical Society

ajor General Edward Brad-Mdock's Expedition of 1755 is an important piece of American history. Being ordered to America, and arriving at Hampton, VA in February, Maj. Gen. Braddock was leading the largest military force in American history. After George Washington's 1754 defeat to rid the French from the Forks of the Ohio where Fort Duquesne was located, Braddock began his movements in April. Dividing his army into two columns, Maj. Gen. Braddock took the advice of Major Sir John St. Clair, and sent a column Colonel Sir Peter Halket's 48th Regiment of Foot directly to Winchester, VA, while Colonel Thomas Dunbar's 44th Regiment of Foot, and Braddock moved through Maryland. The army would reassemble at Winchester and move directly to Will's Creek.

Arriving at Will's Creek, Maj. Gen. Braddock concentrated there, at Fort Cumberland, where supplies came in. By the middle of June, Maj. Gen. Braddock begins his final push, cutting a road from Fort Cumberland to Fort Duquesne. After leaving Fort Cumberland, and marching for about one week, Maj. Gen. Braddock and Lieutenant Colonel George Washington discussed creating a "flying column."

On June 19, the flying column marched forward, leaving Col. Dunbar to bring up the rear of Braddock's army. Eventually, Col. Dunbar fell several days behind with the majority of the wagon train and militia troops. Braddock's advance of Maj. St.Clair, Lieutenant Colonel Thomas Gage, and the flying column managed to move almost the 130 miles from Fort Cumberland to Fort Duquesne, until Braddock was met with disaster.

It took Maj. Gen. Braddock almost three weeks to move through the American wilderness from Fort Cumberland to his July 8 encampment near the Monongahela River. Major General Braddock's army began moving out of Fort Cumberland on June 10. Now, their objective was in British grasp, but they were well behind French territory. For three weeks, Maj. Gen. Braddock's army managed to move through the American wilderness without a major confrontation.

At 8:00 p.m. on July 8, Maj. Gen. Braddock's army made camp at Sugar Creek, a few miles east of the Monongahela River. During a meeting with the officers of his flying column, Maj. Gen. Braddock laid out marching orders for July 9. The orders called for his column to be staggered as it pushed further west. The men were to carry only what they needed in their knapsacks, leaving their tents behind with the wagons. They were issued two days' rations of beef and flour, along with 24 rounds of fresh ammunition.

At 2:00 a.m, on July 9, the first portions of Maj. Gen. Braddock's army began marching out. Lt. Col. Gage led the advance of the British army with 160 men from the 44th and 48th Regiments of Foot. He was supported by an additional 100 men from Captain Horatio Gates' New York Independents, and two 6-pounder cannon.

Two hours later, at 4:00 a.m., the work detachments of Maj. St. Clair moved out. Major St. Clair had about 250 men under his direction. Their task was to open the road to allow the heavier cannon and wagons to move through the wilderness. Many of these men did not sleep long the prior night and were very tired from marching for most of the previous day.

By dawn, the day was already hot, and the skies were clear. At 5:00 a.m., after sunrise, Maj. Gen. Braddock began moving his army. Major General Braddock had two major river crossings that stood as a natural barrier between his army and Fort Duquesne. Major General Braddock's army moved behind Maj. St. Clair's workers with 150 men in front, followed by cannon, and another 150 men. The wagons, pack horses and livestock followed. Bringing up the rear of Braddock's army was the remainder of the artillery and the rearguard. Major General Braddock also had flankers covering both sides of his army.

Lieutenant Colonel Gage reached the first of two Monongahela River crossings early in the morning, five miles from the Sugar Creek encampment. Two miles away was the other river crossing. Major General Braddock would reach this point by 8:00 a.m. Moving ahead of the army and Maj. St.Clair's workers, Lt. Col. Gage struggled to move his artillery through the wilderness, as the road wasn't cut in.

By 9:30 a.m. the second Monongahela River crossing was reached. This location was where Turtle Creek emptied into the Monongahela River. Securing his position, Lt. Col. Gage ordered his two cannon to deploy and cover his infantry during the river crossing, and be ready for action. Lieutenant Colonel Gage ordered his men into battle line formation and marched them into the waters of the Monongahela River. The crossing was located in an open area 200 yards wide and about knee deep.

Once the western bank was secured, Lt. Col. Gage ordered a courier back to report to Maj. Gen. Braddock that the river crossing was secured. There, Lt. Col. Gage ordered his men to rest. Many of the men began fixing their rations. For some, this will be their last meal. Lieutenant Colonel Gage saw evidence of campfires left by Indian scouts.

While Lt. Col. Gage rested his command, Maj. Gen. Braddock's army hacked their way through the wilderness. While Maj. Gen. Braddock was at the first river crossing, the French Marines, Canadian Militia, and their Indian allies prepared to seek out the British. The night before, the French and their allies had decided to attack Braddock the following day. Canadian Captain Daniel Liénard de Beaujeu led a force of 637 Indians and 146 Canadian Militia, supported by 72 French Marines that stood between the second Monongahela River crossing and Fort Duquesne. They moved out at around 8:00 a.m. and moved eastward. By noon, Maj. Gen. Braddock was preparing to cross the second ford of the Monongahela River. With a wave of his hand, Braddock points forward, giving the sign to begin crossing the river. Braddock's men, wearing clean, red uniforms with their bayonets fixed to their Brown

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HISTORY/OBITUARIES



French Canadian Captain Daniel Beaujeu

Bess rifles, marching to the sound of 40 drums beating and fifes echoing through the wilderness, was a spectacle never witnessed before in America. As the men formed their columns with the King's colours waving, Maj. Gen. Braddock's men moved forward into the river.

With the fife and drum playing the "Grenadiers March," the 44th Regiment of Foot was the first to ford the river. Once on the other side, they were to picket the right flank. The wagons, pack horses, and livestock, along with the artillery went next. Bringing up the rear was the 48th Regiment of Foot, and they would cover the left flank.

The sound of the drums beating in the distance was heard by the French and their allies. Captain Beaujeu had scouts who observed the river crossing. Captain Beaujeu then began moving toward the sound of the drums. Major General Braddock knew that the French, Canadian, and their Indian allies would have scouts out searching for the British. But once he knew that there would be no attack made upon him, that was when Maj. Gen. Braddock forded the river.

Once across the river, Maj. Gen. Braddock felt a sigh of relief. If there would be a place for the French to attack the British, it was most likely going to be there at the river crossing since it was in the open. Once the entire army was on the western bank of the Monongahela River, Maj. Gen. Braddock reformed his column. Twelve miles from Fort Duquesne, Maj. Gen. Braddock ordered his advance to position themselves closer to the main column.

While Maj. Gen. Braddock's orders were being sent, Lt. Col. Gage and Maj. St.Clair were meeting about other tasks ahead of them. When Braddock's orders arrived, both Lt. Col. Gage and Maj. St. Clair had orders to move their commands and march for another two more hours. Major St. Clair asked about moving the two 6-pounder cannon from the rear and deploy them in the front to protect the workers. Lieutenant Colonel Gage opposed the idea.

By 1:00 p.m., Lt. Col. Gage had six Virginia horsemen at the head of his column. As the column moved through the wilderness, Lt. Col. Gage took notice of the ravines to his front, and the higher hills to his right. His command was deployed with about 150 Grenadiers from the 44th and 48th Regiments of Foot leading his column. The battalion companies of about 150 men followed behind. Lieutenant Colonel Gage posted upwards of 110 men on his flanks. Each was broken down into squads of ten men, and they were to protect the flanks from attack. The advance alone, covered about one eighth of a mile wide.

Following behind Lt. Col. Gage was Maj. St.Clair's 250 workers. Behind Maj. St.Clair were several companies of Virginians. These Virginia companies could very well be various ranger units of Captains William Peronee's, Wagner's and Adam Steven's command. Captain William Polson's Virginia Carpenters most likely is the company that performed much of the road building. Bringing up the rear was Captain Gates' New York Independents. Located about one hundred yards behind Captain Gates was Captain Robert Stewart's Virginian horsemen. Then came Braddock with the main column of men supported by artillery and wagons.

Marching from the ford of the Monongahela River, the landscape was full of thick vegetation. The brush continued on for about a quarter mile. Lieutenant Colonel Gage's column began marching up to a ridge line. There, they entered into a forest with various large oak and walnut trees. The tops formed a heavy canopy, while the forest floor was wide open, except for fallen trees. The landscape was very peaceful, however, unknown to Lt. Col. Gage, the French were closing in.

To learn more about our rich local colonial history visit the Historical Society section of Emmitsburg.net.





Theresa Ann (Warthen) Brown



Theresa Ann (Warthen) Brown, 82, of Fairfield, died peacefully Monday, February 10, at Genesis Healthcare in Gettysburg. Born September 24, 1933 in Gettysburg, Pennsylvania, she was the daughter of the late Rudolph J. and Grace G. (Welty) Warthen. She was the wife of the late Lt. Col. Robert J. Brown, to whom she was married for almost 40 years.

Theresa was a devoted housewife and homemaker. She was a member of St. Joseph Catholic Church in Emmitsburg, where she formerly sang in the choir. She enjoyed horseback riding, dancing, and modeling in her younger years. She loved watching western movies, and spending time with her family, especially her grandchildren. Theresa was known for her sense of humor and wonderful wit.

She is survived by daughters, Pamela Smith of Fairfield, and Susan Little of Waynesboro; grandchildren, Jeffery Smith of Fairfield, Megan Courtney and husband Zachariah of Waynesboro, Eric Little of Waynesboro, and Derek Smith of Hawaii; great granddaughter, Stella Grace Courtney of Waynesboro; sisters, Audrey Swomley and husband Kenny of Dillsburg, and Louella Sappington and husband Sidney of Waynesboro; brothers, Charles "Patrick" Warthen and wife Margaret, William Warthen and wife Junia, and Wayne Warthen and wife Kathy, all of Emmitsburg, and George Warthen and wife Sadie of FL; and numerous nieces and nephews. She was predeceased by son, Mark Brown; sister, Vivian Pounds; and brothers, Joseph "Doody" Warthen and Robert Warthen.

A Mass of Christian Burial held Monday, February 15 at St. Joseph Catholic Church, Emmitsburg, with the Rev. Charles F. Krieg, C.M. as celebrant. Internment was at the New St. Joseph Cemetery. Online condolences may be expressed to the family at www.myersdurborawfh.com.

All obituary notices are automatically added to the Emmitsburg Historical Society on-line obituary list.



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MOM'S TIME OUT

Spring fever

Mary Angel

Spring fever has invaded my home. The kids seem to be going stir crazy, my husband has ants in his pants and my youngest is going to lose her mind if it snows one more time. The dog on the other hand loves the snow and can't wait for another storm. I am not sure we will all survive until spring actually arrives.

When you are sitting trying to write an article and keep hearing a thud, thud, thud, you must investigate, right? Imagine my surprise when I run down to the basement expecting to find the furnace acting up and what I find instead is a fourteen year old bouncing a ball against the wall. I, of course, was relieved to find out it wasn't the furnace. However, I was less than thrilled to see a ball banging against my newly painted walls. It isn't like I don't understand him wanting to get outside, every time I see a picture of a flower in a magazine I start contemplating my garden.

Just as crazy, and quite a bit messier, is when I catch my daughters outside in full snow gear attempting to plant a stick in an old flower pot. As I was standing at the kitchen sink doing dishes I glanced out the window to see a muddy mess. Unfortunately for their clothes the girls had chosen a day when it was warm enough for the snow to melt and make a lovely mud puddle in my yard. The girls were so desperate to plant something that they put all of their hope into a stick (not even a green one, completely dried up), a lot of mud and a cracked flower pot. I think I will invest in some seedlings come spring.

My husband keeps announcing, in a rather theatrical way, that he is waiting for the snow to leave so he can mow. I have pointed out that the grass hasn't grown and therefore there is nothing to mow. This falls on deaf ears and he just shrugs and walks away. It is actually kind of sad, he seems like a puppy without a bone. His solace is found on the lawn mower, so in the winter he always looks a little lost. When spring finally hits he will most likely have a smile on his face for a week. Then he will spend another week mowing the grass, even when there isn't any more grass to mow. That is when he will be one happy camper.

Then there is my youngest and my mom. They are both so sick of the snow that one flake and the screaming com-

mences. The younger of the two really enjoyed the big snow storm when she was building a snow man, a snow fort, four or five snow slides and an adorable snow baby. She loved the fact that she got to skip homeschooling and that her siblings were home and played with her. The hot chocolates with whipped cream were flowing like water from a faucet. Even with all of that when a few flakes fell the other day she started screaming at the top of her lungs, "NO MORE SNOW, NO MORE SNOW!!!!" The next day it was raining and she announced her love for the rain over snow. That ended when she landed in a puddle that soaked her up to the knees. She still didn't want the snow back, just a little less rain.

My mom on the other hand HATES the snow and would be happy never seeing it again. She has been known not to leave her house if there is even one flake on the sidewalk. She will tell you when it is going to rain or snow based on how her arthritis is feeling and again not leave the house based on this prediction. So I guess you could say that her Spring Fever can start as early as late November of the previous year. In our family we don't count her as having Spring Fever as much as despising the winter.

The dog is a completely different story. This was his first snow and he loved it. Truth be told, he more than loved it. He drove us crazy asking to go outside just to sniff around. He liked to sniff the snow, eat the snow, pee in the snow, but his favorite was to poop in the snow. The higher the mountain of snow the more likely he was to climb up and poop at the top. He would also search endlessly for a very specific piece of ice/snow to eat. He would find some snow that had melted and then froze into a tiny (it had to be tiny or he would drop it as fast as he picked it up) piece of ice and eat it like it was a four course steak dinner. None of his treats would make him drop this tiny



piece of ice. Nothing would entice him to drop it, not treats, not cheese, not even peanut butter. He has been a crazy little dog this winter.

The dog being the exception to the rule, the rest of my family is more than ready for spring. They talk about it, dream about it, and even draw pictures about it. I don't want to mislead you into thinking I don't also have the fever. I most certainly am ready for spring. I am ready to tear out my weed garden and plant flowers, to go for bike rides and play pool football, and go on homeschool field trips to the Catoctin Zoo and Hershey Gardens. Come on Spring we are waiting impatiently for you!

To read past editions of Mom's Time Out visit the Authors' section of Emmitsburg.net.







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COOKING

Simple servings

Sharon Racine

9 a.m., March seventeenth, 2009, I hopped out of bed, slipped into my jeans and green t-shirt, and sauntered into the kitchen to greet the day. This was no ordinary day. No, this day was St. Patrick's Day, and not only was I in St. Patrick's motherland to celebrate (Galway, to be exact), but the sun was out and the mercury was at a steady sixty-five degrees, both rarities in the great Emerald Isle. It's worth mentioning that St. Patrick's day is a bank holiday in Ireland which means no classes, which means one thing to the Irish: find your nearest friends, and drink.

This St. Patty's day was no exception. With the help of our wonderful Irish friends, myself and some of my fellow study abroad-ers concocted a traditional Irish breakfast to prep for the day's upcoming festivities. The Irish kids prepped the rashers and beans, eggs, white and black puddings and boiled potatoes, and we Americans threw in a few pancakes to mix it up a bit. We all got a true taste of Ireland that morning, and I still don't know how I feel about black pudding (see definition below); needless to say, I washed it down with a lot of beer.

With full bellies, we proceeded into town to join the rest of the Galway student population at the Claddagh (Irish for stony beach), a beautiful open area near the center of Galway where the Corrib River meets the Galway Bay. On any other day of the year the Claddagh is a calm, grassy oasis with striking water views on the edge of the busy city. On St. Patrick's Day, however, every inch of grass was covered with blankets and students, standing, sitting, stumbling or laying, quite literally drinking in the beautiful day. Music was playing, friends were all around, and everyone was simply reveling in this rare period of solid camaraderie.

My favorite moment of the day was joining the scores of students lining the edges of the Corrib River. It was low tide, so the stonewalls rose high above the water and we all dangled our feet over the edge of the drop. The famous Old Long Walk of Steve Earle's "Galway Girl" stretched to the left, Galway City rose to the right, and the Corrib River flowed directly below; it was a unique experience, and I felt lucky to be a true part of Galway at that moment, surrounded by my American and Irish friends.

Full Irish Breakfast

Recipe and definitions adapted from MrBreakfast.com

4 Irish sausages (also known as bangers)

4 slices of Irish bacon (rashers) 1 8-ounce tube of black pudding

1 8-ounce tube of white pudding

- 4 large eggs
- 4 small tomatoes cut into quarters
- 4 boiled potatoes cooled and cut into 1-inch cubes
- 1 can of Irish beans
- Grated Dubliner cheese Irish brown bread

Definitions

Irish sausages are usually made from pork or a combination of pork and beef and are larger than traditional American breakfast sausages. The term banger refers to a sausage's tendency to burst or explode out if it's skin while cooking.

In Ireland, slices of bacon are referred to as rashers, and are similar to a fattier version of Canadian bacon. Irish bacon is often made from the back meat of a pig and is cooked with a ham steak methodology: it's considered done when it's fully cooked through and browned. Black pudding (sometimes called blood pudding) is a soft-textured sausage made from the cooked and congealed blood of pigs or cattle mixed with fillers like pork, beef, fat, oatmeal, bread, potato or barley.

White pudding is basically black pudding without blood. As part of a traditional Irish breakfast, both black and white puddings are usually sliced and then grilled or fried.

Irish beans are similar to American baked beans, but are less sweet due to the lack of brown sugar included in most American baked beans.

Instructions

Preheat oven to 250 degrees.

In a large frying pan over medium heat, melt about 2 Tbsp of butter.

Fry Irish bacon until cooked through and browned, just short of crispy. Remove from pan, place on stacked paper towels to remove excess fat. Transfer to two heat-resistant serving plates. Place in



Fry-up fans have something to cheer about - the humble black pudding is now being hailed as a 'superfood' thanks to its nutritional benefits.

oven to keep warm.

Place the Irish sausages in the frying pan and cook until done and nicely browned. Transfer to oven to keep warm

In a small saucepan over medium heat, warm the baked beans.

Slice the puddings to desired thickness and begin frying in the frying pan. Add the potatoes. After a couple minutes, add the tomatoes. Continue to cook and flip until all ingredients are nicely browned. Transfer to the serving plates in the oven.

Finally, fry the eggs to your liking. Top with gated Dubliner cheese if desired and season to taste.

Remove plates from oven. Transfer the eggs to the plate along with a generous scoop of baked beans.

Serve immediately with Irish brown bread. Wash down with breakfast beer of choice.





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SCHOOL AND LIBRARY NEWS

What's new at the library?

Linda Frydl **Frederick County Public Libraries**

Even if you missed picking up a ticket to this year's Celtic Concert featuring Dervish, you still have an opportunity to get two front row seats. Until March 16, if you are willing to volunteer four hours or more to help with the Friends of the Emmitsburg Library book sale, you can fill out a drawing slip. Winner will be chosen on St. Patrick's Day and winner will sit front and center for the hottest show in town. How can you help with the sale? Sorting books now helps the Friends with having a successful sale. Sorting takes place at the branch leading up to the June sale and it's a big job (and fun!). The sale is Thursday, June 23 and Saturday, June 25 (part of Emmitsburg Heritage Days). Please stop by and fill out your slip today.

We invite you to visit us this month at the Emmitsburg Branch to pick up a book, a movie or just talk to us about the new services at FCPL. Your library card opens up many new and free possibilities to enjoy library services either in the branch or virtually from the comfort of your home. It truly is a bargain to be part of the Frederick County Public Library system.

Spring Bunny Hunt and Bingo - Hop into spring by helping find all of the bunnies hiding in the library. Enjoy a few rounds of Bunny Bingo and other fun bunny oriented activities. Saturday, March 5, 11a.m.

LEGO Block Challenge: Join us for an afternoon of LEGO fun! Participate in the special program challenge and/or get creative all on your own. DUP-LO® Blocks available for younger participants. Best for ages 2 and up with an adult. Tuesday, March 8, and Tuesday, March 22, 3:30-6 p.m.

Teens: Let's Make a Stop-Motion Movie! Stop Motion is an animation technique where an object is captured one frame at time and moved between frames. The illusion of movement is created when the series of frames is played as a continuous sequence. We'll learn how to create a simple origami stop action movie using this technique. Saturday, March 12, 11 - Noon. Registration required. Register online at fcpl.org, or call 301-600-6331.

Peepapalooza: Get ready to create chapters of chicks. Books of bunnies. Grab a whole heap of Peeps marshmallows and re- create a favorite scene or character from a book. Materials provided. Tuesday, March 15, 4 p.m. Registration required. Register online at fcpl.org, or call 301-600-6331.

Junior Gardner Program: Join the Silver Fancy Garden Club for a morning of floral fun. Learn about the natural world and make a beautiful take home item. Ages 6-14. Saturday, March 19, 10 a.m. Registration required. Register online at fcpl. org, or call 301-600-6331.

Parachute Play! From Parachute Tag and Beach Ball Fun to Merry-go-round and Popcorn Beanbags, children will have lots of parachute fun on their day off from school! Thursday, March 24, 2 p.m.

Spring into Science: Kite Building: Children in grades 2-5 will explore the kite-building process and test original kites by flying them outside on the library grounds. Saturday, March 26, 11am. Registration required. Register online at fcpl.org, or call 301-600-6331.

All Frederick County Public Libraries will be closed Sunday, March 26, for Easter.

Blue Ridge Library events

Let your imagination show it's genius! All ages welcome.

Wednesday - Coffee house "Coffee, Tea, and Thee" from 3-5p.m. Mingle with the gang for puzzles, board games, coloring books, etc. Recipe exchange now starting.

Thursday - Teen night. The community room is reserved

Mondays are now Lego and for teen use from 3:30-5 p.m., Wee Build Creation night!!! longer when no other activity is happening. Just hang out or play WII, board games, do puzzles, eat snacks, watch movies, etc.!

> Saturday - Join us at 11 a.m. for story hour and all of it's festivities! What could be better than a great book, a good snack, and a fun craft? Wee Build "Block Parties"

will be starting soon on Saturdays directly following story hour. Stay tuned for details. For toddlers and 'tweens.

Movies!

March 10th we will be showing the animated family movie "The Good Dinosaur", rated PG. In a world where dinosaurs and humans live side-by-side, an Apatosaurus named Arlo makes an unlikely human friend. Movie starts at 6.m.

March 24 we will be showing the "The Hunger Games: Mockingjay - Part 2", at 6 p.m. Katniss Everdeen, the reluctant leader of the rebellion, must bring together an army against President Snow, while all she holds dear hangs in the balance.

Special Events

The Blue Ridge Summit Library will be hosting a beginning quilting class in mid-March. Please call the library for date, time, and reservation. For more information call 717-794-2240.

FREE computer classes will resume on Wednesday, March 30th. Call to set a one on one appointment with Jill at 717-794-2240.





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SCHOOL AND LIBRARY NEWS

Mother Seton School's Science Fair

Mother Seton School

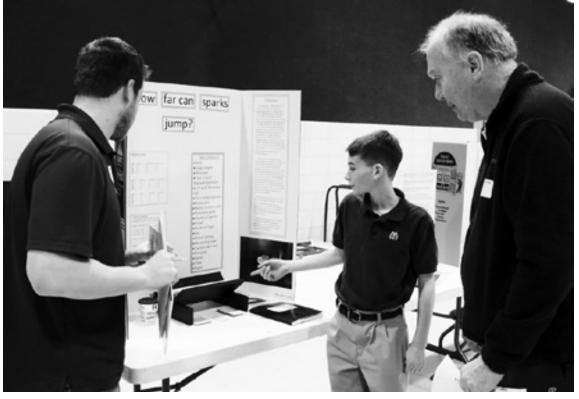
Just want to make that clear. Need to know the difference between an EN-dash and an EM-dash? I'm your gal. Where should you put that comma? I'm happy to tell you where. What is the pH of ionized water? Haven't the foggiest clue what ionized water is, let alone its pH.

Thankfully, my children haven't inherited my science-challenged brain. They take after their meteorologist dad who watches the Science channel for pleasure, and not because he's forced to because he can't find the remote... Not that I'm speaking from experience or anything.

My children love science. They succeed and thrive in their classes at Mother Seton School. And this time of year is like a second Christmas for them because it's Science Fair time. They get to investigate the things that interest them, perform cool experiments, and use tools they may not otherwise have a reason to play around with. They aren't the only ones, either, who love this time of year. My friends speak excitedly about what their kids are working on, and many have students who have been participating in the science fair for years, even when it wasn't mandatory for them. (Participation is optional in grades three and four, compulsory in grades five through eight.) It's truly a credit to the teachers and the curriculum at MSS that the kids get so fired up about science.

In previous years, projects have run the gamut from what is the effect of salt on boiling water to how does athletic shoe design affect performance, to extracting DNA from plants and measuring the effect of exercise of our memory. This year, students are studying things such as the effects of magnetism, what type of wood burns the fastest, and do experienced videogamers have better reaction times than nongamers. It's always something different, and there is always something new to learn at each science fair. At a time when we're constantly reading about the decline of American education, particularly in the math and sciences, it will help boost your optimism about the future of our society to see what our junior scientists have been working on.

I used to worry that my lack of scientific know-how would impede my children, because I couldn't confidently assist them beyond designing their display board. But after putting a few science fairs under my belt, I no longer fret about it. I see how excited the kids get and how much they enjoy researching and experimenting, and be-



A Mother Seton student explains his science project to the judges. This year's science fair will take place the week of Mach 14 with Juding taking place on Wednesday, March 16.

cause their teachers have already instilled in them a terrific foundation for learning, I know they'll do just fine. Not only that, but the sense of accomplishment that comes from putting together a science fair project is priceless. That's not something that can be taught, but it's surely something we celebrate. The Science Fair brings out the best in our students.

This year's Science Fair will be held the week of March 14, with judging taking place on Wednesday the 16th. Please plan on stopping by and taking a look. And while you're here, be sure to take a peek at the seventh-grade "Trout in the Classroom" project, where the students raise trout from eggs until they are old enough to be released. You won't be disappointed!

Effects of the increase in class size

Katie Groth Frederick County School Board

ne of the most difficult votes any of us had to make during the budget season last year was the decision to increase class size by one student. After all was said and done, there was no place else to make cuts in the Fiscal Year 2016 FCPS Operating Budget. The community had spoken loudly about their desire to find a way to give our teachers some kind of a raise, but in listening to the community and doing the math, the only way to give that raise was to increase class size. The way it worked out last year was that we gave all our staff a delayed salary step increase. A full step increase would have cost us about \$10 million; instead, by delaying the increase, we were able to fund a pay increase for staff for just over \$6 million. But in doing this, we had to cut 80 teaching positions. Increasing class size is problematic in several ways. First, it actually results in cutting teachers. It is, in reality, a staff cut. If an elementary school has, say, three classes of each grade level and you add one student to each; you can see that each teacher would have an additional student in his or her classroom. However, it doesn't work exactly that way. Instead, it results in the loss of a teacher or two, in which case some way must be found to arrange more seats in the remaining classrooms. If one teacher is lost, seats in other classrooms must be found for the 25 students from that class

In a school system the size of FCPS, increasing class size by one student across the board meant cutting 80 staff positions, even though most of the teachers whose jobs were cut were able to find positions elsewhere in the system due to retirements and people leaving. It wasn't like we had to lay off any teachers. But this one decision we made in a year of extreme budget challenges has begun to show signs of hurting our schools, some more than others.

Each school is allotted a certain number of staff positions relative to its size. If a school loses a staff position, the principal must find a way to offer the same or almost the same program with one less teacher. If two positions are lost, it becomes very difficult to find ways to provide enough staffing to give our children the quality of educational services we had been able to do in the past. Staffing decisions at the middle and high school levels become even more problematic, because the loss of one teacher means that there are several class sections that will not be able to be offered.

The loss, for example, of two staff members in one high school means that there are 12 class sections that cannot be offered. (This is based on the fact that in the block system which we use in our high schools, each teacher teaches 3 class sections per semester for a total of 6 sections per year.) In about March each year, students in our high schools begin signing up for their classes. This process will begin soon. Some students will be disappointed when they find that classes they may want to take, such as Calculus 3 or AP US History in the fall won't be offered because of a staffing reduction. If teacher positions have to be eliminated in one of our smaller high schools, that school proportionately suffers more. Course sections might be eliminated altogether. A student may have to go to another school (or to FCC) to take a course that they need, such as advanced math, science or music.

money to decrease class size by .25 students. This would amount to bringing back 20 of those 80 positions that were cut last year. But even if we were to find the money for this, something else would have to be cut. It is very difficult to see our excellent school system go through this time of crisis. We on the Board of Education are looking for ways to bring back the teaching positions we had to cut last year. There are so many needs that we have now, primarily resulting from the several years

of "flat funding." It won't be easy and it won't be soon. But we are committed to doing what is best for our kids in Frederick County. Please keep in touch with us as we go through this year's budget process. Plan to come to the County Executive's Operating Budget Public Hearing on Wednesday, March 16, at 7 pm, at Winchester Hall in downtown Frederick. And don't forget, the 40,000 students that attend Frederick County Public Schools are YOUR students too!

MOTHER SETON SCHOOL OFFERING FULL-DAY INSTRUCTIONAL PRE-KINDERGARTEN

In Dr. Alban's recommended budget for FY2017, includes





FOUR YEARS AT THE MOUNT

For this month, our writers will discuss someone who they consider to be a role model, leader or hero. We hope you remember who your role model is, and feel inspired to give them a thank you!

Freshman Year

Gentle assertiveness Michael Kenney Jr. MSM Class of 2019

I remember standing on the preacher's pulpit, knees shaking, ready to deliver my Student Council inauguration speech to the entire parochial middle school and every camera-ready parent in the audience. I recited the annual president's address, full of leadership platitudes and fluffy quotes about empowerment.

"Leaders are not afraid to stand up for what they believe in," I stammered, feeling like a hypocrite because of my own stage fright.

As I rattled off the names of the newly elected class representatives, however, I grew increasingly smug. "...Stephanie Crowley...Daniel Rodriguez..." I said, letting each name roll off my tongue slowly and clearly, so to extrapolate the time I could spend basking in a blithe glory. I was a leader. I had the fancy title and shiny badge to prove it.

I closed with same line as every former middle school president had, and the crowd applauded at their cue.

I felt a loose relation to all others affiliated with the term "leadership." Alexander the Great, Henry Ford, and now, me, I thought as I flashed my braces for the camera ready mothers. Though satirical, I think that my once amateurish misunderstanding

of "leadership" is an easy trap to fall into. This misguided idea, that leadership is reserved for people with loquacious personalities and notable positions, dilutes the significance of the "everyday leader." Everyday leaders use their unique personalities and talents to inspire the best from the people and situations surrounding them without ever expecting and rarely receiving recognition.

Upon reflecting on the various everyday leaders in my life, I could not help but contrast my once misguided understanding of leadership with my eighth grade brother's leadership style.

Ever since childhood, my younger brother, Jack, has embodied a distinctive leadership style. Jack's quiet confidence coupled with his genuine care for others exudes what I call a "gentle assertiveness." While the phrasing of "gentle assertiveness" may seem like a dichotomy, Jack demonstrates that gentleness and assertiveness effectively bring out the best in the people and situations surrounding him. He is not passive aggressive nor is he hesitant to command charge. Rather, his distinctive demeanor enables him to deliver his messages effectively without ever needing to falter to a jaded attitude. Jack's leadership style has served him well, particularly in regard to his coaching. Even as a toddler, Jack could be found scribbling plays in his notebook or chalking down drills in our driveway so to design ways he could guide the athletes around him success. Jack has always inspired excellence without ever having to lose his cool. One story puts it in perspective pretty well.

Picture this: It's a breezy autumn day, and leaves strewn across a field where a team of adolescent boys practice soccer. Amidst the teenagers marches a younger boy, Jack, who is about half their age and half their size. He scuttles around the young men as they complete their passing drills, commenting occasionally with a "Good job" or "Get a little bit more power behind that ball." Jack then spots one player intentionally rocket the ball far beyond his teammate and laughs at his own antics. Jack places his hands on his hips like an old man trapped in a youngster's body. With his clipboard in hand and whistle strung around his neck, he beelines towards the teenager.

"Hey, you! What do you think you're doing?" Jack asks. The older boy laughs, regarding the question as a form of cheeky amusement. "I don't find it funny," Jack says, stone faced. "Give me five pushups." The player's expression deflated, and he complied. The pushups are done haphazardly, so Jack orders for five more. "Fool around one more time and you may become very comfortable down there in pushup position," the child says in a tone that is both gentle and assertive.

Jack has always been confident that gentle assertiveness is the most effective coaching style. Shortly after he "retired" from coaching soccer, eight year old Jack wrote a letter of advice to the University of Notre Dame's head football coach, Brian Kelly. Kelly's Fighting Irish team battled backto-back 8-5 seasons -- an equivocal record for a highly talented team representing a football mecca. While sports analysts focussed mainly on play-by-play analysis and scoreboard results, Jack honed in on the postplay interactions between Kelly and his team. Jack felt that Kelly's then hot tempered leadership corroded the team's morale more than it spurred success. Nevertheless, Jack penned a letter to Kelly in which he described ways Kelly could adopt a more composed and effective leadership style.

Jack, who serves as an assistant coach for a middle school boys' basketball team, relates to John Wooden. Wooden, the legendary UCLA basketball coach who led his team to ten NCAA National Championship titles in twelve years, never adopted an irascible coaching style.Instead, Wooden geared his energy towards creat-



ing a positive environment, and he consequently earned positive results. Wooden's players did not respect him out of fear. Rather, they succeeded because Wooden lived by the expectation he set. Wooden established a blueprint for success which he called the "Pyramid of Success." This layout describes 15 leadership qualities that guided Wooden's team both on and off the court.

Jack takes these characteristics to heart, and in particular lives by Wooden's lesson, "Control of your organization begins with control of yourself. Be disciplined." Jack's respectability stems from his discipline. His team knows that he expects and deserves a standard of excellence, so Jack never needs to falter to an ostentatious attitude.

His gentle assertiveness demonstrates that leaders do not need to be the most vocal to make the loudest impact.

To read other articles by Michael visit the Authors section of Emmitsburg. net.

Sophomore Year

"If you want to do it, you can do it."

Sarah Muir MSM Class of 2018

The woman that today is known by the rest of the world as the famous investigative journalist, Nellie Bly, was born Elizabeth Jane Cochran on May 5, 1864. Her birthplace, Cochran's Mills, Pennsylvania, was founded by her father, Michael Cochran who died tragically in 1870, leaving no will and his family practically penniless. To help her now widowed mother, Bly attended Indiana Normal School, a small college in Pennsylvania, to study to become a teacher. However, the financial state of her family caused her to hold off on her hopes for higher education. She and her mother moved to Pittsburg(h), where they ran a

boarding house.

In 1882, at age 18, Bly jumpstarted her career in journalism. Erasmus Wilson, a writer for The Pittsburg Dispatch had published a piece that essentially portrayed the ideal woman as a homemaker and nothing else, calling the idea of the working woman a "monstrosity." Miss Bly strongly disagreed and fashioned a fierce response. Her letter caught the attention of George Madden, the managing editor of the newspaper who offered her

vestigative work. Throughout her life, she called for changes to labor laws so that they would protect working "girls" and sought to reform divorce laws which, at the time, favored men. She worked for some time as a foreign correspondent in Mexico until she exposed the political corruption there and was expelled from the country. In 1888, she would write a book detailing her experiences there entitled, Six Months in Mexico. She left the paper when her editors began to place her on tedious assignments and moved her work to the women's section. By 1887, at age 23, she moved to New York City and joined the newspaper, New York World. While working for the New York World, Joseph Pulitzer sent her on assignment to write her famous exposé on the ill-reputed asylum for the insane on Blackwell Island, which has since become Roosevelt Island. In order to expose the truth of the institution, she convinced others of her mental illness and was committed into the institution as a patient. She stayed there for ten days and the series of events that would befall her would later be published under the title, Ten Days in a Mad House. This publication would bring to light the neglect and physical abuse suffered by the patients at the hands of their caretakers. It would bring about an investigation into not only Blackwell's Asylum, but other institutions as well as cause enhancements in health care. Her

investigative journalism did not end there! She went on to write articles featuring the treatment individuals faced in New York sweatshops, jails, and factories along with exposing corruption in the state legislature.

In 1889, the spotlight was back on Bly, when she set out to break the world record set by the fictional character Phileas Fogg, of Jules Vern's Around the World in 80 Days. She would beat the fictitious record, completing her global trip in 72 days, 6 hours, 11 minutes and 14 seconds. This trip bolstered Bly's fame and she published her travels in 1890 in a book entitled Around the World in 72 Days.

In 1895 when she was 30 years



Unfortunately, two years later she died of phenomena at age 57.

Though she was not the first, Nellie Bly was a pioneer for women in journalism. She placed herself in dangerous situations to expose the injustice doled out to the disenfranchised. She sought to give a voice to those on the outer margins of society by uncovering the suffering of the poor and in doing what she loved, she brought about change. Nellie Bly, along with so many other brave women, helped to lead the way for not only women's rights, but also human rights as a whole. Without them, our society would not be where it is today. I firmly believe we need more people like Nellie Bly, people who search for the truth in the most unlikely places and seek to bring about change, no matter how impossible it seems. People that believe, "energy rightly applied and directed will accomplish anything."

a job, which she accepted. Thus, Nellie Bly came into being.

In 1885, Bly worked as a reporter, earning \$5 a week. Many of her articles focused on the suffrage movement and flaws of sexist principles. She became most well known for her undercover and in-



old, Bly married Robert Seaman, a millionaire industrialist who was 40 years her senior. He died in 1905 and she ran his business, the Iron Clad Manufacturing Company, where she showed more of her ingenuity by inventing the steel barrel that has since become the model for the 55-gallon drum, still in use today. She turned the business she inherited into a multi-million dollar company and treated her workers extremely well, providing them with gymnasiums, staffed libraries, and health care. These luxuries, however, chipped away at her fortune, leaving her in a precarious financial situation. She lived in Australia during World War I and eventually made it back to America in 1919 and returned to work at the New York Journal in 1920, reviving her writing career.

To read other articles by Sarah visit the Authors section of Emmitsburg.net.

ROLE MODELS

Junior Year Elevating leadership our annual JFTX (Joint Field Train-

Leeanne Leary MSM Class of 2017

In the midst of all the happenings Lsurrounding Mount St. Mary's right now, leadership seems to be an incredibly relevant topic. At the core of all of the media attention is President Newman who, regardless of each individual's opinion of him, is the leader of the university. His ideas, movements, and decisions all depict who he is as a leader and the leadership he has appointed under him. He's being questioned by some, supported by others, and at the end of each day, he goes home as the president of my university, regardless of how I feel. And again, regardless of how I feel this has been the ultimate lesson in leadership.

I've had the opportunity over the past few years to be a part of some pretty incredible leadership programs and experiences here at the Mount, the first being ROTC. If you read regularly, you'll know that I joined ROTC my freshman year and in 16 short months will commission as a Second lieutenant into the U.S. Army. I've just recently been able to stand in front of a platoon and senior leadership and give directions without walking away with shaky hands. ing Exercise) being absolutely terrified to age a year and be in charge of anything. We were in a training rotation and it was my platoon's turn to begin the tactical training exercise. It was below freezing and as a mere MSII, (sophomore) I spent a lot of time lying in a 360 security formation on the cold hard ground while the important people made all the decisions and did all of the planning in the middle. I was hungry, half bored and half grateful that I wasn't the one in charge.

Our PL and PSG had received a mission to retrieve equipment from an area specified to them. We were briefed on a very basic outline of what was about to happen and moved about 300 meters to where we then stopped and were put into a security halt so that our leadership could go on a leaders recon of the objective. We then laid in security for 30 minutes at which point our leaders returned and briefed us on their recon and the plan. The details are unimportant here; basically we were to go into an open area about 200 meters away and retrieve a significant amount of equipment.

We began our movement to the objective and almost immediately received "fire" from our notional enemy forces. At that moment chaos took over. We hadn't been expecting enemy activity, we hadn't been briefed on a plan, and our Platoon Sergeant was the first of us to be shot and killed. In that same moment, our Platoon Leader looked panicked. She looked from one subordinate leader to the next, trying to pass down information quickly but hadn't yet made a decision. She was not decided on whether we were going to retreat or return fire and the personnel in charge of that particular training lane looked at her saying

"You better make a decision, PL." 30 more seconds go by "DECISION, PL"

Finally, she snapped back into focus and decided upon returning fire, quickly calling in her squad leaders and disseminating her decision.

In that moment she lost her best leader and was faced with a decision. It took a mere 90 seconds for her to react, but in those 90 seconds her platoon – myself included – hung in suspension, waiting. In that moment I simultaneously felt awful for our PL (who in reality was a junior in college who hadn't even been to camp yet and the lane supervisors were completely aware of this) and realized that only a single summer separated me from being in that very position.

In that moment I realized how crucial leadership really is. I also realized that a lot more goes into leadership than simply "supervising" or watching out for the people under you. I realized it takes quick, confident decision making and the ability and courage to stand by your decisions and see them through. I realized all the PowerPoint lectures in the world that we go through in class every week couldn't actually prepare her for that game time decision, only experience could. I realized how crucial and how helpful a little bit of confidence is.

In our AAR (After Action Review) at the culmination of the mission, I realized how utterly important it is as a developing leader to question everything around you and evaluate those leading you. This final lesson is one drilled into us as cadets studying and training to become officers: question everything. If we don't understand why something is being done a certain way, ask. If there's a better way to get something done, question the method.

This doesn't work so well in the normal world, I'm sure most people can't go up to their boss in the office and question their methods directly without consequence, but in learning to lead what is more effective than evaluating leadership? Aside from experience, the answer is nothing.

This lesson has become more important in my everyday life in light of the recent happenings at the Mount and I'm writing about this particular lesson in leadership to urge the rest of you to take it into consideration each and every time you see something going wrong. As the events coined "turmoil" start to fade at the Mount, I'm even more grateful for the leadership training that has been provided to me by the same insti-



tution. From it I've learned lessons that go beyond the sphere of field training and for the first time have seeped into other areas of my life.

I am by no means an expert on, or even educated about, everything that has happened in the President's office recently, but I do know this, if we continue to evaluate and question our leadership as a means to become better leaders ourselves, we will start to move in the right direction.

Whether you find President Newman, your personal boss, your church leaders, or any other person in charge to be right or wrong, the most important lesson I've learned is to fairly evaluate those in charge. If you find them to be right, they will have even more of your respect, and if you find that their ways differ from your own preferences, you will have a true platform for learning and developing.

To read other articles by Leeanne visit the Authors section of Emmitsburg.net.

I distinctly remember last spring at

Senior Year

The unsung hero

Katie Powell MSM Class of 2016

ero. Role Model. Leader. When you read these words, a person comes to mind. Who is it? Is it a famous actor or singer, a historical figure, a friend? Do you think of someone you used to see as your idol, but has since fallen from your graces? Take a minute and think about it. What is special about them, if anything at all? Now I want you to think about your mom. I mean this term loosely: think of the woman who raised you; maybe she is not your birth mother. It could be your grandmother, an adopted mother, an aunt, or even a father. Your mom is the person who cuddled you when you couldn't sleep at night. She sang to you, perhaps poorly, to ease your pain. She was there from the day you met her and she never left you.

your mom has had something similar happen to her. It got me thinking and I realized that moms deserve much more credit than we often give them.

From the instant your mom saw you, she loved you. Whether she carried you in her womb or did not meet you until you were three years old, she loved you, perhaps even before she met you, and her left has never ceased since. As you grew up, your mom's love evolved but never faded. Every time you screamed 'I hate you,' she loved you. When you tried to run away, she loved you. When you failed your first test, and she was angry with you, she loved you. Even when you colored on the walls in Sharpie, she loved you. And she will continue to love you, unfailingly, forever. She protects you fiercely. You have probably heard the story of the woman picking up a car to save her child underneath. Your mom has done this for you, at least metaphorically. I can remember many times when I was not strong enough to face something on my own, so my mom helped me out as my right hand man, and enforcer, only if I needed it. She watched me ride my bikefive houses down either way, and sprinted like no other if I teetered off. She kissed the booboos and

wiped the tears and sewed ripped clothes. She always had your back.

She loses countless hours of sleep over you. As a baby, you made sure your mom did not sleep, needing to eat every few hours. As a toddler, "Mommy wake up" was her alarm. Throughout elementary and middle school, she had to make sure you were up and ready to go before she even ate breakfast. When you were seventeen or so and you got your license and you would stay up past curfew, so did your mom. When you were twenty-one and going out with your friends until three am, somehow finding your way back to ceeded, with a new life lesson under your belt.

She pushed you to try new things, and encouraged you wholeheartedly. When I was nine, I had a neighbor who did color guard in high school, and I would watch her practice in her front yard. I told my mom I wanted to do it, and she told me that I could-never mind that I had zero coordination or rhythm. Around the same time, the summer swim team was starting, and I said I would try it. I was not very athletic, and I wanted to quit after the first day. But my mom told me to stick out the summer. My mom was not raising a quitter. Twelve years later, I am one week away from my last competition as a Division one swimmer. My mom is the reason I made it to where I am today. You are her everything. Chess competition? She'll drive. Wrestling match? She'll buy you dinner after. Swim meet? She'll make you pasta. Class field trip? She'll chaperone. Mom is your cheerleader. Seeing you succeed means the world to her, because you are her world. She is at every school play, competition, field day, and class room party that she can possibly attend because she loves the look on your face when you've had a good day, won a match, got a good grade, or succeeded in any way. She would do anything to make sure you always have that look on your face.



Moms are always there for you. Granted, I wrote this based mostly on my mom, but I talked to other people too and they backed me up. Moms are the unsung heroes in all of our lives. We all have role models

Are your mom and your hero the same person? Because for me, they are—and I will tell you why that is how it ought to be.

Recently I have seen my mom go through some of the toughest months of her entire life, and through it all, her number one concern was my sister and me. In fact, I can almost guarantee that bed, your mom was up too. Honestly, I don't think my mom has ever stopped losing sleep over me. I doubt yours has, either.

Your mom let you fail. She let you procrastinate your science fair project till the last minute. Maybe she let you go on a date with the "bad boy" in high school. She let you stay up past your bedtime so you could watch a show. She didn't make you study all the time, and sometimes she didn't make you get ready early enough. But, when you were panicking about your project, she helped you finish it. When the bad boy broke your heart, she put it back together. She let you sleep in a little later if you were up too late. If you were running late for school, she helped you get ready. She let you fail. But then she made sure you still sucthat we look up to and aspire to be like. Rarely, however, do we think that we want to be like our moms, but we should. They teach by example, showing us what it means to love unconditionally and wholeheartedly, give without reserve, and expect nothing in return. They give us everything that we need so that we in turn can give everything we have to the world, but some of us never do. We all must look inside of ourselves and remember what our moms taught us, and use that as our role model. Give selflessly. Encourage your loved ones. Remember the little things. Overall, love others more than yourself. Be the person that your mom raised you to be.

To read other articles by Katie visit the Authors section of Emmitsburg.net.

FASHION

Easter fashion

Valerie McPhail MSM Class of 2015

Easter and new fashion synonymously define just how the springtime is a season that brings renewal. Easter is a special time because it is a holiday that represents the essence of my faith in Christ. The power behind celebrating involves a rebirth of identity. Of course, an accompaniment of eggs and flower buds further illustrate signs of a new beginning.

Easter has always been a day spent acknowledging the faith alongside my family. At a younger age, such events inspired some excitement over new fashion. One year, this new fashion was the new pair of sandals I once awoke to find in my Easter basket. These sea green, low wedged sandals automatically became the statement piece to the outfit I would wear on Easter. In response to my interest in fashion and clothing, family events quickly became reasons to dress up. Easter marked the first sights of spring fashion. As Easter becomes increasingly reflected upon, there are spring fashion trends for the whole family. These popular themes can be coordinated together so that you can share in the excitement of Easter fashion.

Women

Women's fashion is responding to the romance and ease of this season by presenting breath-taking clothing designs. Off the shoulder tops and exaggerated sleeves, denim bottoms claiming foundations to ruffles and lace, with sequins included in the details can all be seen during this time of the year.

With that being said, it is without surprise that the off-the shoulder look is officially predating the beach bum days of summer. In fact, there is no need to restrict the off-shoulder style to the beach (re- poolside/ beach wrap attire) but it is rather a stylistic design decision that welcomes the warm weather, especially against your skin. The off-the shoulder look is dramatic; there is nothing casual about it.

From the conception of its design strategy-circa 1830s- it was a big deal. Lowering the shoulder of a woman's dress was a bold statement, and only the fashionable lady would dare to desire such a modern look. Back then, the off-shoulder style was a detail that defined evening dresses; today, this look translates to dresses found on the runway for this spring. Minimalist options can be found by Boss, Prabal Gurung and J Crew. Such runway references provide a bare idea of how solid colors draw attention to design. Mint green presented by J Crew, black via Boss and white as seen in a look from Prabal Gurung reveal a notion that color is an important detail that allows for a statement. Solid, pigmented textiles bring attention to design aesthetic in the case for the off-the-shoulder look. It speaks of romance and femininity.

The exaggerated sleeve is a look that was trending on the runway. This design can bring to mind all sorts of historical references - an Old English sleeve, 1980's shoulder or a bohemian flow - to properly describe the ease of this fashion statement. JW Anderson is a runway reference whom brought back this detail in a number of the looks throughout his Spring/Summer 2016 Collection. Simone Rocha was another designer who carried the legacy of this trend last season during London Fashion Week. Both designers bring an excitement to design. The exaggerated sleeve compliments the glamour of spring. Both are pleasant sights to see.

Denim is a constant of many wardrobes, especially to American fashion. However, it is not always seen on the runway. For Spring/Summer 2016, we will see an exception, and it is truly exciting. These sights have been spotted in high fashion: Chanel designed a full-length denim dress, Vetemens manipulated the fabric to create frayed jeans and skirts, while Stella McCartney showcased jumpsuits this season. The ease and comfort of denim is becoming couture, and high fashion. Blurring these lines should come without surprise: as fashion becomes more available to the public eye of appeal, comfortable clothing becomes a necessity. Without risking quality and precision, this season embraces a comfort without reservation. The peace and the calm of spring is a perfect time to ease into new fashion.

Don't forget the details

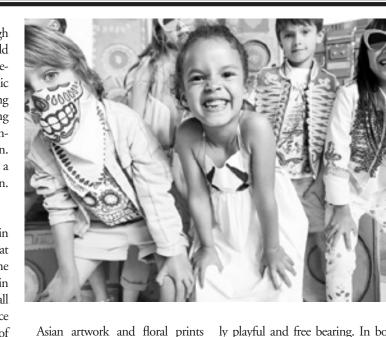
There is nothing more standard in fashion than a Sunday dress, that is, an Easter Sunday dress. The one thing ruffles, lace and sequins have in common for spring is that they can all be found on dresses. Let the romance of ruffles and lace, and the charm of sequins inspire fashion choices this spring. Ruffles and lace are great options for daytime to evening looks, while sequins are best admired on going-out attire. Save a full-sparkly sequins and glittery dress for a night out dancing and for special events.

Men

Men are beginning to have fun with their fashion. What started with printed button downs from Tommy Bahama is now finding a voice among menswear brands around the world. Now, the 'ole Hawaiian floral look is reintroduced with the Japanese flower print. It is an exciting time in the menswear industry to say the least. The traditional pieces that defined a uniform to men are now reinvented and re-introduced as eye-catching looks. And it is a perfect, fresh new look for spring.

This sort of movement has recently translated through decorated blazers and Asian inspired prints. The basic staples are now far from traditional. New ventures on the tuxedo jacket were also popular, but seem more appropriate for evening attire. Therefore, a blazer is deemed a better option for the daytime.

A round of applause for Paul Smith; His Spring/Summer 2016 Collection brings an assortment of suit jackets and blazers — the double-breasted suit coats were light heartening— the polka dotted gray coat and the leather pieces are favorites among other festive pieces that are worth celebrating in.



were defining features of the men's runway for Spring/Sumer 2016. It is not too difficult to see why--- there is a peace with confidence in these prints referenced in an array of jackets and tops. This floral look is far from feminine. Alexander McQueen offers full suits; jacket, pant and collared button downs with a dragon graphic print while Louis Vuitton presented a similar reference in bomber jackets and satin tops. Marc Jacobs is another reference; floral printed pants, shorts and t-shirt defined this New York City designer's Spring 2016 Collection. The Asian graphics and floral prints are appropriate for springtime. Let's not neglect the fact that flowers are determinants of the spring season. Therefore, the rich, vibrant colors that pair well with these prints express an excitement for not only the warmer weather, but also for this new season in fashion. The menswear industry is expressing its interest in striking prints that demand attention.

Children

When it is time to dress up, spring dresses for girls and khakis for boys are always presentable looks for children. These traditional attires are in the works of change as we see fashion brands primarily established for womenswear and high fashion break into the world of children's fashion.

Stella McCartney has been designing a children's line since 2010. In statements regarding the line, "Stella McCartney Kids," McCartney has shared a perspective that is essential-

Play A Round & Get Pampered ly playful and free bearing. In both design and aesthetic, there is an interest in pieces that allow children to live their lives. Stella McCartney's influence on fashion is refreshing in the development and growth of her children's fashion line. If fashion is an art that communicates perspective through clothing design, then through her collection of graphic t-shirts, overalls and sneakers for kids, Stella McCartney is leading the way. For children are expressive in their ways and need clothing that encourage their young spirits.

Italian brand, Dolce & Gabbana has been designing children's clothing since the establishment of the line in summer of 2012. In its most recent collection there is a theme that translates from the men's and women's collection to the children's line. For the girls, this looks like lace and striped printed dresses and for the boys graphic t-shirts and denim. To get the whole family in similar looks, shop floral prints and stick to stripes.

Couples

The sight of couples that coordinate their outfits brings a smile to my face. It is refreshing to see and will be even more so to see in light of the similar trends met this spring. The wide-leg pant is a style both men and women can explore. A baggy, pleated pant is the best way for gentlemen to test the look. Women can shop silk and polyester styles. Another option is matching in stripes- striped dresses are simple looks for women, and striped suits are classic looks for men. This season, embrace the new looks fashion is identifying with. It may even be easier with someone by your side ---opt for matching in style. Easter is a holiday that celebrates the identity found in faith and relationships with Christ. In response, there is a confidence that is externally visible and communicated in all forms - speech, presentation and demeanor. Fashion elicits a comparable reaction. Design and aesthetic present a perspective. Although not communicated audibly, it recently has proven a powerful way society finds that it can express itself. The industry's growing attention proves this relevance. The fashions of Spring/ Summer 2016 communicate just how fashion identifies with life. We are entering into a new season of new ideas on fashion. This is for men, women and children, so the whole family is included.



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CREATIVE WRITING

Raptor Peak

Lydia Olsen MSM Class of 2016

Ernie opened his eyes slowpopcorn ceiling above him. He took in a deep breath and let it out, coughing unintentionally with the expansion of his lungs.

"You're up?" Ellen whispered from the other side of the bed.

"I'm surprised too," Ernie responded. He rolled onto his side and tried to make out the features of her face as she rested there peacefully. It always took Ernie a moment to realize that he needed to grab his glasses from the nightstand if he wanted to see anything besides fuzzy blobs. He reached over and placed the bifocals onto the familiar place upon his nose. His view became clearer and he grunted with a mixture of gratitude and frustration.

Ernie looked at his wife of 48 years. Her long brown hair had turned short and white with age and her perfect skin had become wrinkled over time. Ellen opened her eyes and looked at him. He couldn't help but grin at her. "What's got you all smiley?" she said with a giggle.

"Remember when mama first introduced us? I remember you standing in my kitchen, wearing bright red panty hose. I thought, 'no way.' I thought you must have been crazy to make that bold of a fashion statement. But then you turned around and I saw your perfectly combed hair and your beautiful face. You smiled at me and I knew, I knew you'd be my wife."

Ellen rolled her eyes, "You've always been a charmer," she said with a smile.

Ernie had done many things in his lifetime. He had started his bucket list long ago when the doctors first found the cancer a couple years back and had been working on checking things off of it since. There wasn't much more left that he wanted to see or do.

He had a good life. He thought back to his childhood. His parents had ten children: seven boys and three girls. Ernie fell somewhere in the middle. They didn't have much money growing up but they did have a lot of love. They spent the days playing outside in the valleys, running up and down the mountains and watching the raptors circle overhead. He remembered how his legs would feel the next day, sore from all the sprinting trying to keep up with his older siblings and the elevation of the mountains. That was back when they had lived in Pennsylvania. Ernie hadn't done much of that since they moved to Western Maryland when he was 15 years old and part of him missed the outdoors.

The Sunday wore on. Ellen sat in her chair and read a romance novel in the sunlight while Ernie watched some show he had never heard of on TV.

"I'm not sure if we have anything to eat for dinner," Ellen mentioned, "Maybe you could drive to the store and pick up a few things for us?" Ernie sighed, content with his cozy chair. "That is, if you want to eat," Ellen threatened.

"Fine! Fine!" Ernie responded. He clicked the power button on the remote and worked to gain momentum to get out of his chair. His second try was successful. He gave Ellen a kiss on the head and said, "I'll go right now before I use all my energy doing something else."

Ernie got into the car and pulled out of the driveway. The handicap tag hung from the rearview mirror. He drove through the mountain, towards the grocery store. He arrived and picked up the few things Ellen had written down on a notecard for him. Ellen's beautiful cursive reminded him of the notes she used to send him when they lived apart. He wasn't sure how he had gotten so lucky.

He checked out the items ef-

ficiently and walked back to his car. It was a beautiful day. It was still technically winter and there were random snow piles scattered across the grass and parking lot, but today felt truly like spring. It was the warmest it had been in a while and the sky had no clouds in sight.

Back in the car, Ernie began to drive home, going the long way through the valley. He came to a place clustered with cars. People walked around going in every direction. They were taking advantage of the beautiful day by going hiking on one of the many trails. Ernie continued on. When he got to a sign that said "Raptor Peak," he slowed down, and without a second thought, he parked the car in a parking lot near the head of the trail. He sat in his car for a minute contemplating whether or not he should take on this journey. Going to Raptor Peak was something he had wanted to do since he moved to the area more than 40 years ago. He had never gotten the chance. He wasn't sure if he could make it now, in his aging and increasingly fragile stage, but he realized that today was the youngest he was ever going to be for the rest of his life. So he got out of the car and bent down to tie his sneakers a little tighter.

The brown sign at the start of the trail said one mile. He had just started but he was convinced it had already felt like at least two. He traveled slowly, with age and caution, but with determination. He ground beneath his feet squished with the dampness of the melting snow. Ernie maneuver around the rocks and trees, following the blazes placed every so often. He came to a stream that ran through the trail and down the mountain. He stopped to listen to it. Taking in the peacefulness of the sound of the trickling water and the beauty of it as the sun glistened across the surface. He continued on, stopping every few yards to take a moment to rest.

A group of girls came walking down the trail opposite him. "Am I almost there yet?" Ernie



asked as his chest expanded and fell quickly.

"You have a little more ways to go, but you'll know you're there when you see the orange peel on the ground," a young girl in the group responded.

Ernie continued on. He thought about turning back but he had made it this far so he couldn't give up now. He hoped that Ellen wasn't worrying about him. He hadn't even brought his cellphone to let her know where he was. The trail wove through the trees; their exposed roots submerged, trying to trip even the best hikers. Upward he went, the incline felt endless. Finally he came to a flat portion and stopped to rest by leaning against a tree.

"Maybe this was a bad idea," he thought to himself. His legs were already sore like those days he used to run through the valley. "Maybe I should turn around now," he questioned internally. He took another deep breath trying to slow his heart rate and then looked at the ground beside him. "An orange peel!" he exclaimed out loud.

Ernie turned and saw the mountains and the valley laid out in front of him. The sun was beginning to set on one side of the hills that cast a shadow around all the land in front of it. The houses were scattered out like tiny dots across the land and beef cows covered patches of grass like carpenter ants.

"I've made it," Ernie said to himself feeling accomplished. "I am so blessed. Ellen won't believe what I did today. She is going to be so proud," he thought to himself as he realized the beauty of the view he had been waiting to see his whole life. Ernie stood from the top of Raptor Peak and watched as a hawk swirled with the wind.

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ARTS **Totem Pole Playhouse 2016 Season**

otem Pole Playhouse, Pennsylvania's premiere summer theatre, located in Caledonia State Park between Gettysburg and Chambersburg, has announced the theatre's 66th summer season.

Prior to the start of the season, beginning May 17th for one week only, Totem Pole will present a special return engagement of last season's biggest hit, Lovesick Blues, a tribute concert featuring Robbie Limon as Hank Williams, Sr. and Denise Patton as Patsy Cline. Backed by a six piece band the duo sings such country western classics as: "Honky Tonk Blues," "Hey Good Lookin',"

"Jambalaya (On the Bayou)," "The Lost Highway," "Crazy," "I Fall to Pieces," "Walkin' After Midnight," "Sweet Dreams," and special duet of "Your Cheatin' Heart," which was a hit record for both artists.

Kicking off the subscription season will be Six Dance Lessons in Six Weeks, a touching and human comedy with music and dance, which also addresses the serious issues of ageism and intolerance.

One of the most successful musicals in the Totem Pole's 66-year history, Forever Plaid, will return after nearly 10 years, as a guest

production of Los Angeles, CA's critically-acclaimed Theatre A Go-Go, Inc. Forever Plaid is one of the most popular musicals in recent memory. This deliciously fun revue is chock-full of classic barbershop quartet harmonies and pitch-perfect melodies! Four young high school students discover they shared a love for music, and get together to become their idols - The Four Freshman, The Hi-Lo's and The Crew Cuts. The show will run June 17th through July 3rd and is suitable for the entire family.

A 'Neil Simon-esque' comedy written by the celebrated acerbic stand-up comic, Lewis Black, is the third offering of the fourshow subscription season. Set in 1981, the play focuses on the Coleman family of Cincinnati, Ohio - Doc, Delia, and their three daughters - on the day of their oldest daughter's backyard wedding. The bride-to-be, Courtney is set to marry Harper, a conservative, straight-laced, all-American guy. However, that becomes much more difficult when Courtney's long-time, free-spirited ex-boyfriend Ryan shows up at the front door apparently unaware of the day's significance and won't go away.

Closing out the season, Totem Pole's favorite son, John Putch, will return to direct one of the funniest musical comedies ever written, A Funny Thing Happened on the Way to the Forum This unforgettable, hysterical musical is suitable for the entire family.

Those interested in subscribing to the season or purchasing tickets for single shows may do so either on line through Totem Pole's website at www.totempoleplayhouse. org or by calling the playhouse's box office Monday through Friday, 10 a.m. to 4 p.m. at 717-352-2164, ext 1.

The Princess & The Pea

he Gettysburg Community **I** Theatre is proude to bring to the stage a hilariously nutty retelling of the story of "The Princess and the Pea," Once Upon a Mattress is filled with wonderful songs and sidesplitromantic, and melodic spin on a familiar classic is recommended for ages 10 and older. The role of Winnifred the Woebegone is one of those typical fish out of water roles; a brash, unrefined princess

ting shenanigans. This raucous, enters the royal court to charm Prince Dauntless the Drab while dodging the slings and arrows of his mother, the devious Queen Aggravain. If ever there were a performing arts paradox.

The GCT production is directed by Pamela Hurlbert and features the talents of Vanessa Rice as musical director and Buff Wills as choreographer. This production is especially different, because it features a cast made up entirely of Senior Citizens ages 55+.

Last year's popular senior cit-

izen production of Fiddler On The Roof lost two of six performances due to snow, but GCT audience members that did get a chance to see it were very impressed. Senior Theatre at GCT will continue once a year to win the hearts of young and the young at heart in the community. The cast of Once Upon A Mattress stars Phyllis French as the Queen, Barbara Dempsey-West as Princess Winnifred, and Steve Huete as Prince Dauntless along with a cast and crew of about 20 Senior Citizens from York and Adams Counties.

Tickets are \$18 plus tax/fees for the limited reserved seating

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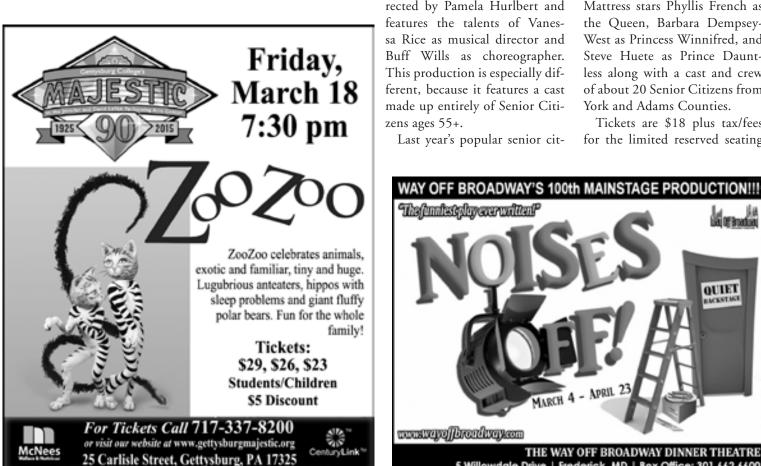
QUIET

in the intimate 80 seat theatre at GCT and may be purchased online at the theatre's web site at www.GettysburgCommunityTheatre.org to pick your own seats or by calling 717-334-2692 with credit card to purchase what seats may be left available. GCT is fully accessible and has an ADA compliant ramp at the back of the building.

This production is sponsored in part by the Adams County Arts Council's STAR Grant which is funded in part by the Adams County Commissioners and the Robert C. Hoffman Charitable Endowment Trust. GCT thanks them all for their generous support of this program which would not exist without their understanding of the value of the arts in our community.

Gettysburg Community Theatre, the non-profit 501c3 organization located in the original Elks Lodge building at 49 York Street within the first block of Lincoln Square in historic downtown Gettysburg, opens its second production of their 8th season with the zany musical Once Upon a Mattress. The production will perform at GCT at 7pm on February 26, March 11, 12, 18 and 19, and also at 2pm on February 27, 28, March 6 and 13.

 \sim



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THE SECRET IN THE WINGS Mount presents: The Secret in the Wings

Jack Williams MSM Class of 2017

Tey everyone! Ciao da Firen-try studying and seeing the sights for about a month now, and I feel incredibly blessed to be able to study in a different country. I miss my colleagues, I miss you guys, I miss the Mount. But my new friends and I have a lot of experiences worth sharing, and a variety of stories that don't involve gelato or landmarks. But there are more pressing matters first! The Mount has their major play coming up this month, and it is just as interesting as last semester's production Too Much Light Makes The Baby Go Blind. And, from all appearances and interviews, this play will be just as great a success, if not more.

The play to be showcased might sound a bit unfamiliar, it's one that was only officially published in 2014. But it's a concept that I am sure many of us, myself included, will find incredibly entertaining to witness. It's called The Secret in the Wings by Mary Zimmerman, the playwright and director currently teaching performance studies at Northwestern University. She is an esteemed director, having won a Tony Award for Best Direction in her time directing Ovid's Metamorphoses (2002). You may see advertisements for the Mount's show in the paper this month, but I felt that if you didn't receive context or an introduction to this play that you might miss it. It's definitely worth your time! Let me explain why.

When I was growing up, my parents introduced me to fables and other childhood stories like Sleeping Beauty, Beauty and the Beast, Hansel and Gretel, the Tortoise and the Hare. These are stories which are timeless, and have a worthy lesson at the end. Most tales which begin with "Once upon a time" and end by asking "What's the moral to the story?" are often grouped into children's literature.

But have you also noticed that a good number of classic fairy tales, while always sharing a happy ending, also share some dark moments in their respective plots? Hansel and Gretel, for instance, has the children locked up and about to be eaten by an evil witch. Or Little Red Riding Hood, while having been reinterpreted considerably in the 1950s and 60s in the wake of the influence of Freudian psychoanalysis and feminist critical theory, still involves death from a wolf. There can be some dark moments in these stories, even in the most revered and widely read fairy tales. Mary Zimmerman noticed this as she was growing up. In an interview with Nicole Galland, Zimmerman noted that, "The stories had happy endings, but really brutal journeys. It was a world of absent or downright vindictive parents. Children fled their homes, were on their own, accomplished tasks that were painful or impossible with the help of animals or otherworldly creatures. All of that was very powerful to me as a child, and still is." As you can probably gather, Zimmerman decided to create a stage play which touched upon the fact that there are dark moments in childhood fables.

She also made one more observation about fairy tales that is not only relevant to The Secret in the Wings but is just interesting on its own. When was the last time you have seen someone laughing at a fairy tale? Can you name a fairy tale which is just plain funny? Zimmerman noticed this too. In general, we tend to more easily remember events that are exciting or funny. In this play, Zimmerman is able to combine elements of fairy tales and add a witty to the entire production.

So what is The Secret in the Wings? There is one central plot thread: a child's parents hire a babysitter described as "frightening," and the babysitter reads to the child from a book. As the babysitter reads, the characters from the fairy tales become alive. There are two distinguishing features about this play which have been alluded to, but are worth repeating: the darkest parts of a select number of fairy tales are concealed and avoided, while maintaining a witty sense of humor through it all.

The darker moments of the fables can be avoided and adjusted because Zimmerman did not want to create one long play with one tale ending, then another beginning. She says, "All of these tales are very, very short. If I were to do them in a row one after the other, I think the rhythm of the evening would be wrong and sort of wearying. It felt better to start one story, go half-way in, then enter another and go half-way in before starting to dig our way out. It is as though we are going deeper and deeper into the dark forest."

But this dark forest, as an analogy for the story, is not intimidating or repulsive as a result of its tone. Instead, changing the fable before reaching the most depressing parts of the story gives a different feel to the event. It's a clever reimagining of the typical fairy tales typically told to children, in a way that feels fresh and entertaining in its unpredictability.

The story is an eclectic combination of six fairy tales, centered on Zimmerman's own take on the classical tale of the Beauty and the Beast. If you choose to attend this play, it would be beneficial to have a background on the Brothers Grimm, whose works were heavily used by Zimmerman in this play. The Brothers Grimm are perhaps the greatest known names in the study of folklore since the early 1800s. They are most widely known today as the scholars and publishers of many major folk tales in Germany between 1812 and 1864. Many of the stories, the ones which begin with "Once upon a time" that we know and love were collected and published by the Brothers Grimm: Cinderella, Sleeping Beauty, Snow White, Rapunzel, Hansel and Gretel, and my personal favorite Rumpelstiltskin. A fun fact about their collection of fairy tales is that at the time of the publication of the first edition, in 1812, it was heavily criticized by the scholars and the general public. And you can probably guess the reason! How were these stories intended for children? Believe it or not, many of the major elements of our favorite fairy tales were edited over the years by the Brothers to make them more appealing to a mass audience. One such example comes from Snow White, where the two brothers eventually turned the wicked mother into a wicked stepmother.

Wilhelm Grimm took sole responsibility of editing the folk tales after 1815, and made some minor adjustments to give the collection of stories a greater sense of cohesion. He polished the vocabulary, added dialogue, included psychological elements, and improved the plots. Their major changes to the stories were their inclusion of Roman and Greek mythology, biblical stories, and other spiritual motifs.

Knowing the influence of these two individuals, I hope, will help provide some context into the nature of the play that the Mount will be putting on near the end of this month. Dr. Kurt Blaugher, of the Mount's Fine Arts department, in discussing this play with me, commented that all of us like to hear a story, and fairy tales and fables have played a tremendous role in this respect. I think this is something to ponder, and I couldn't be more excited that the Fine Arts Department decid-



The Secret in the Wings actors: Elizabeth Lowenthal, Nicola Georgievski, Brenna Donato, Nicole Heilos, Kayla Pahl, Emma Chaffey, Zach Wraase, and Hannah Opdenaker.

ed to choose this play for their spring production. I only wish I could be there to attend!

In looking into Mary Zimmerman's past works and interviews to understand her artistic influences and stances, she spoke about the process of creating for the theater, and I found it to be absolutely beautiful, beautiful enough that words speak for themselves. On the process she says, "I used to think of the process of making a play like this in grandiose, architectural terms. I'd say, proudly, 'Look, we took a flat line, and tugged it up into the outline of a city. We built this thing.' But over time, this metaphor has changed. I think of this way of working as an act of archeology. There is something buried in the sand, and it is our job to uncover it." This sentiment mirrors the famous quote by Michelangelo, who said there is a statue inside every block of marble and it's the artist's job to discover it. I promise to talk more about Michelangelo in a future edition!

If you're interested in attending this engrossing play created by an esteemed director, and put on with faith and care by the Fine Arts Department, the show will run Thursday, March 31 – Sunday, April 3. The shows on Thursday through Saturday will begin at 8:00 p.m., and the curtains rise on Sunday at 2:00 p.m. Ticket prices will run at \$8, making it a great deal and a fun way to participate with the local community!

There are many more art events happening in the next few months that I promise to tell you all about in more detail when the time comes. Until next time, arrividerci!

To read other articles by Jack Williams visit the Authors section of Emmitsburg.net, or emmitsburgartscene.wordpress.com.



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SPORTS

Lady Cougars take the Lady Leopards

Michael Donahue

n February 19, the Lady Cougars had an emotional battle against the Smithsburg Lady Leopards. It was the final game the Cougars would share their home floor with their six graduating seniors, each of whom were honored, rightfully so, before the tip off, when they were escorted next to their current teammates by their parents. After their procession, Amy Entwistle spoke to the audience yet more directly to her seniors. It was a splendid moment when she spoke of their passions and their worth to the team. Each word came directly from the heart. It was a wonderful moment before the start of the match.

However, there was still a game to be played. Smithsburg came into the match on a five game winning streak, however Catoctin had the advantage in the head to head. Catoctin had beaten Smithsburg away from home 48-45. Obviously, this game would be an emotional battleground as well as physical one. Catoctin, who came into the game playing three games in three nights, would be fatigued against a fresh Smithsburg club who had played two other games in the entire week.

At the tip, it was obvious Catoctin was filled with emotion. Emily Kuykendall drained two deep twos in the first minute and Taylor Crum, who would wreak havoc in the heart of the Leapords' offense all night, generated a steal.

Catoctin's spark slowly died. The Leopards were able to keep pace by drawing Hannah Gray out toward the arc from the inside. Because of this, they found an easier matchup inside. However, another spark was generated by senior Marah Williams, who one could argue had the strongest personal game of her entire year. She blocked two Leopard layups in the lane within two minutes. Williams would finish the game with four points, six rebounds and three blocks.

Hannah Gray also took her game to a new level in the second quarter. She added ten to the stat book compared to a pair in the first.

Toward the end of the half, Hailey Bachtell, the coach's daughter, drained a three from four feet beyond the arc. However, immediately afterward, Allison Larochelle hit two threes assisted by Jenkins and Crum. Catoctin, reinvigorated by the production on the offensive side of the floor, shut down Smithsburg on defense. They went on a 10-2 run before coach Bachtell called a timeout. Smithsburg did make their own run to close the half, however it was Ca-



The six seniors took one last photo after the pre-game celebrations.

toctin who would take the lead into the half 29-21.

Taylor Crum kicked off the second with a steal in the first few seconds. She reached in and stripped the ball away from Throne and ran the floor with Bachtell waiting for her in the paint. She side-stepped the planted Bachtell to roll the ball in for the first points of the second. However, she wasn't done. She forced three turnovers in the first two minutes alone. She was a menace the entire game from the tip until the final whistle. Crum would finish with seven steals, eleven points along with a few dimes.

However, Smithsburg slowly shrank the deficit by the start of the fourth. Catoctin's players were beginning to show their fatigue at certain points in the game. Nethertheless, Entwistle did an amazing job of managing the game and using the depth of her bench.

Yet, the Leopards were not going to be stopped. Smithsburg closed the lead in the fourth and tied the game at 44. However, that did not last when Larochelle hit her third three of the game and Hannah Gray drew a one and one. On the other end of the floor, Throne was keeping the Lady Leopards in the game, draining back to back threes. As well, the Leopards' full court press began to cause some headaches for the Lady Cougars. In a span of three minutes, Catoctin turned the ball over four times. Over the same few minute span, Smithsburg dominated the boards and had a possession around one minute and ten seconds in length.

However, when the game came towards a close, Larochelle, along with Jenkins and Crum held possession long enough to force Smithsburg into a situation where they were forced to foul. Larochelle hit the needed free throws to close the game and give Catoctin a final win for their seniors on their home floor. spoke about the last four years "It went by so fast...this was an amazing team. It was all amazing, memorable."

After an amazing game, Marah Williams, whose growth as a player throughout the year was astonishing, said "It felt awesome to win our final game... Throughout these years, I've built some amazing relationships."

Morgan Tracey, a student-athlete whose prestigious honors left nothing to be desired, spoke of her team as if they were part of her family: "the people I've played with over the last three years have become some of best friends."

Emilee Valentine, who Coach Entwistle could see coming back to the basketball court at some point in the future, holding a clipboard, said the last four years meant "the world" and she said the last win at Catoctin was "very emotional."

Emily Kuykendall was a player who was under appreciated by the opposition. She could hit threes in the most clutch of times and was a stellar defender. After the game, Emily spoke of her team, "I've been with these girls over the last seven years; it meant everything."

Hannah Gray, the staple of the team the last few years, said "I felt like I completed an accomplishment...[it] gave me something to feel proud of." Finally, Coach Entwistle spoke of the six seniors, "These six are a blessing. It's been an honor to have coached them. Each of these women are wonderful ladies to be around. I am proud of them."



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MOUNT SPORTS

The start to an exciting season

Brian Vogelgesang MSM Class of 2016

The month of March is packed with exciting action as the Mount's athletic teams prepare to face their opponents with the fierce play that is expected from Mount St. Mary's athletes. The sports frenzy includes top Mount teams such as men's basketball, tennis, and men's lacrosse, as well as the addition of a men's swimming and diving team, starting the fall of 2016. Mount St. Mary's University is on fire it's only going to get better.

Men's basketball ends their 2015-2016 season against St. Francis of Brooklyn with high hopes of competing in the Big Dance. The Mount has displayed impressive play throughout this season and will continue to improve their performance into the playoffs. Wins against teams such as Sacred Heart University and Saint Francis University give the men the confidence they need to be successful in the tough NEC conference.

Against Sacred Heart, the Mount's two superb guards, sophomore, Junior Robinson and junior, B.K. Ashe, put up a notable amount of the 66 points that game. Robinson alone had 26 points and Ashe scored 15 against Sacred Heart in that game. The Mount continued their success in the NEC as they beat Saint Francis University 66-61. Junior Robinson, again, led the team in points, putting up 21 of the 66 baskets. Other notable players in these two games were senior, Greg Graves, redshirted freshman, Troy Henderson, and sophomore Chris Wray. With a couple more wins under their belt Mount St. Mary's men's basketball comes closer to the end of the season as an NEC leader.

The NEC conference is led by four teams, all of which are tied for first place and have conference records of 9-5 (as of 02/18). Wagner, who defeated Mount St. Mary's twice this season, sits in the four-way tie with a season record of 16-9. This is the best record presently held by any team in the NEC. The Mount, which holds a season record of 12-15 has fought hard battles since day one of their season against big name teams such as The Ohio State University and the University of Maryland. With hard competition in the beginning of the season against these top schools contributing to six of the Mount's 15 losses, Mount St. Mary's University has enough experience playing tough teams like these, and it is still one of the top competitors in the NEC conference. Head coach Jamion Christian commented on the difference between the team at the beginning of the season and the team right now, saying, "we know each other better. Earlier in the season we were still trying to figure out who we were as a team. Win or lose, we learn from what we experience together." Coach Christian furthered his point when stating, "The NCAA tournament is still in sight. We are only one game away from being first in the league."

These optimistic words have held true the past few weeks with Mount St. Mary's University striking up a series of wins and continuously improving their game. The team upholds what coach Christian says is their "responsibility to play basketball for fans, players, and ourselves."

In addition to men's basketball, Mount St. Mary's men's and women's tennis teams have begun their spring seasons with high energy and great expectations. Head Coach Samantha Pinchoff stated, "In the first match this year we came together in a very special way."

This can be seen in the play that the men's team displayed against Howard University, defeating the Bison 4-3. During the match, the Mountaineers struggled in the singles events. Austin Blake, Mateo DeSomocurcio, and Darren Mast were all defeated by their opponents. Though temporarily stunted by the losses, the men did not give up. As the match continued into the doubles events, the Mount pulled ahead. Austin Blake and Mateo DeSomocurcio redeemed themselves as they came together to defeat a tough Howard doubles team 5-3. The deciding win came from the final singles event as Brandon Wortkotter defeated Howard's Spencer Kelly to bring the Mount the overall win of the day.

After Howard, the men faced a very difficult Naval Academy squad. Though the Mount lost this battle 4-3, they came away from the match with some solid wins from Austin Blake, Darren Mast and Peter Salomon. The loss is not the end as the Mount's men's tennis teams have much more competition to face in the upcoming months.

Mount St. Mary's University women's tennis team has struggled with the first two matches of the season. Coach Pinchoff mentioned that though they struggled, they have an opportunity to grow closer to one another as a team. The women's side lost a few players since the fall and have been learning to adapt to the adversity that they face. The ladies were defeated by Towson 7-0 in the beginning of February. The Mount's women's tennis team looks forward to competing in more matches this season against opponents such as Bucknell University and Howard.

Overall Mount tennis has made remarkable progress as they continue on their journey towards their goals. With the addition of Coach Pinchoff, who took the reins this past fall season, Mount tennis has seen some change and has responded to it well.

In addition to Mount St. Mary's tennis, the Mount's men's lacrosse team has also seen great progress and change since last season. The men beat the University of Delaware 14-11 in their season opener on February 12. This marks the start of what potentially could be a great season for Mount St. Mary's men's LAX because the win proves that the Mount can beat bigger schools.

According to head coach Tom Gravante, "University of Delaware's program is five times bigger than [the Mount's]. They have more funding and therefore have more of an advantage in the recruiting battle." The Mount, according to Gravante, received more funds for their men's lacrosse team and was able to hire their now associate head coach Tim McIntee. This new addition, started in 2015, has allowed the team to gain



Sophomore forward, Chris Wray, battles for the jump ball to start the game against Wagner.

knowledge and the ability to do different tasks better, such as focusing more on specific areas of the team in practice.

Coach Gravante continued to talk about the changes to the men's lacrosse team as he mentioned the change to the team's culture. He said, "The players have matured and know what is expected of them, we met with each player one on one and discussed this with them individually. They are putting forth the extra effort in addition to practice."

With this maturity comes great responsibility to the program. The men spent all summer training for this season by focusing on their craft and personal habits. The men, who had some behavioral issues in the past with the university, know what they are morally accountable for, according to Gravante.

Coach Gravante echoed the words that Fr. Thomas Hann, the team's former chaplain, now ordained Catholic priest, once said to him, "I can tell you have had good leaders in your life...because in life before you can lead, you have to be led by great leaders." This is what coach Gravante has passed on to the team. The 2016 captains for the men's lacrosse are seniors Evan Gromley, Brent Tsang, and redshirted junior, Bubba Johnson. With senior leadership the men prepare to take what they know and demonstrate it in their game.

As the men continue their season they are keeping their eyes on the prize, that being the NEC title. When asked about their potential to take the NEC, Coach Gravante said, "Absolutely...got to be in it to win it. I set realistic goals, I can only do so much. After that, it falls on the shoulders of the players."

This certainly is an exciting time for men's lacrosse at Mount St. Mary's University.

Mount Athletics as a whole is offering excitement in all of their sports venues. They are preparing the best for the best whether be in men's basketball, men's and women's tennis, or men's lacrosse.



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COMPLEMENTARY CORNER

Why not?

Renee Lehman

In last month's article, it was stated that in the Year of the Monkey (Chinese New Year began February 8, 2016) anything could happen. This coming year promises to be a year of adventure. It is a time to dare to be different, or do things in a different way. Summon your own power and move forward!

Dare to be different? Do things differently? This may strike a chord of fear within you. 'What if?' questions may abound. These two words can cause us to become paralyzed. I believe that 'What if?' actually means: "What if something really bad happens?" "What if I really mess up?" "What if I look dumb?" "What if I lost everything?" "What if it doesn't work out?" Every one of these questions leads to the thought that the outcome of doing things differently would lead to something bad, AND that you would not be able to handle the consequences!

So, if you are going to ask 'What if?' questions, why not ask them in a way that could reveal possibilities for a positive outcome? For example, "What if something great happens?" "What if the outcome is awesome?" You are the one 'making up' your future! Why be afraid of change, or of stepping out of your comfort zone? why not make it include positive outcomes? Even if you do fail, you've given yourself an opportunity to learn how to do things differently. Don't get too attached to outcomes, because you never know how life will turn out. Just read the following parable of the Taoist Farmer:

A farmer who lived on the northern frontier of China was skilled in interpreting events. One day, for no reason, his horse ran away. Everyone tried to console him, but he said, "What makes you so sure this isn't a blessing?"

Some months later his horse returned, bringing a splendid nomad stallion. Everyone congrat-

ulated him, but he said, "What makes you so sure this isn't a disaster?" Their household was richer by a fine horse, which his son loved to ride. One day his son fell from the horse and broke his hip. Everyone tried to console him, but the farmer said, "What makes

you so sure this isn't a blessing?"

A year later, military officials came to draft young men into the army to fight in a war, and every able-bodied man was drafted. Only because the son was lame did son not get drafted. TruSome men see things as they are and ask why. Others dream things that never were and ask why not.

George Bernard Shaw

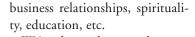
ly, blessing turns to disaster, and disaster to blessing: the changes have no end, nor can the mystery be fathomed.

Does this story resonate with you? The airwaves seem to be filled with so much bad news. This story reminds us that it's best not to get too upset, or too

Champion the right to be yourself; dare to be different and to set your own pattern; live your own life and follow your own star.

> attached to what happens to us. How many times have you, in hindsight, seen something that appeared to be negative turn out to be a positive opportunity? How many of us have had something not turn out the way we planned, only to have something much better happen? As the character Mitch Planko said in the movie, The Change-Up: "Life doesn't always turn out exactly how you planned it. Sometimes, just sometimes, it turns out better."

> In this Year of the Monkey, I challenge you to set a goal for yourself that involves you daring to be different. What area(s) of your life would you like to improve? It could deal with health, finances, personal relationships,

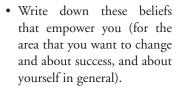


Write down the area that you would like to improve, and the steps that you can take to improve it. Write down how you could act differently to achieve this goal. Believe that you have the ability to be different. You

have to believe in your own ability to change and be different. You have to believe that you can create positive change. As Dr. Wayne Dyer once stated, "When you change the way you look at things, the things you look at change."

If you are experiencing trouble changing your self-limiting beliefs, try the following exercise:

- Write down the most limiting belief that you have about the area that you want to change (health, finances, etc.).
- Write down the most limiting belief that you have about success, and yourself in general.
- Now take these limiting beliefs and turn them into beliefs that empower you. For example, if you wrote for #1: "I've never had good relationships," write down as the empowering belief: "Strong relationships naturally occur because I stay in the moment when I'm with others."



Finally, realize that you are not your successes and failures. This will help to create fewer emotional ups and downs. Learn from your experiences and take actions to continuously improve.

So, when things happen this year, rather than judging the outcome immediately, WHY NOT say, "Good news, bad news, who can say?" "I'm learning to do things differently!"

Why Not? Quotes:

"For true success ask yourself these four questions: Why? Why not? Why not me? Why not now?" - James Allen

"Others have seen what is and asked why. I have seen what could be and asked why not?" - Pablo Picasso

"Why not go out on a limb? Isn't that where the fruit is?" - Frank Scully

"Instead of worrying about what people say of you, why not spend time trying to accomplish something they will admire." - Dale Carnegie

Renee Lehman is a licensed acupuncturist and physical therapist with over 25 years of health care experience. Her office is located at 249B York Street in Gettysburg, PA. She can be reached at 717-752-5728.



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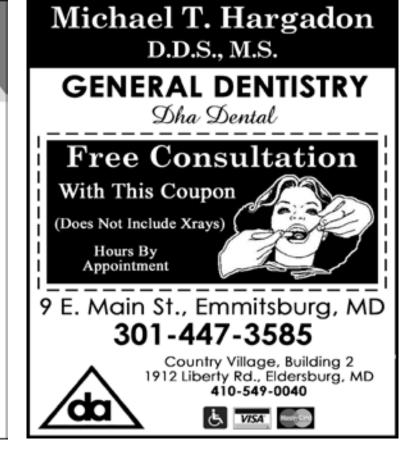
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FITNESS AND HEALTH

Keep moving Muscles strong - but sometimes sore

Linda Stultz Fitness Trainer/ Fitness Therapist

uscles are wonderful, mys-Miterious, and necessary but sometimes demanding things. Having good muscle tone is what helps us stand tall, lift our children and carry life's daily demands. As children grow they develop strong muscles just by running around, playing and doing everyday activities. Today we need to be sure they are getting enough movement and activity to keep those muscles strong since videos games, texting and watching TV have become a bigger part of our children's lifestyle. In the old days children were riding their bikes, playing ball with the neighbor kids and swinging on the playground.

Our whole level of activity has slowed down to a rate that we are seeing more obesity, diabetes and overall fatigue in our children, which in turn carries over into adulthood. Nutrition has also become a matter of concern. More and more children, as well as adults are eating fast food or processed food from a box on a regular basis because of the busy demands of work, sports practice and other activities in our lives.

I know you have heard this many times but as adults and especially as parents we need to take a little time out of our busy schedules to show our children how to take care of themselves so they can keep up with the things they need to accomplish in life and so they can do the things they enjoy as well. Nutrition and exercise are things we need to plan ahead for. Make it a family activity on one day of the week to plan the meals for the week, go shopping for the groceries and prepare as much as you can ahead of time. Chop and package the veggies and fruit in baggies so they can be grabbed and taken along easily. Cook enough for two nights and have the extra warmed up a few days later. Give the kids one day a week that they can choose what is for dinner and they can help prepare it.

I know all of this takes extra time that we think we do not have but believe me, once you incorporate this into your schedule you will not only benefit from the healthier food and feel better but you will develop a closer family relationship with you children. Now that the nutrition has been taken care of the exercise will fall into place if you include the family the same way. Let the kids pick an activity they enjoy and make it a family event.

Once or twice a week is all it will take to develop a good habit that will improve the health and wellbeing of the whole family. Everyone will enjoy being together and hopefully you will all want to add another day or two so you can spend more time together. Your muscles will thank you, after they get finished telling you that you haven't used them in a while. By that I mean, they may get a little sore and achy for a week or so but after that they will be stronger and leaner.

Start slow and work your way up to a level that is challenging but not too strenuous that you cause an injury. Stretching, soaking in warm water and massaging the achy muscles will help them relax and take away some of the achiness if you overdo it a little. The more you work your muscles the more they will become lean and strong and soon you will not have any aches after a good workout. Make sure your children are doing light to moderate exercise because lifting too heavy or doing too much exercise can cause more harm than good for growing children. Their muscles need to be used, but not abused since they are still growing.

Children should never lift heavy weights in an exercise program, they are better lifting their own weight with pull ups, pushups or playing ball that will give them cardio as well as muscle strength. Our muscles are a vitally important part of our body and even though they may ache at times we need to keep them in the best shape that we can so they are lean and strong as we age. Strong muscle tone can keep us going for years instead of finding ourselves sitting in the chair and having trouble getting up. Teach by example and you will benefit and enjoy, as much as your children will from a strong core and muscle tone.

Call me at 717-334-6009 if you need help getting started or have any questions. Remember to keep moving, your muscles will thank you down the road.

can perform 15 or more reps.

Ask the trainer

Jason Blough

Question: I'm training for a marathon and want to clean up my eating off and on the road. Are there any healthy alternatives to the convenient energy gels and chews?

Answer: While gels and chews are convenient and provide a quick shot of energy for endurance workouts, many of these contain artificial ingredients and preservatives. If you're set on the convenience of energy gels and chews, start by reading the ingredients. Look for the ones that have the least number of artificial ingredients. If you are willing to try whole-food options, try homemade fruit leather or energy bars made of dried fruit, oats, honey, and molasses, as these ingredients can provide a similar boost of electrolytes and carbohydrates that the commercial gels and chews provide.

Question: How do I determine how much weight I should be lifting?

Answer: Finding the correct weight for any exercise can take a bit of tri-

al and error. The general rule of thumb is to choose a weight that is challenging, but a weight that allows you to lift with good form for the suggested number of reps. Your exercise goal will also help determine how much weight you should be lifting. If you wish to build strength and gain mass, choose a heavy load that you can lift for 8 reps or fewer. Moderate weight that you can lift for 8-12 repetitions is the most common recommendation for building strength and increasing lean muscle mass. To help you build endurance, choose lighter weights where you

About the author: Jason Blough is the Club Manager/Certified Personal Trainer at Anytime Fitness in Thurmont To submit a question for future articles, please contact the author at thurmontmd@anytimefitness.com.





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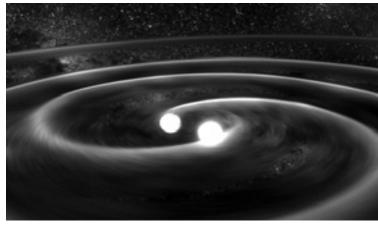


ASTRONOMY The night sky of March

Professor Wayne Wooten

For March 2016, the moon is last quarter on March 1, and close to Saturn and Antares in Scorpius in the morning sky. On March 7th, the waning crescent moon passes 3.4 degrees north of Venus, both rising about an hour before dawn in the SE. The Moon is new on the 9th, and passes in front of the sun for a total solar eclipse for many in Indonesia. Our turn will come. . . August 21, 2017; we get a similar total solar eclipse passing about 400 miles north of Pensacola about 3 PM in the afternoon sky. On March 13, we spring forward to Daylight Saving Time.

The Moon is first quarter on March 15th. The Sun crosses the equator and spring begins on the Vernal Equinox at 3:30 AM on March 20th. The Moon passes 2 degrees south of Jupiter on March 22nd, and is Full the following evening. This is the Paschal moon, following the Vernal equinox, and sets the following Sunday, March 27th, as the date for Easter this year. The waning gibbous moon passes 4 degrees north of Mars on March 28th, 10 degrees north of Antares and 3.5 degrees north of Saturn on the 29th, and is again last quarter moon on March 31st. Note that relative to Antares, the moon orbited the earth in 27.3 days, the sidereal month, but the synodic (phase month), from last quarter to next last quarter moon, took two extra days, due to our own earth's revolution around the sun during the same month.



Scientists have announced the detection of gravitational waves from two black holes coalescing. The discovery exactly matched predictions based on Einstein's theory of general relativity. The discovery will not just open a new window on the cosmos — it will smash it wide open. Our illustration shows the gravitational waves thought to be produced by two orbiting white dwarf stars in a binary system called J0651.

Mercury is behind the sun and lost in its glare this month. Venus is about to do the same, and visible only briefly just before sunrise. Mars is getting brighter in the morning sky, and will reach opposition on May 22nd, rising at sunset. But this is the best month for Jupiter. The giant planet reaches opposition on March 8th, Jupiter is bright and well up in the tail of Leo by 8 PM. Small scopes reveal its four large Galilean Moons, and larger scopes show the belts and zones on the giant planet's disk, as well as the Great Red Spot, and even shadow transits as the moons pass in front of Jupiter and casting their shadows on the planet's rapidly rotating cloud tops. Finally, Saturn is still in the morning sky in Scorpius, but will come to opposition in the evening sky on June 3rd, so those who stay up late can observe it rising in the

east about 11 PM in mid March, and about 10 PM at the end of the month. The rings are tilting most open at 27 degrees so Saturn will be brighter this spring than last year.

The constellation Cassiopeia makes a striking W in the NW. South of Cassiopeia is Andromeda's hero, Perseus. Between him and Cassiopeia is the fine Double Cluster, faintly visible with the naked eye and two fine binocular objects in the same field. Perseus contains the famed eclipsing binary star Algol, where the Arabs imagined the eye of the gorgon Medusa would lie. It fades to a third its normal brightness for six out of every 70 hours, as a larger but cooler orange giant covers about 80% of the smaller but hotter and thus brighter companion as seen from Earth. At Perseus' feet for the famed Pleiades cluster; they lie about 400 light-years distant, and over 250 stars are members of this fine group. East of the seven sisters is the V of stars marking the face of Taurus the Bull, with bright orange Aldebaran as his eye.

The V of stars is the Hyades clus-

ter, older than the blue Pleiades, but about half their distance. Yellow Capella, a giant star the same temperature and color as our much smaller Sun, dominates the overhead sky in the northwest. It is part of the pentagon on stars making up Auriga, the Charioteer (think Ben Hur). Several nice binocular Messier open clusters are found in the winter milky way here. East of Auriga, the twins, Castor and Pollux highlight the Gemini; it is directly above us as darkness falls in early March. UWF alumni can associate the pair with Jason and the Golden Fleece legend, for they were the first two Argonauts to sign up on his crew of adventurers.

South of Gemini, Orion is the most familiar winter constellation, dominating the southern sky at dusk. The reddish supergiant Betelguese marks his eastern shoulder, while bluewhite supergiant Rigel stands opposite on his west knee. Just south of the belt, hanging like a sword downward, is M-42, the Great Nebula of Orion, an outstanding binocular and telescopic stellar nursery. The bright diamond of four stars that light it up are the trapezium cluster, one of the finest sights in a telescope and among the youngest known stars.

In the east are the hunter's two faithful companions, Canis major and minor. Procyon is the bright star in the little dog, and rises minutes before Sirius, the brightest star in the sky. Sirius dominates the SE sky as darkness falls. At 8 light years distance, Sirius is the closest star we can easily see with the naked eye from West Florida.

When Sirius is highest, along our southern horizon look for the second brightest star, Canopus, getting just above the horizon and sparkling like an exquisite diamond as the turbulent winter air twists and turns this shaft of starlight, after a trip of about 200 years!

To the northeast, look for the bowl of the Big Dipper rising, with the top two stars, the pointers, giving you a line to find Polaris, the Pole Star. Here it sits unmoving 30 degrees high in on our northern sky locally.

If you take the pointers of the Big Dipper's bowl to the south, you are guided instead to the head of Leo the Lion rising in the east, looking much like the profile of the famed Sphinx. The bright star at the Lion's heart is Regulus, the "regal star". The folk wisdom that "March comes in like a Lion" probably refers to the head of Leo rising just after sunset in early March. Jupiter now sits just below the lion's tail.

If you follow the handle of the Big Dipper to the south, by 9 PM you will be able to "arc to Arcturus", the brightest star of Spring and distinctly orange in color. It color is an indication of its uniqueness. It large speed and direction through the Milky Way suggests it was not formed with our Galaxy, but is a recent capture from the Sagittarius Dwarf Galaxy, a smaller satellite galaxy now being assimilated by our huge spiral galaxy. Many of its lost stars, like Arcturus, follow a band across the sky at about a 70-degree angle to our galactic plane. Arcturus is at the tail of kite shaped Bootes, the celestrial bear driver chasing the two bears from his flocks.

By 9 PM, many more galaxies will be following as the Virgo Supercluster rises in the east. This huge cluster of over a thousand galaxies is centered about 60 million light years away. The brightest star of Virgo, Spica, lies just east of the center of the cluster, and its rise just after sunset marks the time of year for spring planting in folklore. Time to get your peas in the ground.... March goes out like a lamb, not just from Easter tradition, but because Aries the Ram is setting in the west by the end of March. Many of our sayings and traditions have astronomical origins.

If you plan to seed fescue lawns, do not apply a pre-emergent. It will prevent the grass seed from germinating. Begin pruning early-flowering shrubs, roses, fruit trees, grapes, and raspberries. Start an all-purpose spray regimen. Be sure to feed well and use supplementary nitrogen in early Spring, in addition to yearly feeding. Spray fruit trees with a dormant oil when temperatures exceed 40 degrees and before they leaf out. It's time to start tomatoes, lettuce, and many other vegetable seeds indoors. Try and plant your peas on St. Patrick's Day. For best selection, buy summer bulbs like gladiola, cannas, irises, dahlias and lilies. Wait until mid to late April to plant. Houseplants will react to longer days and brighter light at this time by putting out new growth. The end of this month is a good time to pinch them back to generate new growth and to thicken them.



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Farmers' Almanac

Mid-Atlantic Weather Watch: Fair, cool (1) with showers and some snow in the northern part of the region (2, 3, 4). Fair and cold again (5, 6, 7, 8, 9) turning warmer with showers in the north storms in the south (10, 11). Cloudy, mild (12,13) with showers and mild temperatures (14, 15, 16) becoming windy, colder, with lake-effect snow (17, 18). Fair and cold (19, 20, 21, 22) fair, cold; 23-24 windy, lake-effect snow (23, 24); fair and cool (25, 26, 27, 28) with showers (29, 30, 31).

ahead and set your clocks ahead one hour. The Vernal Equinox will occur on Saturday, March 19th and signals the arrival of Spring (at last!).

Holidays: Be sure to wear something green in honor of St. Patrick on Thursday, March 17th. Palm Sunday is on the 20th of March, Good Friday on Friday, March 25th, and Easter Sunday falls on March 27th.

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Dedicated to providing your propane and Heating Oil needs! 11931 Buchanan Trail East, Waynesboro, PA 17268 Phone: 717-762-5711 | 1-800-463-5711 **Full Moon:** March's Full Moon will occur on March 23rd. It has often been called Sap Moon by many Native American tribes because sap would start to rise and run at this time. It has also been referred to as Worm Moon because the warmer temperatures in March tend to soften the frozen earth just enough to allow earthworms to begin appearing.

Special Notes: Daylight Savings begins on Sunday, March 13th at 2:00 AM EST. Don't forget to 'spring' The Garden: Get started early if the weather allows. Test your soil for pH to see if any amendments are necessary. A general rule of thumb is to add 4 lbs. of lime per 100 sq. ft. of garden for every pH point below 6.5, or 1 lb. of sulfur per 100 sq. ft. for every pH point above 7.5. Sawdust, composted oak leaves, wood chips, peat moss, cottonseed meal, and leaf mold lower the pH while ashes of hardwoods, bone meal, crushed marble, and crushed oyster shells raise the pH. If you did not do so in February, apply a pre-emergent herbicide (that prevents crabgrass) to established lawns before March 15th.

J. Gruber's Thought For Today's Living

"Never let a day go by that you don't more to your fellow man and for your community then you receive."

COMPUTER Q&A

Computer maintenance Save yourself time and frustration!

Ayse Stenabaugh Jester's Computer Services

e've all been there, turning the computer on only to wait what seems like 10x longer than the last time for programs you don't even recognize to load. Finally everything loads and you're about to open your web browser when a large window appears prompting you that you need to update your software. Everything on your computer has seemed to slow down since you bought it a year ago, those were the days when the computer ran faster.

Much like a car needing an oil change computers need regular maintenance in order to continue to run smoothly. At Jester's Computer Services we perform what we call a "clean-up" on your computer which combines the removal of malware and harmful software, hardware diagnostics, and maintenance into one package. (See our ad on this page for a special clean-up discount!)

Potentially unwanted programs: One of the largest growing reasons for regular maintenance is the number of "Potentially Unwanted Programs" that are installed on computers that can range from creating a nuisance to creating a security risk. Many of these programs get installed when users download software from third-party websites many of which offer drivers and popular software downloads that can be found elsewhere on the web. The only difference is that these websites get paid to bundle other software into your download so while you may be attempting to download Skype, a legitimate program from Microsoft, you might also be downloading additional programs such as unwanted toolbars or junk programs that claim they found errors on your PC and then ask you to pay to upgrade to resolve them.

Temporary files: Unless system settings have been altered, every time you visit a website on your computer data from that website is stored in a temporary location on your computer. Other programs also use temporary files to create backups of working files. These files are not deleted automatically, over time these files add up and in many cases the removal of them frees up several Gigabytes in hard drive storage space! Removing temporary files can also improve computer performance and ensures that the websites you frequent are current when you view them. Windows/Program updates: Many times we hear people tell us that they are afraid to update their software. Updating your computer is very important because it can patch vulnerabilities or security holes within the software. Updates can also provide improvements both with performance and new features. Windows will do automatic updates and will sometimes require computer restarts to apply new updates. If your computer is not updating that could create a problem with your

computer also. Other programs such as Adobe Flash Player, Adobe Reader and Java will commonly ask to update as well. You should be wary of websites that tell you to update software and take you to a third party website. Instead always update your program when you see an update window appear down by your computer clock to ensure you are updating from within the program. During a clean-up Jester's performs all Windows updates as well as many common programs and will fix Windows Update if updates are not being downloaded to your computer.

Hard drive maintenance: The most important thing on your computer is the data that is stored on it. Your important data is being stored on the hard drive inside your computer. The hard drive industry is

moving towards standardizing solid state drives which don't contain moving parts but currently the cost is still too high. This means that most people have hard drives that are subject to hardware failure. Even those who have solid state drives aren't completely safe from experiencing hardware malfunctions. In the past computers defragmented themselves on schedule but today that practice has been halted because that process can actually wear the drives out faster. Jester's performs a yearly recommended hard drive defragmentation along with running hard drive diagnostics to evaluate the current potential for hardware failures.

Heat & Dust: Improper airflow inside a computer can cause stress on sensitive components inside the machine causing them to fail prematurely. Using a vacuum to clean a com-

puter is dangerous because it causes static electricity and can fry the hardware inside. Jester's uses a specialized high powered blower to remove dust and grime from inside your computer. Cooling fans are also evaluated to ensure that they are running properly and are providing adequate airflow.

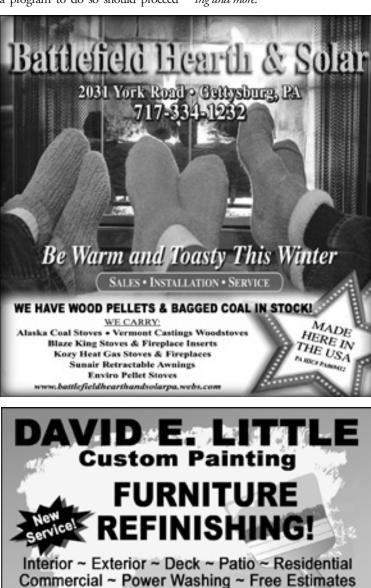
Registry & Optimization: Many programs and advertisements claim that they will clean your computers registry and perform operations that speed up your computer. While this may be partially true, more often than not people are left with more problems than what they started with. The registry is a very sensitive area inside the computer that contains instructions telling the computer how to function and use different hardware and software to work together. Changing the registry without professional knowledge is a gamble and those who consider doing so or using a program to do so should proceed

with extreme caution. Jester's has used many tools over the past 20 years and has experienced much trial and error before finding the right combination to be used to service computers.

Why not maintain my own computer? Technology is constantly changing and keeping up is no easy task. It has taken us decades of knowledge and experience to be able to confidently provide our services. Having someone you trust to maintain your computer can save you hours if not days or weeks of frustration. This Is why during the month of March you can experience a clean-up from Jester's Computers for \$20 less and experience the difference yourself!

If you or someone you know is looking for affordable and reliable computer service please contact Jester's Computer services located at 5135 Fairfield Road Fairfield, by phone at 717-642-6611 or visit us on the web at www.jesterscomputers.com or on Facebook. In addition to computer repair services we provide onsite service, one-on-one technology training and more!





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UPCOMING EVENTS

Adams County Master Gardener classes

With spring fast approach-ing, many of us are ordering seeds, marking our calendars for starting those seeds, and hoping our compost pile can supply enough for soil amendments for our gardens. On the check list, add The Garden Patch series. This series offers five weeks of classes specific to vegetable gardening topics. All classes take place on Thursday evenings beginning at 6:30pm. The Agricultural and Natural Resource Center is located at 670 Old Harrisburg Road, Gettysburg.

The Garden Patch will give you an opportunity to gather information to make your vegetable garden successful spring through fall. The first session, March 10, focuses on information for the beginner gardener. You'll learn about general information to get your vegetable garden started. After attending this class, you should be armed with enough knowledge to start digging as well as a great Penn State publication on Vegetables. The fee for this class is \$20.

The more you learn about plants, the more you need to know! In the vegetable world, it's very important to understand plant families and what grows well together. Soil and its attributes are the basis for all successful gardening. In addition to good soil composition in the garden, understanding what particular plants need will help in determining what crops

to grow, and when to grow them.

This next session focuses on those plant families, succession gardening and plant companions. After attending this session on March 17, you should walk away with knowledge of soil management, succession planting, and inter-planting. Those terms will become familiar to you after attending this class. For \$15, this class includes hand-outs that will offer a great resource as you continue gardening.

On March 24 we will talk about the spring vegetable garden. What kinds of plants grow best in cooler temperatures, how soon you can start, and what types of insect and disease issues you may encounter

through the early spring and spring growing season will be discussed. We will cover information about starting seeds, timing, and transplants. After attending this class, you will be well prepared to begin spring crops. We will be starting seeds in this class so you can begin your season now. This class is \$15.

March 31 we progress to the summer crops. Tomatoes, peppers, cucumbers and melons have their own set of issues. Weather plays an important role in our summer crops, and depending on what nature serves, we could have an easy growing season or not.

Since many summer crops are vining, we will touch on vertical planting and management of those crops. Understanding the size and weight of the plants and fruit determine what kind of structure you may want to build to prepare for these yummy vegetables. This class is \$15.00 to attend.

In this series, you can pick and choose which classes you would like to attend, or attend all five for a reduced rate of \$60.00. As a bonus to attending all classes in the series, you will receive an additional Penn State publication on Diseases of Vegetables.

All classes begin at 6:30pm and will be finished by 8pm at the Agricultural and Natural Resource Center, 670 Old Harrisburg Road, Gettysburg. To register, go to http:// extension.psuledu/plants/gardening/ events or call 717-334-6271 or stop by our office at the above address. Hope to see you there!

March 4 & 18

St. Francis Xavier Parish's fifth annual Lenten Fish Frys at Xavier Center, 465 Table Rock Road, Gettysburg. Dine In or Take Out. For further info, call 717-334-4048.

March 5

Hollabuagh Brother's themed adult cooking classes. Back by popular demand, this year's soup class will dabble in a whole new selection of soul-warming soups and stews! Class fee is \$30 which includes recipe booklet, all ingredients and supplies. Call 717-677-8412 or visit www.hollabaughbros.com to today to register.

Frederick County Master Gardener March gardening seminars - Guide to Growing Gorgeous Houseplants. Houseplants, like many of us, tend to limp through the last weeks of winter-if they make it at all! Learn plant selection and siting basics, maintenance and problem-solving tips to keep your indoor greenery at its lushest now and throughout the year. We'll also show propagation techniques and hope to pass on a cutting or two from our potted favorites to attendees. Register online at www.extension.umd.edu/ frederick-county or calling Lisa at 301-600-1595.

Elias Lutheran Church's Annual Spring Supper. Adults eat-in - \$12 Children 6-12 - \$4. 100 W. North Cunningham Falls Maple Syrup Ave., Emmitsburg. For more information call 301-447-6239.

March 6

Music, Gettysburg! Presents Winds and Ivory by Sunderman Wind Quintet - The quintet performs an eclectic mix of repertoire that audiences find most appealing and is eager to promote new compositions for woodwind quintet by composers such as Cecilia McDowall, Robert Cohen, Libby Larsen, Arne Running and Gettysburg alum Brian Wilbur Grundstrom. Music, Gettysburg! is a free concert series featuring international and local musical artists supported by both the Lutheran seminary and the wider Gettysburg community. For more information call 717-338-300 or visit www.ltsg.musicgettysburg.org.

March 6, 11, 12, 13, 18 & 19

Gettysburg Community Theater's Once Upon a Mattress - a musical comedy. Advance purchase highly recommended since our theatre only has 80 seats. 49 York Street, Gettysburg. For more information call 717-334-2692 or visit www.gettysburgcommunitytheatre.org.

March 11 & 18

St. Anthony's & OLOMC All You Can Eat Fish Bakes. Our Lady of Mount Carmel Parish. \$12/ adults, \$5/children 4-12, 3 and under free.

March 12, 13, 19 & 20

will be served including pancakes, sausage, sausage sandwiches, hot dogs and other items. Maple syrup products will be sold including maple syrup, maple cream and maple candy. A maple syrup making demonstration will start every hour and continue throughout each day.

March 12

Thurmont Lions Club Cash Bingo - Also featuring King Tut, Tip Jar, Specials, Raffles & 50/50's. Guardian Hose Company - Activities Building. Everyone must have a ticket to the event; Cost: \$20 in advance; \$25 at the door. (20 regular games & 3 specials included in the price). One winner per game. Bring used pair of glasses to donate. To reserve tickets please contact Joan Young at 443-340-2329.

March 13

St. Anthony's & OLOMC Buffet Style Community Country Breakfast. Our Lady of Mount Carmel Parish Center. Cost: \$8 for adults, \$4 ages 4-10, 3 and under free.

Music, Gettysburg! Presents Organ Virtuoso Felix Hell. Hell is hailed as the most well known young concert organist worldwide and undoubtedly one of the major talents of the century. Come enjoy this afternoon concert which is free and open to the public. The Seminary Chapel is located at 147 Seminary Ridge in Gettysburg. For more information please call 717-338-3000 or visit www.musicgettysburg.org.

Choose When You Want To Play! THURSDAY NIGHTS Great Food! Huge Jackpot! Doors Open @ 5:30 PM Bingo Starts @ 6:45 PM TWILIGHT BINGO 1st Friday Of Every Month! Food! 3 Jackpots! Larger Payouts! Doors open @ 5:30 PM Follow Rt. 116 To Fairfield Turn Onto J. Harry Kane Blvd Bingo starts @ 8 PM



March 14, 15, & 16

Mother Seton School Science Fair. What kind of water makes the best guicksand? How does a potato gun work? Our emerging scientists will answer questions like these and more during the annual Mother Seton School Science Fair. We invite you to stop by and take a peek at the various projects. You're bound to learn something new-about our talented students, as well as about science! The public is invited to visit and see the projects that will be on display. Judging takes place on March 16. For more information visit www.mothersetonschool.org.

March 18

The Majestic Theater presents: Imago Theatre's "ZooZoo". Fun for the whole family, ZooZoo celebrates animals, exotic and familiar, tiny and huge. Lugubrious anteaters, lumbering hippos with serious sleep problems and giant fluffy polar bears have a tendency to sit on audience members' laps. For more information call 717-337-8200 or visit www.gettysburgmajestic.org

March 19

8th annual Mountaintop Community Spring Event at the

Complimentary entry and FREE events at over 20 locations!

County-wide! Complete the

Festival - The festival takes place at the Houck Lake Area. Food



Bell & History Day April 9, 2016 10 A.M. UNTIL 4 P.M. Ring in the New Museum Season!

Passport to History and receive a free souvenir bell.

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For complete program details, call (301) 600-4047 or (800) 999-3613 or visit www.visitfrederick.org.

For a Passport to History, stop by the Visitor Center at 151 S. East St., Frederick, MD.



UPCOMING EVENTS

hall, 13676 Monterey Lane, Blue Ridge Summit. This is the 8th year for this fundraiser to benefit the Amanda Bowders Memorial Community Garden. Have an item from the attic have it appraised at our Collectibles Road Show; don't want to miss the Soolah Hoops hoola hoop show at 1 pm and visit with artisans, crafters and authors. There will be displays of local history items such as the telegraph demonstration by Jim Dysart, the Western Maryland Railway exhibit and the replica of the old Blue Ridge Summit telephone exchange. There will be historical and art lectures and demonstrations ongoing throughout the day - learn a little scherenschnitte or pencil sketching. Contact Lynn or Duke Martin at 717-642-5645 or jacksmtn@embarqmail.com. We hope to see you there!!

Frederick County Master Gardener's gardening seminar - Ten Things You Can Do for the Bay. Did you know that what you do around your house, on your property and in your garden eventually finds its way to the Chesapeake Bay? Come and learn some helpful hints to save this national treasure. Register online at www.extension. umd.edu/frederick-county or calling Lisa at 301-600-1595.

Mother Seton School HSA 1950s American Bandstand Blowout at St. Peter the Apostle Catholic Church, 9201 Church St in Libertytown. \$45/person. Come Rock 'n Roll for Catholic education! Enjoy a catered dinner, dancing, and live and silent auctions. Sponsored by the MSS Home and School As-

Whole Boneless

Pork Loins

Cut FREE To Your Specs!

\$**1.98**/lb.

Blue Ridge Fire Company fire sociation. Proceeds directly benefit Mother Seton School students.

March 21

Adam's County Master Gardener's gardening seminar - Backyard Fruit. Ever wonder the best way to grow fruit in your backyard? Attend these workshops and you will learn how to start a fruit trees and shrubs and how to manage them. The focus of this lecture will be on pruning plants. We will be outside for part of the lesson, so please dress appropriately. Agricultural and Natural Resource Center, 670 Old Harrisburg Road, Gettysburg. To register call 717-334-6271.

March 22

Adam's County Master Gardener's gardening seminar - Backyard Fruit. The focus of this lecture will be on managing pests and diseases of fruit trees and shrubs We will be outside for part of the lesson, so please dress appropriately. Agricultural and Natural Resource Center, 670 Old Harrisburg Road, Gettysburg. To register call 717-334-6271.

March 28

Mackenzie's Light, a bereavement and drug awareness support group at the Thurmont Regional Library. Anyone impacted by family drug abuse or loss of a loved one is welcome. For more information, call Becky at 301-524-8064 or go to Facebook.

Adam's County Master Gardener's gardening seminar - Tree and Shrub Pruning Workshop. Learn how to prune small trees and

shrubs. This workshop will take you outside for some hands-on practice. We will look at good pruning cuts, talk about the best time for pruning and take a look at the tools you can use. If you have pruning tools, bring them along. To register, call 717-334-6271, or stop by Penn State Extension, 670 Old Harrisburg Road, Gettysburg.

March 29

The Children's Museum of Rose Hill Manor Park easter Egg Roll. Bring an Easter basket to collect prizes; meet Easter Bunny; enjoy games, pony & hay rides; enter an egg roll. 1611 N. Market St., Frederick. For more information call 301-600-1650 or visit www.rosehillmuseum.com.





Fresh Choice

Ground Beef

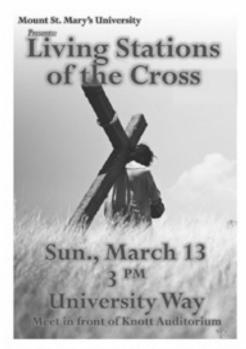
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Bulk		Boneless		* 29.00 /Case		no onis.	
Country Sausage		Ham Steaks			Fresh Venezuela		North Atlantic Large
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\$ 1.99 //ь.		\$1.99/ів.		\$9.99 /lb.		\$7.99 /lb.	
Sold In 5lb. Bags					Farm Raised Select or		Gigantic Snow Crab Clusters
Hahn's		Choice Whole Boneless		Standard Oysters		\$180.00/20lb. Case	
Hardwood Smoked Miscut		New York Strip		\$7.99 /Pint		(12 & Up) TRULY BIG BOYS!	
Slab Bacon 🛛 🔬 🛌		\$ 4.99 /њ.		Colossal Deep Water		#1 Wild Caught USA Gulf Shrimp SOLD IN FREEZER 5LB. BAGS ONLY	
\$1.99 _{ль.} <		100000		Pink Shrimp		^{\$} 9.99/lb 10-15 Count	
SOLD IN 12 Ib. BOX ONLY!		Cut FREE To Your Specs! WHILE SUPPLY LASTS!		^{\$} 6.99/Ib. (10/15 Count) Sold In 2lb. Bags - While They Last!		^{\$} 5.99/lb 26/20 Count ^{\$} 4.99/lb 36/40 Count	
Boston	Boston Prego Cream Cake Spaghetti S \$4.29 Each \$1.50/24-oz Fiain, Meth		e Purified Water V		sh Pantry ite Bread	Demi Baguette Bread	Essential Everyday \$1.00/bag Chips & Snacks (9oz 12 oz.)
					0 ^c /Loaf		
-			(Big 32 pack - 16.9 oz.) Round or Squa		-Linit 5 - While Supply Lasts 89° Each		Bongards American
	Blue Bonnet Margarine Off The Bo		am Ebenshade ne Large Eggs		li Cooked	Essential Everyday Butter	Cheese (In Our Deli) \$3.49/Ib.
79 [¢] 1 lb. Quarters \$3.99/lb			64 40/D		Ham 2.99/Ib.	\$2.99/1lb. qtrs.	Laubsher Shredded Cheese (2lb. Pkg.) \$4.99/Pkg.
Hellman's	Rutter's N Vit. D, 2%, 1%, Skim 8		Fresh 5		lb. Bag	Maxwell House	Turkey Hill Ice Cream LIMIT 3 Vanilla, Dutch Chocolate, Cookies & Cream, WHILE
Mayonnaise \$2.99/30 Oz. Jar \$2.75/ga			al. 200/lb		e Potatoes	Coffee Selected Varieties	Butter Pecan, Chocolate Mint Chip SUPPLY \$1.50/48 OZ. (Selected Flavors Listed)
(Original Only)					.50/bag	\$5.99/29 to 30 oz.	Additional & Other Flavors \$1.80

MOUNT ST. MARY'S UNIVERSITY

MOUNT ST. MARY'S UNIVERSITY TO HOLD Living Reenactment of the Way of the Cross

as Part of its Lenten Season Activities



Procession to begin at 3 p.m. on Sunday, March 13, following noon Mass at the National Shrine Grotto of Our Lady of Lourdes

Mount St. Mary's University students are enlivening their faith this Lenten season by holding a Living Stations procession on Sunday, March 13 at 3 p.m. The event is free and open to the public.

The Living Stations of the Cross was an initiative started by President Elect Simon Newman in December of 2014, as part of his strategy to enliven and enrich the expression of the University's Catholic Identity.

The production is a living reenactment of the Way of the Cross which brings to life the Stations of the Cross, commemorating the events of Jesus' passion and death. Mount St. Mary's students will participate in the production, which will be produced by Genevieve Williams, C'91, MAT'15.

"An event like this is the ideal expression of our Catholic identity," President Simon Newman said. "It brings together members from many faithful groups as one community of faith – the Seminary, the National Shrine Grotto of Our Lady of Lourdes, and, of course, our remarkable students, alumni, faculty, staff, administration and their families."

When President Newman introduced the idea to University Chaplain Fr. Brian Nolan said "I was very excited to see President Newman's desire to celebrate, what many consider to be the holiest time of the year, in such a vibrant way."

The procession will begin at the east end of University Way in front of Knott Auditorium, and continue to Founder's Plaza in the heart of the Mount's campus.

"As Lent is the time to reflect on the passion and death of Christ, this is the perfect event to bring the Mount community, and beyond, together," said Fr. Nolan.

The National Shrine Grotto of Our Lady of Lourdes will hold Mass at noon that day, and lunch will be available in Patriot Hall prior to the event.

Members of the public are invited to attend. For more information, contact Mount St. Mary's University Center for Campus Ministry, 301-447-5223, CampusMinistry@msmary.edu.



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UNIVERSITY CALENDAR OF EVENTS

Art Exhibition by Cindy Cheng March 1 – 10

Williams Art Gallery, Delaplaine Fine Arts Center Cindy Cheng's work explores how memory, desire, trepidation and curiosity may imprint upon and influence the structure and peculiarities of a space.



Our Lady of Lourdes Rosary Crusade Saturday, March 12, 10:30 a.m. National Shrine Grotto of Our Lady of Lourdes

Association for Women in Mathematics 5K Fun Run

Sunday, March 13, 9 a.m.

Join us for a run around the Mount campus, and raise money for a good cause at the same time! The Association for Women in Mathematics (AWM) is hosting the run – all proceeds will go to create a Math Circle at a Frederick County middle or high school. The race starts at 9 a.m. from the patio outside the McGowan Center. Registration opens at 8 a.m. Cost is \$10 per runner. For more information contact Dr. Jonelle Hook, AWM faculty adviser, at jhook@msmary.edu.

Easter Break - University Closed

Thursday, March 24 – Monday, March 27 PNC Sports Center and pool will also be closed.

The Secret in the Wings

Thursday, March 31–Saturday, April 2, 8 p.m. Sunday, April 3, 2 p.m.

Horning Theater, Delaplaine Fine Arts Center

This spring's Mount Mainstage production examines the human love of telling and listening to stories. In *The Secret in the Wings*, MacArthur "Genius Award" winner Mary Zimmerman took six classic folk tales, combined them with her own eclectic take on the original "Beauty and the Beast," and wove them together into a bedtime tale that cuts to the core of our shared desire to tell and hear stories that break—and mend—our hearts. Tickets are \$8.

YOUTH SWIMMING LESSONS

It's NEC Tournament Time!

Follow the men's and women's basketball teams through the tournament – either at the games or online!

Check mountathletics.com for playoff game schedules, and follow the live action on NECFrontRow.com

CELEBRATE EASTER AT THE National Shrine Grotto of Our Lady of Lourdes

GOOD FRIDAY - FRIDAY, MARCH 25

10:30 a.m. | Confession 11:30 a.m. | Stations of the Cross 1 p.m. | Last Seven Words Homily 3 p.m. | Liturgy of Good Friday

EXTENDED HOURS 8:30 a.m. – 6:30 p.m. (Gates close at 7 p.m.)

EASTER SUNDAY - SUNDAY, MARCH 27

6:30 a.m. | Emmitsburg Council of Churches Ecumenical Sunrise Service 11:15 a.m. | Confession Noon | Easter Sunday Mass



Registration for spring sessions closes Friday, March 4 at 3 p.m.

Classes offered Wednesdays or Saturdays beginning Wednesday, March 9 and ending Saturday, April 23. The next session of lessons will begin in June. For more information, visit msmary.edu/swimminglessons.